

2026 EDITION

Mid-Cumberland Community Action Agency Community Resource Guide

A directory of local, state, and national services for individuals and families in Middle Tennessee

SERVICES INCLUDED

- | | | |
|----------------------------------|-------------------|------------------|
| ■ Public Safety & Civil Services | ■ Social Services | ■ Housing |
| ■ Disabilities | ■ Education | ■ Homelessness |
| ■ Mental Health | ■ Employment | ■ Health |
| ■ Transportation | ■ Nutrition | ■ Other Services |

COUNTIES SERVED

Cannon • Cheatham • Robertson • Rutherford • Sumner • Trousdale • Williamson • Wilson

In an emergency, always call 911. For help finding services any time, dial 2-1-1.

Important Numbers

Keep these numbers handy. Hotlines listed here are free and available 24 hours a day, 7 days a week unless noted in the directory.

Emergency (police, fire, ambulance)	911
988 Suicide & Crisis Lifeline (call or text)	988
Veterans Crisis Line	988, then press 1
2-1-1 Community Services Referral	211
Crisis Text Line (TN)	Text TN to 741741
Statewide Mental Health Crisis Line	855-274-7471
National Domestic Violence Hotline	800-799-7233
Sexual Assault Hotline (RAINN)	800-656-4673
Sexual Assault Crisis Line (Nashville)	866-811-7473
National Human Trafficking Hotline	888-373-7888
National Runaway Safeline	800-786-2929
Poison Control	800-222-1222

If you or someone else is in immediate danger, call 911.

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How to Use This Guide

Services are grouped by type of need. Within each section, organizations are listed in this order:

- Serving All Counties** — regional, statewide, and national programs available to everyone in the area, including hotlines and Nashville-based agencies.
- By County** — local programs listed under the county where they are located.
- Serving Multiple Counties** — programs that serve several (but not all) counties, with the counties served shown under each listing.

Some organizations offer more than one kind of help and appear in more than one section.

Please call ahead. Hours, eligibility, and contact information can change. Contact the organization directly to confirm services before visiting. Listing in this guide is not an endorsement.

Public Safety & Civil Services

Fire departments, police and sheriff's offices, ambulance services, and non-emergency dispatch.

CANNON COUNTY

Cannon County 911 Services

Cannon Dispatch, Non-Emergency Number

PHONE 615-563-1000

ADDRESS 3798 Jim Cummings Highway
Woodbury, TN 37110

WEB cannoncountyttn.gov/sherriffs-office

Cannon County Ambulance Service

Provides emergency and non-emergency medical transport services for patients in Woodbury.

PHONE 615-563-5959

ADDRESS 104 Alexander Dr,
Woodbury, TN 37190

WEB ucems.org/counties/cannon-county

Cannon County Fire Department

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-563-4322

ADDRESS 6469 Dug Hollow Road
Bradyville, TN 37026

East Side Volunteer Fire Department

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-563-9390

ADDRESS 5620 McMinnville Highway
Woodbury, TN 37190

Fire Department- Cannon County

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-563-4158

ADDRESS 226 McMinnville Hwy.
Woodbury, TN 37190

Police Department - Woodbury

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-563-5940

ADDRESS 965 W Main Street
Woodbury, TN 37190

WEB countyoffice.org/woodbury-police-department-woodbury-tn-046

Sheriff's Department-Cannon County

Responsible for providing law enforcement to the citizens of Cannon County.

PHONE 615-563-1000

ADDRESS 110 Alexander Dr.
Woodbury, TN 37190

WEB cannoncountyttn.net/sheriff

CHEATHAM COUNTY

Cheatham County Sheriff

The county agency responsible for enforcing laws and regulations. Protecting lives and property within the community.

PHONE 615-792-4341

ADDRESS 264 S Maint St. Ashland City, TN 37015
WEB cheathamcountyttn.gov/sheriff/html

Fire Department – Ashland City

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-792-4531

ADDRESS 402 N Main St. Ashland City, TN 37015
WEB ashlandcityfire.com

Police Department – Ashland City

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-792-5618

ADDRESS 233 Tennessee Waltz Pkwy, Suite 101
Ashland City, TN 37015
WEB ashlandcitytn.gov/police

ROBERTSON COUNTY

Fire Department - Springfield

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-384-4381

ADDRESS 203 Central Avenue E.
Springfield, TN 37172

WEB springfieldtn.gov/180/Fire

Police Department - Springfield

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-384-8422

ADDRESS 802 Willow St. Springfield, TN 37172

WEB springfieldtn.gov/191/Police

Robertson County Sheriff

The mission of the Robertson County Sheriff's Office is to enhance and protect the quality of life of the citizens of Robertson County by providing professional, ethical, efficient, and effective law enforcement, correctional, and court security services.

PHONE 615-384-7971

ADDRESS 507 South Brown St
Springfield, TN 37172

WEB robertsonsheriff.com

RUTHERFORD COUNTY

Fire Department - Murfreesboro

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-893-1422

ADDRESS 2140 N. Thompson Lane Murfreesboro, TN 37129

WEB murfreesborotn.gov/139/FireRescue

Fire Department - Smyrna

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-459-6644

ADDRESS 401 Enon Springs Rd West
Smyrna, TN 37167

WEB townofsmymrna.org/departments/fire

Police Department - Murfreesboro

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-849-2673

ADDRESS 1004 North Highland Avenue
Murfreesboro, TN 37130

WEB murfreesborotn.gov/1781/Police

Police Department - Smyrna

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-459-6644

ADDRESS 400 Enon Springs Rd. E Smyrna, TN 37167

WEB townofsmymrna.org/departments/police

Sheriff's Department - Rutherford Co.

Responsible for providing law enforcement to the citizens of Rutherford Co.

PHONE 615-898-7777

ADDRESS 940 New Salem Highway
Murfreesboro, TN 37129

WEB rcsotn.com

SUMNER COUNTY

Police Department - Gallatin

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-452-1313

ADDRESS 130 West Franklin Street
Gallatin, TN 37066

WEB gallatintn.gov/340/Police-Department

Police Department - Portland

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-325-3434

ADDRESS 433 N Broadway Portland, TN 37148

WEB cityofportlandtn.gov/214/Police

Police Department - Westmoreland

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-644-2223

ADDRESS 1044 Pleasant Grove Road
Westmoreland, TN 37186

WEB westmorelandtn.gov/city-services/police-department

TROUSDALE COUNTY

Fire Department – Hartsville

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-374-2525

ADDRESS 219 Broadway
Hartsville, TN 37074

WEB trousdalecountytn.gov/government

Police Department – Hartsville

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-374-3994

ADDRESS 210 Broadway
Hartsville, TN 37074

WEB trousdalecountytn.gov/government

WILLIAMSON COUNTY

Fire Department - Williamson Co.

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-794-3411

ADDRESS 304 Beasley Dr.
Franklin, TN 37064

WEB williamsoncounty-tn.gov/1942/Fire-Services

Police Department – Franklin

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-791-3217

ADDRESS 109 3rd Avenue South
Franklin, TN 37064

WEB franklin.gov/government/departments-k-z/police

WILSON COUNTY

Fire Department - Lebanon

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-444-8777

ADDRESS 110 Oak St. Lebanon, TN 37087

Fire Department - Mt. Juliet

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-754-2552

ADDRESS 104 Belinda Parkway
Mt. Juliet, TN 37122

Fire Department – Lebanon

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-443-2903

ADDRESS 520 Coles Ferry Pike Lebanon, TN 37087

WEB lebanontn.org/232/Fire-Department

Police Department - Lebanon

Committed to the protection of life and the prevention of crime and disorder. We build partnerships and seek proactive approaches and innovative solutions to address crime and other safety issues in our community which adversely affect our daily lives.

PHONE 615-444-2323

ADDRESS 1017 Sparta Pike
Lebanon, TN 37087

WEB lebanonpd.org

Police Department-Mt. Juliet

The local agency that is responsible for enforcing all laws and ordinances; preventing crime; investigating criminal activity; apprehending, arresting and detaining suspects and engaging in other activities that protect the lives and property in the community.

PHONE 615-754-2550

ADDRESS 2425 N. Mt. Juliet Rd. Mount Juliet, TN 37122

WEB mjpd.org/189/Police-Department

Sheriff's Department - Wilson Co.

Responsible for providing law enforcement to the citizens of Wilson Co.

PHONE 615-444-1412

ADDRESS 105 East High Street
Lebanon, TN 37087

WEB wcso95.org

Social Services

Crisis hotlines, family support, victim advocacy, benefits help, and general assistance.

SERVING ALL COUNTIES

211 Referral Service

provides information and referral regarding government services, non-profit agencies, faith-based groups, and other community services through 2-1-1 center by phone, chat, text, email or online for 42 counties in Middle Tennessee.

PHONE 211

ADDRESS 250 Venture Circle

Nashville, TN 37228

WEB team211.communityos.org/homepage-uwgn

AARP TN

AARP Tax Aide Programs, Mature Driver Training, Senior Advocacy Groups

PHONE 888-687-2277

ADDRESS 5000 Meridian Boulevard, Suite 180

Franklin, TN 37067

WEB aarp.org/tn

Ables Recreational Association

Provides recreational activities to children and adults with disabilities. Services are provided in Rutherford, Davidson, Williamson, Cannon, Wilson and other surrounding counties. Recreational activities include bowling, softball, soccer, dances and other social gatherings.

PHONE 615-751-7824

ADDRESS 211 Hager Drive

Smyrna, TN 37167

WEB ablesinc.org

Access from AT&T - Low Cost Home Internet Service

Provides low-cost home Internet service to qualifying households participating in the SNAP or Head Start or Early Head Start program, or if household qualifies as low income; this program, beginning in April 2016, increases internet accessibility to home computers in under-served areas.

PHONE 855-220-5211

WEB att.com/access

Adult Protective Services

Adult Protective Services staff investigate reports of abuse, neglect (including self-neglect) or financial exploitation of adults who are unable to protect themselves due to a physical or mental limitation. APS staff assess the need for protective services and provide services to reduce the identified risk to the adult.

PHONE 888-277-8366

ADDRESS 400 Deaderick St.

