

PUBLIC MEDIA RELEASE 2025-2026
CHILD AND ADULT CARE FOOD PROGRAM

Each institution will annually provide the information to media (television, newspapers, magazines, or radio stations) serving the area from which the institution draws its attendance with a public release. Submission of this release to a media outlet is free of charge.

Media Release sent to the local newspapers listed below and posted on the agency website.

Cannon Courier	Cheatham County Exchange	Murfreesboro Post
Hartsville Vidette	Smokey Barn News	Lebanon Democrat
Dickson Post	Houston County Herald	The News Democrat
Gallatin News		Stewart County Standard

Date: 8/25/2025

Sponsor Name: Mid-Cumberland Community Action Agency announces participation in the Child and Adult Care Food Program. Meals will be provided at no separate charge to eligible children/adults participating in the Head Start and Early Head Start programs without regard to race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA served at the following site(s):

Name of Site(s)	Address of Site(s)
Ashland City HS/EHS	104 B Elizabeth St. Ashland City, TN 37015
Bransford Head Start	700 Bransford Dr. Springfield, TN 37172
Cedarwood Head Start	103 Cedarwood Lebanon, TN 37087
Dickson Head Start	119 W Broad Street Dickson, TN 37055
Houston Head Start	3215 TN-149 Erin, TN 37061
Head Homes Head Start	No. 1 Wheeler Street Lebanon, TN 37087
Humphreys Head Start	205 S Clydeton Rd Waverly, TN 37185
Gallatin 1 Head Start	242 W. Eastland St. Gallatin, TN 37066
Gallatin 2 Head Start	625 Hartsville Pike Gallatin, TN 37066
Hartsville EHS	301 College St. Hartsville, TN 37074
Murfreesboro Head Start	219 S Maney Avenue Murfreesboro, TN 37130

Rosehill EHS	807 Rosehill Circle Springfield, TN 37172
Shalom Zone Head Start	600 Small Street Gallatin, TN 37066
Big Rock Head Start	500 Williams Road Big Rock, TN 37023
Woodbury Head Start	630 W Lehman St. Woodbury, TN 37190

USDA Income Eligibility Guidelines Effective July 1, 2025, through June 30, 2026

HOUSEHOLD SIZE	FEDERAL POVERTY GUIDELINES	REDUCED PRICE MEALS - 185 %					FREE MEALS - 130 %				
	ANNUAL	ANNUAL	MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY	ANNUAL	MONTHLY	TWICE PER MONTH	EVERY TWO WEEKS	WEEKLY
48 CONTIGUOUS STATES, DISTRICT OF COLUMBIA, GUAM, AND TERRITORIES											
1	15,650	28,953	2,413	1,207	1,114	557	20,345	1,696	848	783	392
2	21,150	39,128	3,261	1,631	1,505	753	27,495	2,292	1,146	1,058	529
3	26,650	49,303	4,109	2,055	1,897	949	34,645	2,888	1,444	1,333	667
4	32,150	59,478	4,957	2,479	2,288	1,144	41,795	3,483	1,742	1,608	804
5	37,650	69,653	5,805	2,903	2,679	1,340	48,945	4,079	2,040	1,883	942
6	43,150	79,828	6,653	3,327	3,071	1,536	56,095	4,675	2,338	2,158	1,079
7	48,650	90,003	7,501	3,751	3,462	1,731	63,245	5,271	2,636	2,433	1,217
8	54,150	100,178	8,349	4,175	3,853	1,927	70,395	5,867	2,934	2,708	1,354
For each add'l family member add	5,500	10,175	848	424	392	196	7,150	596	298	275	138

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- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.