Nashville, TN 37243

WEB tn.gov/humanservices/adults/adult-protective-services.html

Adventist Community Services

Food pantry, clothing through vouchers for their thrift store, hygiene kits and supplies for homeless. Assistance for flood and burnout victims, one day bus pass for dr. appointment or job interview. Life skills mentoring programs

PHONE 615-860-6001

ADDRESS 403 Gallatin Pike S. Madison, TN 37115

WEB acsgreaternashville.com

Agape

Individual and family counseling; pregnancy counseling; domestic violence shelter and court advocacy; and adoption and foster care services.

PHONE 615-781-3000

ADDRESS 4555 Trousdale Drive

Nashville, TN 37204

WEB agapenashville.org

AncoraTN-ATN

Provides specialized case management and comprehensive aftercare for survivors of human trafficking and tactically addresses the problem through advocacy, prevention and training of front-line professionals.

PHONE 615-806-6899

ADDRESS PO Box 7 Joelton, TN 37080

WEB ancoratn.org

Assurance Wireless - Lifeline Free Cell Phone Service

Provides free cell phone with 350 free minutes per month for local and long-distance calling within the US, including free voicemail, call waiting and caller ID, with a limit of one phone per household.

PHONE 888-321-5880

WEB assurancewireless.com

Big Brothers Big Sisters of Middle Tennessee

Big Brothers Big Sisters of Middle Tennessee works to provide youth facing adversity with the guidance they need to help them succeed by matching them with an adult mentor.

PHONE 615-329-9191

ADDRESS 1704 Charlotte Ave,
Suite 130
Nashville, TN 37203

WEB mentorakid.org

Child Abuse Reporting Hotline

Call the Child Abuse Hotline to report child abuse or neglect in the State of Tennessee.

PHONE 877-237-0004

WEB carat.app.tn.gov/carat

Childhelp USA - Abused Children/Battered Women Information Hotline

Provides national information and referral on child abuse, professional crisis counseling, child custody cases involving sexual abuse, temporary shelter/counseling for battered women, parenting, and child abuse indicators in the home and school.

PHONE 800-422-4453

WEB childhelp.org

Conexion Americas

Our mission is to build a welcoming community and create opportunities where Latino families can belong, contribute and succeed.

PHONE 615-270-9252

ADDRESS 2195 Nolensville Pike
Nashville, TN 37211

WEB conexionamericas.org

Disabled American Veterans - TN Chapter

Job Fairs, Non-Emergency Medical Transportation, Scholarships, Veteran Benefits Assistance, Veteran Education Benefits

PHONE 931-762-8256

ADDRESS 203 N. Military Rd. Lawrenceburg, TN 38464

WEB davtn.org

Dismas House

Mission: improving lives and strengthening communities by providing the formerly incarcerated with holistic reentry programming that breaks the cycle of incarceration.

PHONE 615-297-4511

ADDRESS 2424 Charlotte Ave
Nashville, TN 37203

WEB dismas.org

Domestic Violence Hotline

At Domestic Violence & Sexual Assault Center our mission is simple but powerful: to protect victims, prevent violence, and empower survivors.

PHONE 615-896-2012

ADDRESS 1423 Kensington Square Court
Murfreesboro, TN 37130

WEB dvsacenter.org

Eldercare Locator - National Association of Area Agencies on Aging

Provides a specialized information line and website to help identify community resources for older people throughout the United States.

PHONE 800-677-1116

WEB eldercare.acl.gov/home

Family and Children's Service

Family & Children's Service offers more than a dozen different services creating a safety net to ensure that all children and families can be safe and healthy, especially those who "fall through the cracks" of traditional social services. Programs include counseling and crisis, child welfare and community, health care access services.

PHONE 615-320-0591

ADDRESS 2400 Clifton Ave
Nashville, TN 37209

WEB fcsnashville.org

Family Center

The Family Center offers a range of evidence or research-based (or informed) programs that help break cycles of trauma in families. We provide seminars targeting specific needs in shorter time frames, groups that offer more intensive information and skills for families (groups in community partner sites also include the option for children), two-generational coaching in homes, safety zones, or facilities, and training for nonprofits, businesses, and systems like courts or jails to advance knowledge and integrate system changes related to ACEs and Trauma Informed Principles.

PHONE 615-333-2644

ADDRESS 139 Thompson Lane
Nashville, TN 37211

WEB familycentertn.org

Golden Foundation

Provides trauma recovery support for individuals, including counseling, therapy, life coaching and healing programs.

PHONE 615-930-0379

ADDRESS 1500 12th Ave. S Apt 530 Nashville, TN 37203

WEB facebook.com/WD1108

Hope Clinic for Women

We are a faith-based safe and confidential place for anyone dealing with life choices regarding past, present, and future pregnancies. We provide medical care, professional counseling, education, mentorship, and practical support regardless of age, race, or religion.

PHONE 615-321-0005

ADDRESS 1810 Hayes Street
Nashville, TN 37203

WEB hopeclinicforwomen.org

Hope Station

Provides mortgage, rent, electric, gas and water payment assistance to single working mothers, who are over-qualified for government assistance.

PHONE 615-480-2765

ADDRESS 819 33rd Avenue North
Nashville, TN 37209

WEB hopestationtn.org

Inspiritus

In times of natural disasters, Inspiritus works with TEMA and other organizations to assist with neighborhood cleanups, minor house repair and other needed disaster relief services.

PHONE 404-907-5811

ADDRESS 1401 9th Ave. North Nashville, TN 37206

WEB weinspirit.org

Medicare Hotline - Medicare Hotline

Provides general Medicare information (enrollment, change address, programs, order Medicare publications, and information about health plans).

PHONE 800-633-4227

WEB medicare.gov

Medicare Rights Center - Medicare Information

Works to ensure access to affordable health care for older adults and people with disabilities through counseling, advocacy, education programs and public policy initiatives concerning Medicare.

PHONE 800-333-4114

WEB medicarerights.org

Nashville National Cemetery - Veteran Burial Benefits

National Cemetery for Veterans.

PHONE 615-860-0086

ADDRESS 1420 Gallatin Road South
Madison, TN 37115

WEB cem.va.gov/CEM/cems/nchp/nashville.asp

Nashville Youth for Christ

Parent life ministry supports teen parents to make good choices, encourage them to further their education and move towards independent living. Campus life ministry has creative programs for middle and high school students to help them establish a solid foundation for life. Juvenile justice ministry engages with youth-serving institutions.

PHONE 615-320-7050

ADDRESS 15380 Old Hickory Blvd. Nashville, TN 37211

WEB nashvilleyfc.org

National Council on Aging - Benefits Checkup - www.BenefitsCheckUp.org

Worry Less and Age Better with Benefits CheckUp. Benefits CheckUp connects millions of older adults and people with disabilities with benefits programs that can help pay for health care, medicine, food, utilities, and more.

PHONE 800-794-6559

WEB BenefitsCheckUp.org

National Council on Aging - Nashville Resource Center

The National Council on Aging administers the Senior Community Service Employment Program (SCSEP), which assists unemployed, low-income older adults age 55 and older with poor employment prospects obtain jobs by providing job skill training and job search assistance.

PHONE 615-360-9797

ADDRESS 1451 Elm Hill Pike, Suite 165
Nashville, TN 37210

WEB ncoa.org

National Crisis/Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

PHONE 988

WEB 988lifeline.org

National Domestic Abuse Hotline - English and Spanish

24-hour confidential service for survivors, victims and those affected by domestic violence, intimate partner violence and relationship abuse. Advocates are available at 1-800-799-SAFE (7233) and through online chatting at www.TheHotline.org. All calls are free.

PHONE 800-799-7233, TTY 1-800-787-3224

WEB theline.org

National Human Trafficking Hotline/Resource Center

The National Human Trafficking Hotline is a national, toll-free hotline and resource center serving victims and survivors of human trafficking and the anti-trafficking community in the United States, available to answer calls from anywhere in the country, 24 hours a day, 7 days a week, every day of the year.

PHONE 888-373-7888

WEB humantraffickinghotline.org

National Runaway Safeline

For 50 years, the National Runaway Safeline has been responding to youth and families in crisis, serving as the national communications system for runaway and homeless youth. We continually transform technology, training and services to meet the current needs of vulnerable youth and ultimately achieve an end to youth homelessness.

PHONE 800-786-2929

800-RUNAWAY

WEB 1800runaway.org

Nurture the Next

Nurture the Next provides in-home parenting education, domestic violence and parenting helplines, and domestic violence recognition and prevention education in all 95 Tennessee counties.

PHONE 615-383-0994

ADDRESS 600 Hill Ave, Suite 202
Nashville, TN 37210

WEB nurturethenext.org

Oasis Center

Provides programs that help youth and families across Middle Tennessee reach their full potential.

PHONE 615-327-4455

ADDRESS 1704 Charlotte Avenue, Suite 200
Nashville, TN 37203

WEB oasiscenter.org

Operation Stand Down Nashville

Provides services to US military Veterans related to housing, homelessness, hunger, careers, crisis, and connection.

PHONE 615-248-1981

ADDRESS 1125 12th Avenue South
Nashville, TN 37203

WEB osdtn.org

Patient Advocate Foundation - Co-Pay Relief

Provides patient advocacy services assuring access to health care, maintenance of employment, and preservation of financial stability for persons who are dealing with chronic, life threatening, and debilitating illnesses.

PHONE 866-512-3861

WEB copays.org

Project Return

Project Return provides services that connect people with resources needed to return successfully to work and community after incarceration.

PHONE 615-327-9654

ADDRESS 109 Lafayette St. Nashville, TN 37210

WEB facebook.com/projectreturntennessee

Rape, Abuse & Incest National Network (RAINN) - Sexual Assault Hotline

National hotline offering assistance through a network of rape crisis centers across the country.

PHONE 800-656-4673

WEB rainn.org

Relative Caregiver Program

Children and relative caregivers enrolled in the state program can receive supportive services such as information and referral, access to support groups, respite care, and family advocacy assistance. DCS contracts with private community-based agencies to provide services in each of the 12 regions.

PHONE 615-741-9701

ADDRESS 315 Deaderick Street
Nashville, TN 37238

WEB tn.gov/dcs/program-areas/prevention/relative-caregiver.html

Ronald McDonald House Charities of Nashville

Provides essential resources and temporary lodging for families of critically ill children receiving inpatient or outpatient medical care at Nashville area hospitals.

PHONE 615-343-4000

ADDRESS 2144 Fairfax Ave.
Nashville, TN 37212

WEB rmhcnashville.com

Salvation Army - Nashville

Provides services to the community including daily congregate meals, personal hygiene items and shelter for homeless men/women and families.

PHONE 615-242-0411

ADDRESS 631 Dickerson Rd
Nashville, TN 37207

WEB salvationarmynashville.org

Sexual Assault Center

Provide advocacy and counseling to child and adult sexual assault victims, programs that educate students on how to recognize and prevent sexual assault, a Safe Clinic for victims of recent sexual assault to receive a Medical Legal Exam & resources.

PHONE 615-259-9055

ADDRESS 101 French Landing Drive
Nashville, TN 37228

WEB sacenter.org

Sexual Assault Crisis Line

Provide advocacy and counseling to child and adult sexual assault victims, programs that educate students on how to recognize and prevent sexual assault, a Safe Clinic for victims of recent sexual assault to receive a Medical Legal Exam & resources.

PHONE 866-811-7473 (866-811-RISE)

ADDRESS 101 French Landing Drive
Nashville, TN 37228

WEB sacenter.org

Sickle Cell Foundation of TN - Burial Assistance for Sickle Cell Patients

Provides financial assistance to help with the burial costs of persons who have died from sickle cell disease in the state of Tennessee (with a maximum of \$500).

PHONE 901-552-4267

ADDRESS 680 Oakleaf Office Lane Suite 101
Memphis, TN 38117

WEB sicklecelltn.org/services/burial-assistance

Sickle Cell Foundation of TN - Nashville

Provides rent/mortgage assistance, utility assistance, summer camp for children, gas vouchers, and burial assistance to individuals living with sickle cell.

PHONE 901-552-4267

ADDRESS 2817 West End Ave. Nashville, TN 37203

WEB sicklecelltn.org

Social Security Administration

The Social Security Administration assists people of working age to estimate future Social Security benefits, people who are permanently disabled to obtain disability benefits, those who are retired to receive Social Security retirement benefits and Medicare, and those who have lost a spouse or, in some cases, a parent, to receive survivors benefits.

PHONE 877-808-5461

ADDRESS 120 Athens Way
Nashville, TN 37228

WEB ssofficelocation.com/offices/tennessee/nashville

Social Security Administration

The Social Security Administration assists people of working age to estimate future Social Security benefits, people who are permanently disabled to obtain disability benefits, those who are retired to receive Social Security retirement benefits and Medicare, and those who have lost a spouse or, in some cases, a parent, to receive survivors benefits.

PHONE 866-593-3112

ADDRESS 2836 St Patrick Court
Murfreesboro, TN 37128

WEB ssofficelocation.com/offices/tennessee/murfreesboro

Social Security Administration

The Social Security Administration assists people of working age to estimate future Social Security benefits, people who are permanently disabled to obtain disability benefits, those who are retired to receive Social Security retirement benefits and Medicare, and those who have lost a spouse or, in some cases, a parent, to receive survivors benefits.

PHONE 866-964-7392

ADDRESS 637 Commons Drive
Gallatin, TN 37066

WEB ssofficelocation.com/offices/tennessee/gallatin

Social Security Administration - National Toll free Number

Provides death benefits, disability benefits, retirement benefits, Medicare benefits and rights center, Supplemental Security Income, Social Security cards and numbers, and fraud and waste protection.

PHONE 800-772-1213

ADDRESS 1100 West Hight Rise, 6401 Security Boulevard
Baltimore, MD 21235

WEB ssa.gov

Southeast Tennessee Area Agency on Aging & Disability

The Information and Assistance Program (I&A) advocates for and assists older persons and persons with disabilities, their families, and the agencies and organizations helping them.

PHONE 866-836-6678

ADDRESS 1000 Riverfront Parkway Chattanooga, TN 37042

WEB setaad.org

Specialized Crisis Services - Youth Villages - HOTLINE

Provides assessment and evaluation of children and youth up to age 18 who are experiencing a psychiatric emergency.

PHONE 866-791-9221

866-791-9223

866-791-9222

ADDRESS Robertson, Rutherford, Sumner, Cheatham
Wilson, Trousdale
Williamson

WEB youthvillages.org/services/specialized-crisis-services

STARS Nashville

STARS provides five evidence-based school and community programs that address issues like bullying, substance abuse violence and sexual violence, and mental health.

PHONE 615-279-0058

ADDRESS 1704 Charlotte Avenue, Suite 200
Nashville, TN 37203

WEB starsnashville.org

TCCY - Mid-Cumberland Region

Advocacy, Child Welfare/Family Services Associations, Juvenile Justice System Reform Groups, State Government Complaints/Ombudsman Offices.

PHONE 615-741-2633

ADDRESS 502 Deaderick St, Andrew Jackson Building, 9th Floor
Nashville, TN 37243

WEB tn.gov/content/tn/tccy.html

Tennessee Caregiver Coalition

Provides relief to families and caregivers from intensive demands of providing ongoing care.

PHONE 615-269-8687

ADDRESS 2603 Elm Hill Pike, Suite A
Nashville, TN 37212

WEB tnrespice.org

Tennessee Justice Center

Provides advocacy for vulnerable families in need of health care, nutrition benefits (like SNAP or food stamps), and public assistance with TennCare and Medicare.

PHONE 615-255-0331

ADDRESS 155 Lafayette St. Nashville, TN 37210

WEB tnjustice.org

Tennessee Justice for Our Neighbors

Provides humanitarian immigration legal services to vulnerable individuals seeking safety from persecution, human trafficking and other forms of violence.

PHONE 615-538-7481

ADDRESS 2195 Nolensville Pike
Nashville, TN 37211

WEB tnjfon.org

Tennessee Prison Outreach Ministry

Provides spiritual and educational programs for the incarcerated, returning citizens and children of the incarcerated.

PHONE 615-870-1126

ADDRESS 136 Rains Avenue
Nashville, TN 37203

WEB tnprisonministry.org

The HELP Center - East Nashville

Provides various support services to offenders, ex-offenders, and low-income individuals in Middle TN.

PHONE 615-750-2145

ADDRESS 213 Maplewood Lane, Suite 400
Nashville, TN 37207

WEB thehelpcentertn.org

The Mary Parrish Center

Provides transitional housing program for female survivors and their children who have barriers to securing safe housing.

PHONE 615-256-5959

ADDRESS PO Box 60009 Nashville, TN 37206

WEB maryparrish.org

TN Dept of Human Services - Adult Protective Services

Adult Protective Services (APS) helps the elderly and adults over the age of 18 who are unable to care for themselves due to a mental or physical disability.

PHONE 888-277-8366

ADDRESS 505 Deaderick Street
Nashville, TN 37243

WEB tn.gov/humanservices/adults/adult-protective-services.html

Veterans Suicide Hotline - Veterans & Active Duty Military Personnel Crisis Line

Provides 24/7 hotline for veterans and active duty service personnel who are in emotional crisis

PHONE 988

ADDRESS 400 Fort Hill Avenue
Canandaigua, NY 14424

WEB veteranscrisisline.net

Weaver Domestic Violence Center-YWCA Nashville & Middle TN

Provides 24 hour crisis and support helpline and emergency shelter for survivors of domestic violence.

PHONE 800-334-4628

ADDRESS 1608 Woodmont Blvd. Nashville, TN 37215

WEB ywcannashville.com

You Have The Power - Victim's Advocacy

Produces documentaries and resource guides on contemporary issues on crime prevention such as child sexual abuse and trafficking. Provides safety training sessions for caregivers, educators and the public. Offers a victim impact curriculum for adults in prison and for at-risk youth delivered through community groups.

PHONE 615-292-7027

ADDRESS 2814 12th Ave S, Suite 211
Nashville, TN 37204

WEB yhpt.org

Youth Villages Nashville

Provides a variety of programs and services to at risk, foster, and juvenile youth and their families in every county in the state of Tennessee.

PHONE 615-250-7200

ADDRESS 3310 Perimeter Hill Drive
Nashville, TN 37204

WEB youthvillages.org/about-us/locations/tennessee/middle-tennessee

CANNON COUNTY

Cannon County Child Advocacy Center

Child Abuse Counseling, Child Abuse Hotlines, Child Abuse Prevention, Child Advocacy Centers, Children's Protective Services, Substance Use Disorder Education/Prevention

PHONE 615-563-9915

ADDRESS 214 West Water Street
Woodbury, TN 37190

WEB cannoncac.org

Cannon County Health Department

Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-563-4243

ADDRESS 106 Alexander Drive
Woodbury, TN 37190

WEB cannoncountyttn.gov/health-department

Cannon County REACH

Works with children in Aftercare Program for grades PreK-12 with tutoring, homework help, character education, music and art classes, living skills, and meals.

PHONE 615-563-5518

ADDRESS 612 Lehman Street
Woodbury, TN 37190

WEB facebook.com/people/Cannon-County-REACH-Afterschool-Program/100064767993677

CASA - Cannon Co.

The mission of CASA is to provide court-appointed volunteer advocates to abused and neglected children. The program's goal is a safe, permanent, nurturing home for every child it serves.

PHONE 615-542-6508

ADDRESS P.O Box 23
Woodbury, Tn 37190

WEB casaofcannoncounty.org

Child Advocacy Center - Cannon

The Children's Advocacy Centers of Tennessee (CACTN) is a statewide membership organization dedicated to helping communities, through local child advocacy centers, respond to allegations of child abuse in ways that are effective and efficient – and put the needs of child victims first. CACTN strongly believes that the combined professional wisdom and skill of the multidisciplinary team approach results in a more complete understanding of case issues and the most effective child and family-focused system response possible.

PHONE 615-563-9915

ADDRESS 214 West Water Street
Woodbury, TN 37190

WEB cannoncac.org

Department of Children's Services - Cannon Co.

This Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system, adoption, and Juvenile Justice divisions

PHONE 615-563-5182

ADDRESS 325 Bryant Ln.
Woodbury, TN 37190

WEB tn.gov/dcs.html

Department of Human Services- Cannon County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-563-4051

ADDRESS 325 Bryant Lane
Woodbury, TN 37190

WEB tn.gov/humanservices.html

Senior Citizens Center - Cannon Co.

Social events and recreation services for Senior Citizens.

PHONE 615-563-5304

ADDRESS 609 Lehman Street
Woodbury, TN 37190

WEB cannoncountyseniorcenter.com

Short Mountain Volunteer Fire Department

Provides fire, rescue, and first responder emergency medical services to all citizens and visitors.

PHONE 615-563-9360

ADDRESS 5 Judge Purser Hill Road
Woodbury, TN 37190

WEB facebook.com/CannonCounty

Upper Cumberland Human Resource Agency - Cannon Co.

Partners with the Association of Community Action Agencies to provide help with electricity, water, food, weatherization, substance abuse, and transportation. Homemaker Aide Program & Elderly Chore Service helps elderly, disabled and protective services clients remain in their homes rather than seek alternative care in nursing and foster homes.

PHONE 615-563-2916

ADDRESS 301 West Main Street
Woodbury, TN 37190

WEB uchra.org

CHEATHAM COUNTY**Bethesda Center**

Supporting the people of Cheatham County who are in need of clothing, food, utilities/water help.

PHONE 615-792-1389

ADDRESS 124 S. Main St.
Ashland City, TN 37015

Child Support Services - Cheatham County

Assistance to custodial parents/ caregivers to obtain financial support and healthcare for their children.

PHONE 615-792-3075

ADDRESS 735 S. Main Street
Ashland City, TN 37015

WEB tn.gov/humanservices/for-families/child-support-services

Department of Children's Services - Cheatham Co.

This Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system, adoption, and Juvenile Justice divisions

PHONE 615-792-5202

ADDRESS 286 Frey Street, Suite 102
Ashland City, TN 37015

WEB tn.gov

Department of Human Services- Cheatham County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-746-3164

ADDRESS 286 Frey Street, Suite 101
Ashland City, TN 37015

WEB tn.gov/humanservices.html

Mid-Cumberland Community Action Agency - Cheatham County

Assists eligible low-income households with utility assistance, rent or mortgage assistance, Head Start/Early Head Start, eyeglasses and prescription assistance, nutrition education, food, and Weatherization, case management, and services for the elderly or disabled.

PHONE 615-742-1113

ADDRESS 384 South Main St.
Ashland City, TN 37015

WEB midcumberland.org

Safe Haven - Cheatham Co.

Safe Haven Cheatham County is committed to meeting the immediate needs of domestic violence victims and their children. We are dedicated in "our mission" to provide a safe environment for the victims while in our care and encourage them to build better productive lives while offering the support, education and services they need to accomplish this goal.

PHONE 615-681-5863

ADDRESS No address for safety reasons

WEB safehavencheathamcounty.org

Senior Citizens Center - Ashland City

Social events and recreation services for Senior Citizens.

PHONE 615-792-3629

ADDRESS 104 Ruth Drive
Ashland City, TN 37015

WEB ashlandcitytn.gov/thrive55

The Ark Community Resource Center

Serves residents of south Cheatham County, Donated Specialty Items, Food Pantries, Free School Supplies, Home Delivered Meals, Thrift Shops, Utility Assistance, Volunteer Opportunities

PHONE 615-457-1931

ADDRESS 710 Highway 70
Pegram, TN 37143

WEB arkstayafloat.com

DICKSON COUNTY**Care Net Pregnancy Center**

Provides pro-life educational resources and sexual health, free pregnancy tests, counseling, post-abortion counseling and parenting classes.

PHONE 615-441-1769

ADDRESS 305 S Mail St. Dickson, TN 37055

WEB pregnancyhelp.net

Youth Villages Dickson

Provides a variety of programs and services to at risk, foster, and juvenile youth and their families in every county in the state of Tennessee.

PHONE 615-740-5330

ADDRESS 318 E College Suite 304 Dickson, TN 37055

WEB youthvillages.org/about-us/locations/tennessee/middle-tennessee

HUMPHREYS COUNTY

St. Vincent DePaul Society

Provides financial assistance for rent and utilities, food pantry, clothing, gas money for dr. visits, stranded traveler assistance, money for prescriptions and several other services to Humphrey county residents.

PHONE 931-582-8454

ADDRESS 175 Saint Patrick St. McEwen, TN 37101

ROBERTSON COUNTY

CASA - Robertson Co.

The mission of CASA is to provide court-appointed volunteer advocates to abused and neglected children. The program's goal is a safe, permanent, nurturing home for every child it serves.

PHONE 615-382-5066

ADDRESS 1103 Matthews Street

Springfield, TN 37172

WEB casaofrobco.com

Child Advocacy Center - Robertson Co.

The Children's Advocacy Centers of Tennessee (CACTN) is a statewide membership organization dedicated to helping communities, through local child advocacy centers, respond to allegations of child abuse in ways that are effective and efficient – and put the needs of child victims first. CACTN strongly believes that the combined professional wisdom and skill of the multidisciplinary team approach results in a more complete understanding of case issues and the most effective child and family-focused system response possible.

PHONE 615-384-5885

ADDRESS 406 N Main St.

Springfield, TN 37172

WEB cactn.org

Child Support Services - Robertson County

Assistance to custodial parents/ caregivers to obtain financial support and healthcare for their children.

PHONE 615-382-2433

ADDRESS 402 Central Avenue E.

Springfield, TN 37172

WEB tn.gov/humanservices/for-families/child-support-services

COPE (Cooperative Outreach for Personal Emergencies, Inc.)

By appointment only, help with payment of rent, utilities and prescriptions through sales in the thrift store and donations.

PHONE 615-384-1465

ADDRESS 810 S. Main Street

Springfield, TN 37172

WEB facebook.com/CopeOfRobertsonCo

Department of Children's Services - Robertson Co.

This Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system, adoption, and Juvenile Justice divisions

PHONE 615-382-2407

ADDRESS 812 South Brown Street

Springfield, TN 37172

WEB tn.gov

Department of Human Services-Robertson County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-382-2402

ADDRESS 809 Mabel Street

Springfield, TN 37172

WEB tn.gov/humanservices.html

Family Resource Center - Robertson Co.

School-based Family Resource Centers were developed to address the potential risk factors within home and community environments that impede a child's ability to learn and grow successfully. Potential risk factors include but are not limited to poverty, hunger, homelessness, abuse, neglect, poor health, mental illness, substance abuse, and/or family conflict. Family Resource Centers network with community organizations to coordinate problem-solving and goal-setting processes with parents while assisting them in creating a supportive environment for their children.

PHONE 615-382-3609

ADDRESS 700 Bransford Dr.

Springfield, TN 37172

WEB rcstn.net/parents-students/family-resources

Harvest Baptist Association

A family of churches in Sumner, Robertson, and Cheatham Counties working together in equipping and encouraging one another in fulfilling the Great Commission. Day Camps, Dental Care, Disaster Recovery Services, English as a Second Language, English Language Instruction Volunteer Opportunities, GED/High School Equivalency Test Instruction, Language Instruction, Physical Examinations, Volunteer Opportunities.

PHONE 615-384-8197

ADDRESS 2106 Park Plaza Dr

Springfield, TN 37172

WEB rcbatn.org

Mid-Cumberland Community Action Agency - Robertson County

Assists eligible low-income households with utility assistance, rent or mortgage assistance, Head Start/Early Head Start, eyeglasses and prescription assistance, nutrition education, food, and Weatherization, case management, and services for the elderly or disabled.

PHONE 615-742-1113

ADDRESS 505 Hill Street
Springfield, TN 37172

WEB midcumberland.org

Open Door Pregnancy and Resource Center

If you are facing an unplanned pregnancy, we can help you by providing a free pregnancy test, ultrasound confirmation, and answers to your questions about parenting and adoption. Our trained staff is ready to provide you with confidential help at no cost, thanks to our generous community support.

PHONE 615-384-4673

ADDRESS 1109 S. Main Street
Springfield, TN 37172

WEB 615-384hope.org

Urban Ministries Safe House - Clarksville Area

Domestic violence shelter with a 24-hour crisis line for men, women, and children and they accept collect calls.

PHONE 931-648-9090

ADDRESS 217 South 3rd St. Clarksville, TN 37040

WEB clarksvilleurbanministries.com

RUTHERFORD COUNTY

Barnabas Vision

Provides rent and utility assistance including water, electric and gas to individuals in need.

PHONE 615-556-5134

ADDRESS 141 MTCS Road
Murfreesboro, TN 37129

WEB thebarnabasvision.org

Boys and Girls Club of Rutherford Co.

Provides a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Boys/Girls Clubs, Computer Literacy Training Programs, Extended Child Care, Leadership Development, Peer to Peer Networking, Prejob Guidance, Self Esteem Workshops, Sexual Abstinence Education Programs, Tutoring Services, Volunteer Opportunities, Wellness Programs

PHONE 615-893-5437

ADDRESS 820 Jones Blvd
Murfreesboro, TN 37129

WEB bgcrc.net

CASA - Rutherford Co.

The mission of CASA is to provide court-appointed volunteer advocates to abused and neglected children. The program's goal is a safe, permanent, nurturing home for every child it serves.

PHONE 615-904-6996

ADDRESS P.O. Box 3135
Murfreesboro, TN 37133

WEB casaofrutherfordcounty.org

Child Advocacy Center - Rutherford Co.

The Children's Advocacy Centers of Tennessee (CACTN) is a statewide membership organization dedicated to helping communities, through local child advocacy centers, respond to allegations of child abuse in ways that are effective and efficient – and put the needs of child victims first. CACTN strongly believes that the combined professional wisdom and skill of the multidisciplinary team approach results in a more complete understanding of case issues and the most effective child and family-focused system response possible.

PHONE 615-867-9000

ADDRESS 503 Highland Terrace Suite C Murfreesboro, TN 37130
WEB cacrutherford.org

Child Support Services - Rutherford County, Cannon County

Assistance to custodial parents/ caregivers to obtain financial support and healthcare for their children.

PHONE 615-898-8002

ADDRESS 20 Public Square N., 3rd Floor
Murfreesboro, TN 37130

WEB tn.gov/humanservices/for-families/child-support-services

Community Helpers of Rutherford County

Provides rent, utility and medication financial assistance with community referrals for Rutherford County residents during a monetary crisis.

PHONE 615-898-0617

ADDRESS 1809 Memorial Blvd, Suite D
Murfreesboro, TN 37129

WEB chorctn.org

Department of Children's Services - Rutherford Co.

This Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system, adoption, and Juvenile Justice divisions

PHONE 615-217-8900

ADDRESS 434 Jayhawk Drive
Murfreesboro, TN 37129

WEB tn.gov

Department of Human Services-Rutherford County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-848-5153

ADDRESS 1711 Old Fort Pkwy
Murfreesboro, TN 37129

WEB tn.gov/humanservices.html

Domestic Violence and Sexual Assault Center

At Domestic Violence & Sexual Assault Center our mission is simple but powerful: to protect victims, prevent violence, and empower survivors.

PHONE 615-896-7377

ADDRESS 1423 Kensington Square Court
Murfreesboro, TN 37130

WEB dvsacenter.org

Dominion Financial Management

Mission is to teach personal finances according to Biblical principles, including developing a budget, using credit responsibly and reducing or limiting debt.

PHONE 615-220-5858

ADDRESS 661 Fitzhugh Blvd. Suite 118 Smyrna, TN 37167

WEB dominionfinancial.org

Greenhouse Ministries

Offer many programs designed to get people back on their feet and help them in their lives, including emergency food bank, GED tutoring, computer classes, and legal advice every other Thursday.

PHONE 615-494-0499

ADDRESS 307 S. Academy Street
Murfreesboro, TN 37130

WEB greenhousemin.org

Journey Home

An outreach center with washers and dryers, computers and other resources for the homeless to utilize during the day. They also offer assistance and housing resources.

PHONE 615-809-2644

ADDRESS 1207 Old Salem Rd. Murfreesboro, TN 37129

WEB lovegodservepeople.org

Mid-Cumberland Community Action Agency - Rutherford County

Assists eligible low-income households with utility assistance, rent or mortgage assistance, Head Start/Early Head Start, eyeglasses and prescription assistance, nutrition education, food, and Weatherization, case management, and services for the elderly or disabled.

PHONE 615-742-1113

ADDRESS 412 East Vine St
Murfreesboro, TN 37129

WEB midcumberland.org

Outreach Thrift Store

The Outreach is a non-denominational for-profit business, which provides new or used clothing, and used household goods to Rutherford County.

PHONE 615-849-8278

ADDRESS 338A SE Broad St.
Murfreesboro, TN 37130

WEB facebook.com/outreachthriftstore

Raising Resilience Tennessee

The Family Center offers a range of evidence or research-based programs that help break cycles of trauma in families. We provide seminars targeting specific needs in shorter time frames, groups that offer more intensive information and skills for families (groups in community partner sites also include the option for children), two-generational coaching in homes, safety zones, or facilities, and training for nonprofits, businesses, and systems like courts or jails to advance knowledge and integrate system changes related to ACEs and Trauma Informed Principles.

PHONE 615-333-2644

ADDRESS 115 Heritage Park Drive
Murfreesboro, TN 37129

WEB raisingresiliencetn.org

Regional Intervention Program (RIP)

Provides an early intervention program serving children with behavioral problems under the age of 6.

PHONE 615-890-4622

ADDRESS 131 Mayfield Dr. Smyrna, TN 37167

WEB tn.gov/behavioral-health/children-youth-young-adults-families/rip.html

Rutherford County Schools ATLAS (Services for families in transition)

All ATLAS services are school-based. Many services are available, based on individual student needs. In addition to transportation, these include, but are not limited to: assistance with enrollment and transfer of records; automatic participation in federal nutrition program; school and special project supplies; academic support through Title I; weekend food backpacks; hygiene supplies; summer reading material; and information about agencies that provide services. ATLAS cannot assist families with rent, utilities, or housing.

PHONE 615-893-5812, Ext. 22225 (Jessica Johnson)

ADDRESS 2240 Southpark Dr. Murfreesboro, TN 37128

Rutherford County Youth Services

Provides intervention and conflict resolutions for families that are experiencing difficulty with a child who is at least 10 years old.

PHONE 615-898-7850

ADDRESS 1710 South Church St. Suite 3 Murfreesboro, TN 37130

WEB rutherfordcountyttn.gov/youth-services

Senior Citizens Center - LaVergne

Social events and recreation services for Senior Citizens.

PHONE 615-793-3048

ADDRESS 337 Stones River Road

LaVergne, TN 37086

WEB lavergetn.gov/204/Senior-Center

Senior Citizens Center - Smyrna

Social events and recreation services for Senior Citizens.

PHONE 615-459-4839

ADDRESS 100 Raikes Street

Smyrna, TN 37167

WEB smyrnaseniorcenter.org

St. Clair Street Senior Center

Arts and Crafts Instruction, Home Delivered Meals, Physical Fitness, Senior Centers, Support Groups, Travel.

PHONE 615-848-2550

ADDRESS 325 St Clair St

Murfreesboro, TN 37130

WEB murfreesborotn.gov/253/St-Clair-Senior-Center

St. Luke's Catholic Church

Provides food and utility assistance including water, electric and gas to residents of Smyrna and La Vergne.

PHONE 615-459-9672

ADDRESS 10682 Old Nashville Highway

Smyrna, TN 37167

WEB saintlukesmyrnatn.com

St. Marks United Methodist Church-Furniture

Provides new or secondhand sofas, chairs, tables, beds, dressers and other necessary home furnishings for low-income residents in the city of Murfreesboro.

PHONE 615-893-3455

ADDRESS 1267 N Rutherford Blvd

Murfreesboro, TN 37130

St. Rose of Lima

Food pantry, financial aid (not rent) for Southern Rutherford and Cannon Co. For financial assistance call 615-692-0159.

PHONE 615-893-1843

ADDRESS 1601 North Tennessee Blvd.

Murfreesboro, TN 37130

WEB saintrose.org

SUMNER COUNTY**Ashley's Place - Sumner Child Advocacy Center**

non-profit organization providing services to children and families when there are allegations of sexual abuse, severe physical abuse and/or witness to violence. The Center has a unique partnership with the District Attorney's Office, The Department of Children's Services, Sumner County Law Enforcement jurisdictions and Juvenile Court. This Multidisciplinary team works together for the detection, investigation, prosecution and treatment of child abuse.

PHONE 615-451-2169

ADDRESS 315 West Smith Street

Gallatin, TN 37066

WEB ashleysplace.net

CASA - Sumner Co.

The mission of CASA is to provide court-appointed volunteer advocates to abused and neglected children. The program's goal is a safe, permanent, nurturing home for every child it serves.

PHONE 615-451-1688

ADDRESS 182 W Franklin St.

Gallatin, TN 37066

WEB sumnercasa.org

Child Support Services - Sumner County

Assistance to custodial parents/ caregivers to obtain financial support and healthcare for their children.

PHONE 615-451-5829

ADDRESS 109 West Main Street

Gallatin, TN 37066

WEB tn.gov/humanservices/for-families/child-support-services

Cumberland Crisis Pregnancy Center

Provides resources and support for young women and families facing the challenges of an unplanned pregnancy. All resources are free and available to everyone.

PHONE 615-451-1717

ADDRESS 2229 Nashville Pike
Gallatin, TN 37066

WEB ccpchope.org

Department of Children's Services - Sumner Co.

This Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system, adoption, and Juvenile Justice divisions

PHONE 615-451-5818

ADDRESS 393 Maple Street, Suite 201
Gallatin, TN 37066

WEB tn.gov

Department of Human Services- Sumner County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-451-5814

ADDRESS 393 Maple Street, Suite 200
Gallatin, TN 37066

WEB tn.gov/humanservices.html

Divorce Recovery Ministry - First Baptist Hendersonville

DivorceCare is a safe place where caring people come alongside you as you find healing from the pain of separation or divorce. At this 13-week, video-based support group program, you'll find helpful counsel to manage the emotional turmoil and practical tools for decision-making.

PHONE 615-824-6154

ADDRESS 106 Bluegrass Commons Blvd.
Hendersonville, TN 37075

WEB babbcenter.org/divorcecare

Family Resource Center - Sumner Co.

School-based Family Resource Centers were developed to address the potential risk factors within home and community environments that impede a child's ability to learn and grow successfully. Potential risk factors include but are not limited to poverty, hunger, homelessness, abuse, neglect, poor health, mental illness, substance abuse, and/or family conflict. Family Resource Centers network with community organizations to coordinate problem-solving and goal-setting processes with parents while assisting them in creating a supportive environment for their children.

PHONE 615-451-6548

ADDRESS 695 E. Main Street
Gallatin, TN 37066

WEB sumnerschool.org/resources/family-resource-center

Gallatin Cares

Provides short-term relief and economic assistance to those in need in Gallatin and in the surrounding area of Sumner County.

PHONE 615-452-5732

ADDRESS 330 North Durham Ave.
Gallatin, TN 37066

WEB gallatincares.org

Hendersonville Samaritan Association

Foodbank, assistance with utility bills, rent and house payments, prescription costs, clothing and furniture from the thrift store, referrals, and assistance to transients.

PHONE 615-824-7105

ADDRESS 116 Dunn Street
Hendersonville, TN 37075

WEB tnhsa.org

Mid-Cumberland Community Action Agency - Sumner County

Assists eligible low-income households with utility assistance, rent or mortgage assistance, Head Start/Early Head Start, eyeglasses and prescription assistance, nutrition education, food, and Weatherization, case management, and services for the elderly or disabled.

PHONE 615-742-1113

ADDRESS 657 S. Water Ave. Gallatin, TN 37066

WEB midcumberland.org

Portland CARES

Emergency food, clothing, rent, utilities and prescription medicine, emergency needs for groups and individuals.

PHONE 615-325-7805

ADDRESS 617 Highway 52E
Portland, TN 37148

WEB facebook.com/portlandcares

Save One

Faith based organization that provides support to people to have had an abortion.

PHONE 615-347-8800

ADDRESS 114 Canfield Place B-6 Hendersonville, TN 37075

WEB saveone.org

Senior Citizens Center - Gallatin

Social events and recreation services for Senior Citizens.

PHONE 615-451-1531

ADDRESS 200 East Franklin Street
Gallatin, TN 37066

WEB gallatinseniorcenter.org

Shalom Zone Resource Center

After school program, summer camp, leadership program, computer classes, ESL classes, money management, and community resources.

PHONE 615-442-7575

ADDRESS 600 Small St., Suite 107-A
Gallatin, TN 37066

WEB gallatinshalomzone.org

Society of St. Vincent de Paul - Sumner County

Provides emergency assistance including food, prescription medication, rent assistance and utility assistance including water, electric and gas.

PHONE 615-452-2977 x1

ADDRESS 449 North Water Avenue
Gallatin, TN 37066

TROUSDALE COUNTY**Community Help Center of Trousdale County**

Food boxes (by appt. only), clothing and household items can be purchased for a small amount, emergency services for fire victims.

PHONE 615-374-2904

ADDRESS 120A McMurry Blvd. E.
Hartsville, TN 37074

WEB facebook.com/communityhelptrousdale

Department of Human Services- Trousdale County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-374-3513

ADDRESS 205 East Main St.
Hartsville, TN 37074

WEB tn.gov/humanservices.html

Mid-Cumberland Community Action Agency - Trousdale County

Assists eligible low-income households with utility assistance, rent or mortgage assistance, Head Start/Early Head Start, eyeglasses and prescription assistance, nutrition education, food, and Weatherization, case management, and services for the elderly or disabled.

PHONE 615-742-1113

ADDRESS 106 Project Drive
Hartsville, TN 37074

WEB midcumberland.org

Senior Citizens Center - Trousdale Co.

Social events and recreation services for Senior Citizens.

PHONE 615-374-1102

ADDRESS 270 Marlene Street
Hartsville, TN 37074

WEB

trousdalecountyttn.gov/government/county_departments/senior_center

WILLIAMSON COUNTY**Boys and Girls Club of Franklin**

Provides a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Boys/Girls Clubs, Computer Literacy Training Programs, Extended Child Care, Leadership Development, Peer to Peer Networking, Prejob Guidance, Self Esteem Workshops, Sexual Abstinence Education Programs, Tutoring Services, Volunteer Opportunities, Wellness Programs

PHONE 615-794-4800

ADDRESS 129 W Fowlkes St
Franklin, TN 37064

WEB bgcmt.sitewrench.com/locations/all-clubs/franklin-clubhouse

Bridges Domestic Violence Center of Williamson County

As the only domestic violence shelter in Williamson County, Tennessee, Bridges Domestic Violence Center is dedicated to helping victims and survivors find a pathway to safety and independence. Our not-for-profit, non-discriminatory organization offers life-changing services and programs free of charge to anyone who has experienced physical, mental, or sexual abuse.

PHONE 615-599-5777

ADDRESS Post Office Box 1592
Franklin, TN 37065

WEB bridgesdvc.org

Building Lives Foundation

Agency serves veterans that are in need of transitional housing services, food, rent assistance, mortgage assistance, and utility assistance.

PHONE 615-678-4967

ADDRESS 2000 Mallory Lane, Suite 130-166
Franklin, TN 37067

WEB wearebuildinglives.org

CASA - Williamson Co.

The mission of CASA is to provide court-appointed volunteer advocates to abused and neglected children. The program's goal is a safe, permanent, nurturing home for every child it serves.

PHONE 615-591-2699

ADDRESS PO Box 680774

Franklin, TN 37064

WEB williamsoncountycasa.org

Child Support Services - Williamson County

Assistance to custodial parents/ caregivers to obtain financial support and healthcare for their children.

PHONE 615-591-9292

ADDRESS 144 Southeast Parkway, Suite 205

Franklin, TN 37064

WEB tn.gov/humanservices/for-families/child-support-services

Davis House Child Advocacy Center

Provides support and therapeutic services to children who have experienced sexual or significant physical abuse or other traumatic events, as well as trauma-informed community education.

PHONE 615-790-5900

ADDRESS 101 Forrest Crossing Blvd., Suite 106

Franklin, TN 37064

WEB davishousecac.org

Department of Children's Services - Williamson Co.

This Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system, adoption, and Juvenile Justice divisions

PHONE 615-790-5965

ADDRESS 1810 Columbia Ave, Suite 18

Franklin, TN 37064

WEB tn.gov

Department of Human Services- Williamson County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-790-5502

ADDRESS 203 Beasley Drive

Franklin, TN 37064

WEB tn.gov/humanservices.html

Graceworks

Provides financial assistance (including rent, prescription medicine and utility payments) and supplies for newborns, air conditioners and heaters to residents of Williamson County ONLY.

PHONE 615-794-9055

ADDRESS 104 Southeast Parkway

Franklin, TN 37064

WEB graceworksministries.net

Mid-Cumberland Community Action Agency - Williamson County

Assists eligible low-income households with utility assistance, rent or mortgage assistance, Head Start/Early Head Start, eyeglasses and prescription assistance, nutrition education, food, and Weatherization, case management, and services for the elderly or disabled.

PHONE 615-742-1113

ADDRESS 129 West Fowlkes Street, Suite 136

Franklin, TN 37064

WEB midcumberland.org

My Friend's House

Group home for teenage boys ages 12-18 offering a home like environment with a balance of safety, structure and encouragement

PHONE 615-790-8553

ADDRESS 626 Eastview Circle

Franklin, Tn 37064

WEB myfriendshousetn.org

Senior Center, Fifty Forward - Brentwood

The goal of Fifty Forward is to assist adults 50+ in Middle Tennessee to live longer, more fulfilling lives through innovative programs and services.

PHONE 615-376-0102

ADDRESS 960 Heritage Way

Brentwood, TN 37207

WEB fiftyforward.org

WILSON COUNTY**Big Brothers of Mt. Juliet**

Provides assistance with Christman for families in the Mt. Juliet and Gladeville areas, partnering with Toys for Tots, for any family/person who fits our criteria. When a family is experiencing short term difficulties with paying an electrical bill, water bill, heating bill, sewer bill, rent, needing food for their family, medications, etc., we have a committee that takes the request, investigates them and makes a decision on whether help is needed.

PHONE 615-641-0577

ADDRESS P.O. Box 1513

Mt. Juliet, TN 37122

WEB bigbrothersofmtjuliet.org

Brooks House, The

Brooks House is a shelter for women and children in Lebanon, TN. We offer classes and services such as financial counseling, spiritual counseling, employment services and many more thanks to volunteers.

PHONE 615-444-8882

ADDRESS 219 Virginia Ave

Lebanon, TN 37087

WEB brookshousetn.org

CASA - Wilson Co.

The mission of CASA is to provide court-appointed volunteer advocates to abused and neglected children. The program's goal is a safe, permanent, nurturing home for every child it serves.

PHONE 615-443-2002

ADDRESS 111 Castle Heights Avenue
Lebanon, TN 37087

WEB wilsoncountycasa.org

Child Advocacy Center - Lebanon

The Children's Advocacy Centers of Tennessee (CACTN) is a statewide membership organization dedicated to helping communities, through local child advocacy centers, respond to allegations of child abuse in ways that are effective and efficient – and put the needs of child victims first. CACTN strongly believes that the combined professional wisdom and skill of the multidisciplinary team approach results in a more complete understanding of case issues and the most effective child and family-focused system response possible.

PHONE 615-449-7975

ADDRESS 107 N Greenwood St.
Lebanon, TN 37087

WEB cac15.org

Child Support Services - Wilson County

Assistance to custodial parents/ caregivers to obtain financial support and healthcare for their children.

PHONE 615-443-2871

ADDRESS 125 South College Street
Lebanon, TN 37087

WEB tn.gov/humanservices/for-families/child-support-services

College Hills Church of Christ

Assist with emergency food and basic financial training, pregnancy help center, help with utility bills.

PHONE 615-444-9502

ADDRESS 1401 Leeville Pike
Lebanon, TN 37087

WEB collegehills.org

Community Help Center of Wilson County

Free clothing, financial assistance with utilities, free ENSURE to Seniors, gas vouchers for doctor visits, emergency food, prescriptions, free mattresses and box springs, etc.

PHONE 615-449-1856

ADDRESS 203 West High St.
Lebanon, TN 37087

WEB wilsoncountyhelpcenter.org

Department of Human Services- Wilson County

Services: Food Stamp; Families First; Child Care Certificate; Medicaid; and TennCare; Child Support, Deaf-Blind Services, Vocational Rehabilitation.

PHONE 615-443-2746

ADDRESS 155 Legends Drive Suite G
Lebanon, TN 37087

WEB tn.gov/humanservices.html

Family Resource Center - Wilson Co.

Provides referrals for public services, parenting classes, weekend food program, assistance with needs such as food, clothing, school supplies etc. Group meetings and home visitations.

PHONE 615-444-3282

ADDRESS 415 Harding Drive
Lebanon, TN 37087

WEB wcschools.com/departments/student-services/family-resources

Home Safe - Wilson County

Provides assistance to victims of domestic violence, emergency shelter for women and children, 24-hour crisis intervention services, referral system, legal and social advocacy, as well as limited transportation.

PHONE 615-444-8955 Hotline: 615-452-4315

ADDRESS 107 S. Greenwood St., Suite D
Lebanon, TN 37087

WEB homesafeinc.org

Mid-Cumberland Community Action Agency - Wilson County

Assists eligible low-income households with utility assistance, rent or mortgage assistance, Head Start/Early Head Start, eyeglasses and prescription assistance, nutrition education, food, and Weatherization, case management, and services for the elderly or disabled.

PHONE 615-742-1113

ADDRESS 104 Webster Lane
Lebanon, TN 37087

WEB midcumberland.org

Mt. Juliet Community Help Center

The Mt. Juliet Help Center is dedicated to providing temporary & emergency food, utility, & clothing assistance to families in western Wilson County. Our purpose is to help bridge the gap when families are unable to provide basic necessities.

PHONE 615-754-4357

ADDRESS 3425B North Mt. Juliet Road
Mt. Juliet, TN 37087

WEB mtjuliethelpcenter.org

Salvation Army - Wilson Co.

Provides for: homeless and needy, disaster response, social services, youth and seniors, casework/counseling, Christmas programs, human and sex trafficking advocacy, prison and veterans services, after school programs

PHONE 615-449-3495

ADDRESS 723 Lake St.
Lebanon, TN 37087

WEB southernusa.salvationarmy.org/Lebanon-tn

Senior Citizens Center - Lebanon

Social events and recreation services for Senior Citizens.

PHONE 615-449-4600

ADDRESS 670 Coles Ferry Pike
Lebanon, TN 37087

WEB lebanontn.org/334/Senior-Citizens-Center

Senior Citizens Center - Mt. Juliet

Social events and recreation services for Senior Citizens.

PHONE 615-758-9114

ADDRESS 2034 N. Mt. Juliet Road
Mt. Juliet, TN 37122

WEB mjseniorcenter.org

The Glade Church

By referral only: Automotive Ministry gathers and rehabilitates automobiles for families who have a need for dependable transportation for work, family needs, and life. Vehicles pass a safety and reliability inspection by our volunteers, and repairs are made to make the vehicle road-ready for the recipients.

PHONE 615-444-9550

ADDRESS 9000 Stewarts Ferry Pike
Mt. Juliet, TN 37122

WEB thegldechurch.org

Wilson Books From Birth Imagination Library

Wilson Books from Birth, an affiliate of Dolly Parton's Imagination Library, is a literacy program for children aged birth to five, in which children receive a new book of their very own every month until the age of 5.

PHONE 615-444-5586

ADDRESS 149 Public Square
Lebanon, TN 37087

WEB wilsonbooksfrombirth.com

Wilson County Civic League

Provides various education/art programs, recreation activities, helps with rent on housing to low/moderate income families

PHONE 615-449-0719

ADDRESS 321 East Market St.
Lebanon, TN 37087

WEB wilsoncountycivicleague.org

Wilson County Community Help Center

The Wilson County Community Help Center provides a multitude of social service programs to the community in Wilson County. Clothing, Diapers, Electric Service Payment Assistance, Food Pantries, Gas Service Payment Assistance, Prescription Expense Assistance, Thrift Shops, Water Service Payment Assistance.

PHONE 615-449-1856

ADDRESS 203 West High Street
Lebanon, TN 37087

WEB wilsoncountyhelpcenter.org

SERVING MULTIPLE COUNTIES

American Red Cross

Serves: Cheatham, Robertson, Sumner, Trousdale, Williamson, Wilson

The American Red Cross of Nashville Area serves Cheatham, Clay, Davidson, Jackson, Macon, Robertson, Smith, Sumner, Trousdale, Williamson and Wilson counties in Tennessee. Provides vital emergency assistance to help victims of local disasters such as fires, storms, tornadoes, and have blood drives, first aid, CPR classes, and military relief.

PHONE 615-250-4300

ADDRESS 2201 Charlotte Avenue
Nashville, TN 37203

WEB redcross.org/local/tennessee/about-us/locations/nashville-area.html

American Red Cross

Serves: Rutherford, Cannon

Provides vital emergency assistance to help victims of local disasters such as fires, storms, tornadoes, and have blood drives, first aid, CPR classes, and military relief.

PHONE 615-893-4272

ADDRESS 501 Memorial Blvd
Murfreesboro, TN 37129

WEB redcross.org/local/tennessee/about-us/locations/heart-of-tennessee.html

Department of Children's Services - Wilson Co. (also serves Trousdale Co.)

Serves: Wilson, Trousdale

This Department investigates allegations of child abuse and neglect. DCS also administers the state's foster-care system, adoption, and Juvenile Justice divisions

PHONE 615-443-2750

ADDRESS 217 East High Street Suite 108
Lebanon, TN 37087

WEB tn.gov

Home Safe

Serves: Sumner, Robertson

Provides assistance to victims of domestic violence, emergency shelter for women and children, 24-hour crisis intervention services, referral system, legal and social advocacy, as well as limited transportation.

PHONE 615-452-5439

Hotline: 615-452-4312

ADDRESS 331 South Water Avenue
Gallatin, TN 37066

WEB homesafeinc.org

Salvation Army - Rutherford and Cannon Co.

Serves: Rutherford, Cannon

Provides services to the community including daily congregational meals, personal hygiene items and shelter for homeless men/women and families.

PHONE 615-895-7071

ADDRESS 1137 W. Main Street
Murfreesboro, TN 37129

WEB salvationarmynashville.org

Sunnyside Up Youth Pregnancy Services

Serves: Sumner, Rutherford, Williamson

Provides labor and postpartum doula services to youth ages 13-25. Offers new parent education, lactation services, and mental health resources to young families.

PHONE 615-200-6463

ADDRESS 6339 Charlotte Pike Nashville, TN 37209

WEB sunnysideupyouth.org

Trust Yourself

Serves: Robertson, Rutherford, Sumner, Trousdale, Wilson

Domestic violence support groups and free confidential trauma-informed care including case management to help survivors find and access local resources.

PHONE 615-502-0520

ADDRESS PO Box 405 Mount Juliet, TN 37121

WEB trust-yourself.org

Housing

Affordable and senior housing, homebuyer and rental counseling, fair housing, and home repair programs.

SERVING ALL COUNTIES

AAA Residential Resources

Residential Resources provides home rental and homebuyer education and counseling, as well as foreclosure prevention counseling and financial counseling for people in Middle Tennessee.

PHONE 615-650-9779

ADDRESS 604 Gallatin Road, Suite 103

Nashville, TN 37206

WEB aaa-rrhousing.org

Affordable Housing Resources

Affordable Housing Resources, is Nashville's oldest non-profit housing organization. AHR offers homebuyer education, homebuyers counseling, affordable homes for sale, and down payment assistance.

PHONE 615-251-0025

ADDRESS 50 Vantage Way, Ste. 107

Nashville, TN 37228

WEB affordablehousingresource.com

Centerstone - Supportive Services for Veterans Families

Supportive Services for Veteran Families prevents homelessness by helping qualifying veterans and their families gain access to the resources they need in order to successfully transition to or maintain permanent housing.

PHONE 877-467-3123

ADDRESS 612 W. Due West

Madison, TN 37115

WEB ssvfonline.org

Community Options

Assist people with disabilities moving from nursing homes and state institutions, or who are living with family members and are on waiting lists for community placement to find housing in the community.

PHONE 615-885-1099

ADDRESS 2815 Patriot Way Nashville, TN 37206

WEB comop.org/about-us/our-offices/tennessee/#Nashville

Dominion Financial Management - Homebuyer Education

Certified training program reviewing all aspects of the home buying process.

PHONE 615-220-5858

ADDRESS 660 Fitzhugh Boulevard, Suite 100

Smyrna, TN 37167

WEB dominionfinancial.org

Habitat for Humanity of Greater Nashville

Builds safe and affordable housing for income eligible families and individuals.

PHONE 615-942-1291

ADDRESS 414 Harding Pl, Suite 110

Nashville, TN 37211

WEB habitatnashville.org

Life of Victory International Christian Ministry - Homebuyer Classes

Foreclosure prevention counseling; home buyer education workshops

PHONE 615-213-1468

ADDRESS 144 Bain Dr. Suite 200 LaVergne, TN 37086

WEB lifeofvictoryministries.org

Living Development Concepts

Agency provides affordable housing and better communities in Davidson (and surrounding) counties through a variety of services.

PHONE 615-823-1931

ADDRESS 3250 Dickerson Pike Suite 212

Nashville, TN 37207

WEB livingdevelopmentconcepts.org

MTSU - Charlie and Hazel Daniels Veterans and Military Family Center

Provides transition services for Veterans and their families as they return to civilian life after military service. Help with enrollment and and/or find employment.

PHONE 615-904-8347

ADDRESS 1301 East Main Street

Murfreesboro, TN 37132

WEB mtsu.edu/military

Neighborhood Assistance Corporation of America - National Office

Provides national non-profit housing services organization that assists low- and moderate-income individuals and families in home purchase and in mortgage foreclosure prevention.

PHONE 425-602-6222

ADDRESS 225 Centre St. Suite 100 Boston, MA 02119

WEB naca.com

New Level Community Development Corporation

New Level Community Development Corporation provides homebuyer education, financial coaching, a matched savings program for those buying their first homes, affordable homes for rent, and affordable homes for sale.

PHONE 615) 627-0347

ADDRESS 1112 Jefferson Street
Nashville, TN 37208

WEB newlevelcdc.org

Operation Stand Down TN - Nashville

Provides services to US military Veterans related to housing, homelessness, hunger, careers, crisis, and connection.

PHONE 615-248-1981

ADDRESS 1125 12th Avenue South
Nashville, TN 37203

WEB osdtn.org

Rebuilding Together Nashville

Restores, rebuilds, and provides critical repairs on homes to low-income homeowners in Davidson county.

PHONE 615-297-3955

ADDRESS 6101 Centennial Blvd.
Nashville, TN 37209

WEB rtnashville.org/home

Rural Development, US Dept. of Agriculture

Housing loans for low income families. Business, community, housing programs - in all 96 counties in TN

PHONE 615-783-1300

ADDRESS 441 Donelson Pike, Suite 310
Nashville, TN 37214

WEB rd.usda.gov

Sickle Cell Foundation of TN - Nashville

Provides rent/mortgage assistance, utility assistance, summer camp for children, gas vouchers, and burial assistance to individuals living with sickle cell.

PHONE 901-552-4267

ADDRESS 2817 West End Ave. Nashville, TN 37203

WEB sicklecelltn.org

Tennessee Fair Housing Council

The Tennessee Fair Housing Council provides legal assistance to people who have been discriminated against (in housing circumstances) because of their race, religion, national origin, disability, familiar status, sexual orientation, gender identity and creed.

PHONE 615-874-2344

ADDRESS P.O Box 290452 Nashville, TN 37229

WEB tennfairhousing.org

Tennessee Housing Development Agency - TN Housing Search

Affordable housing search engines

WEB tnhousingsearch.org

The Housing Fund - Nashville

Provides down payment assistance, home improvement loans, a shared equity program, homebuyer education, and foreclosure prevention counseling in Tennessee.

PHONE 615-780-7000

ADDRESS 1009 Gallatin Pike Madison, TN 37115

WEB thehousingfund.org

TN Human Rights Commission - Nashville Office

Provides assistance for people who have been denied equal access to employment, housing, or public buildings and services on the basis of race, color, creed, national origin, religion, sex, disability, familial status (housing only), and age (over 40 in employment).

PHONE 800-251-3589

ADDRESS 312 Rosa L Parks Avenue, 23rd Floor
Nashville, TN 37243

WEB tn.gov/humanrights

TN Valley Healthcare System - Nashville VA Medical Center

Health/Disabilities Related Volunteer Opportunities, Section 8 Housing Choice Vouchers, Veterans Affairs Medical Centers

PHONE 615-327-4751

ADDRESS 1310 24th Avenue South
Nashville, TN 37212

WEB tennesseevalley.va.gov/index.asp

Woodbine Community Organization

Offers homebuyer and homeowner education, single-family and multifamily rentals, shared housing, housing for purchase, money management classes, and more.

PHONE 615-833-9580

ADDRESS 643 Spence Lane
Nashville, TN 37217

WEB woodbinecommunity.org

You Can Make It Home Ownership Center

Agency providing various housing and credit counseling coaching sessions and classes.

PHONE 615-355-0005

ADDRESS 660 Fitzhugh Boulevard #108
Smyrna, TN 37167

WEB ycmihoc.com

CANNON COUNTY

Housing Authority - Woodbury

Public Housing for low-income families and individuals

PHONE 615-563-5276

ADDRESS 401 McFerrin Street
Woodbury, TN 37190

UCHRA - Cannon County - Rent Assistance

Program that makes rental payments for people who are at risk of eviction without assistance and who meet age, income, disability, need or other requirements.

PHONE 615-563-2916

ADDRESS 301 West Main Street, Room 302
Woodbury, TN 37190
WEB uchra.com

CHEATHAM COUNTY

Bethesda Center

Provides utility bill assistance to individuals in Ashland City, Chapmansboro, Joelton and Pleasant View in Ashland City.

PHONE 615-792-1389

ADDRESS 124 South Main St. Suite 101 Ashland City, TN 37015
WEB facebook.com/Bethesda-Center-168306153229820

Mid-Cumberland Community Action Agency - Cheatham County

Rent and utility assistance. Weatherization assistance program to improve the energy efficiency of low-income homes.

PHONE 615-742-1113

ADDRESS 384 South Main St.
Ashland City, TN 37015
WEB midcumberland.org

The Ark Community Resource Center

Emergency utility assistance for utility bills

PHONE 615-457-1931

ADDRESS 710 Highway 70 Pegram, TN 37143
WEB arkcrc.org

DICKSON COUNTY

Dickson County Help Center

Assistance with rent/mortgage payments for eligible families who have a financial crisis. Offers food pantry clothing and prescription assistance.

PHONE 615-441-0076

ADDRESS 103 W College St. Dickson, TN 37055
WEB dicksoncountyhelpcenter.org

Walnut St. Church of Christ

Church provides limited rental payment and utility bill assistance for Dickson county residents.

PHONE 615-446-2909

ADDRESS 201 Center Ave. Dickson, TN 37055
WEB wscoc.com

HUMPHREYS COUNTY

St. Vincent DePaul Society

Provides emergency financial assistance for rent to residents of Humphreys county.

PHONE 931-582-8454

ADDRESS 175 Saint Patrick St. McEwen, TN 37101
WEB stpatrickmcewen.org/st-vincent-de-paul

ROBERTSON COUNTY

COPE of Robertson County

Assists with utility bills for Robertson county residents. I Cannot assist if already assisting with rent.

PHONE 615-384-1465

ADDRESS 810 S Main St. Springfield, TN 37172
WEB facebook.com/copeofrobertsonco

Housing Authority- Springfield

Public Housing for low-income families and individuals

PHONE 615-384-4591

ADDRESS 808 Rosehill Circle
Springfield, TN 37172

Mid-Cumberland Community Action Agency - Robertson County

Rent and utility assistance. Weatherization assistance program to improve the energy efficiency of low-income homes.

PHONE 615-742-1113

ADDRESS 505 Hill Street
Springfield, TN 37172
WEB midcumberland.org

RUTHERFORD COUNTY

Barnabas Vision

Provides partial rent and utility assistance to those in need in Rutherford county.

PHONE 615-556-5134

ADDRESS 141 MTCS Rd. Murfreesboro, TN 37129
WEB thebarnabasvision.org

Colony Square Apartments

80 affordable units

PHONE 615-459-2949

ADDRESS 500 Rock Springs Rd. Smyrna, TN 37167

WEB lhp.net

Community Helpers of Rutherford County

Provides Rent, Utility & Medication financial assistance with community referrals for Rutherford County residents during a monetary crisis.

PHONE 615-898-0617

ADDRESS 1809 Memorial Blvd.
Murfreesboro, TN 37129

WEB chorctn.org

Country Place Apartments

Income based housing

PHONE 615-355-0192

ADDRESS 400 Windellwood Circle
Smyrna, TN 37167

DuSan Apartments

Accepts Section 8 vouchers

PHONE 615-898-0210

ADDRESS 600 Dusan Blvd.
Murfreesboro, TN 37129

Habitat for Humanity - Rutherford Co. Area

Builds safe and affordable housing for income eligible families and individuals.

PHONE 625-890-5877

ADDRESS 850 Dr. Martin Luther King, Jr. Blvd.
Murfreesboro, TN 37130

WEB rchfh.org

Housing Authority - Murfreesboro

Public Housing for low-income families and individuals

PHONE 615-893-9414

ADDRESS 415 N. Maple St.
Murfreesboro, TN 37129

WEB mha-tn.org

Housing Authority - Smyrna

Public Housing for low-income families and individuals

PHONE 615-459-8866

ADDRESS 701 Stan Circle
Smyrna, TN 37167

WEB smyrnahousingauthority.com

Imperial Gardens

Income based housing

PHONE 615-459-0999

ADDRESS 1 Imperial Blvd.
Smyrna, TN 37167

Mid-Cumberland Community Action Agency - Rutherford County

Rent and utility assistance. Weatherization assistance program to improve the energy efficiency of low-income homes.

PHONE 615-742-1113

ADDRESS 412 E. Vine St. Murfreesboro, TN 37130

WEB midcumberland.org

Murfreesboro Community Development Department - Home Rehabilitation/Tree Removal Program/Down Payment Assistance Program

Provides housing rehabilitation assistance to low income families in Murfreesboro, TN who own homes which do not meet minimum standards as determined by the City's Building and Codes Department.

PHONE 615-890-4660

ADDRESS 211 Bridge Ave. Room 136 Murfreesboro, TN 37133

WEB murfreesborotn.gov/112/Community-Development

Rutherford Woodlands Apt

Income based housing

PHONE 866-784-1551

ADDRESS 1310 North Rutherford Blvd.

WEB rutherfordwoodlands.com

Smyrna Housing Authority - Meadowlawn Manor

Public Housing for low-income senior citizens

PHONE 615-459-8866

ADDRESS 701 Stan Circle
Smyrna, TN 37167

WEB smyrnahousingauthority.com/index.php

St. Lukes Catholic Church

Provides utility service payment assistance to individuals that reside in Smyrna or La Vergne

PHONE 615-459-9196

ADDRESS 10682 Old Nashville, TN 37167

WEB saintlukesmyrnatn.com

St. Pauls Episcopal Church

Provides limited amount of past due utility assistance and limited past due rent for person in need in Murfreesboro area. Cannot assist with rent if an eviction is already in process.

PHONE 615-893-3780

ADDRESS 116 North Academy St. Murfreesboro, TN 37130

WEB stpaulsmurfreesboro.org/serve/need-assistance

Westbrooks Towers

Income based housing for senior citizens

PHONE 615-890-9862

ADDRESS 515 N. Walnut Street
Murfreesboro, TN 37130

WEB wbtowers.org

STEWART COUNTY**Good Samaritans Center**

Provides rent payment assistance for Stewart county residents.

PHONE 931-232-5956

ADDRESS 303 Donelson Parkway Dover, TN 37058

WEB facebook.com/goodsamsc

SUMNER COUNTY**Habitat for Humanity of Sumner County**

Builds safe and affordable housing for income eligible families and individuals.

PHONE 615-452-9606

ADDRESS 327 Sumner Hall Drive
Gallatin, TN 37066

WEB habitatsumnercounty.org

Hendersonville Samaritan Association

Provides rent assistance to Hendersonville residents in need.
Assistance is provided on a case by case basis.

PHONE 615-824-7105

ADDRESS 116 Dunn St. Hendersonville, TN 37075

WEB tnhsa.org

Housing Authority - Gallatin

Public Housing for low-income families and individuals

PHONE 615-452-1661

ADDRESS 401 N. Boyers Ave.
Gallatin, TN 37066

WEB gallatinha.com

Housing Authority - Portland

Public Housing for low-income families and individuals

PHONE 615-325-4559

ADDRESS 107 Potts Ave.
Portland, TN 37148

WEB portlandtnha.org

Mid-Cumberland Community Action Agency - Sumner County

Rent and utility assistance. Weatherization assistance program to improve the energy efficiency of low-income homes.

PHONE 615-742-1113

ADDRESS 657 S. Water Ave. Gallatin, TN 37066

WEB midcumberland.org

Portland Cares

Provides utility assistance to residents of Bethpage, Cottontown, Portland and Westmoreland.

PHONE 615-325-7805

ADDRESS 617 Highway 52 East Portland, TN 37148

Society of St. Vincent de Paul

Provides rent payment and utility bill assistance to residents of Gallatin and Castalian Springs.

PHONE 615-452-2977

ADDRESS 449 N Water Ave. Gallatin, TN 37066

WEB saintvincentsumner.com

TROUSDALE COUNTY**Housing Authority - Hartsville**

Public Housing for low-income families and individuals

PHONE 615-374-3959

ADDRESS 212 Rogers Street
Hartsville, TN 37074

Mid-Cumberland Community Action Agency - Trousdale County

Rent and utility assistance. Weatherization assistance program to improve the energy efficiency of low-income homes.

PHONE 615-742-1113

ADDRESS 334 Broadway Hartsville, TN 37074

WEB midcumberland.org

WILLIAMSON COUNTY**Building Lives Foundation**

Agency serves veterans that are in need of transitional housing services, food, rent assistance, mortgage assistance, and utility assistance.

PHONE 615-678-4967

ADDRESS 2000 Mallory Lane, Suite 130-166
Franklin, TN 37067

WEB wearebuildinglives.org

Country Place Apartments

Income based housing

PHONE 615-384-9226

ADDRESS 2599 S Main St.

Springfield, TN 37172

Franklin Housing Authority

Housing for low-income families and individuals

PHONE 615-794-1247

ADDRESS 200 Spring Street

Franklin, TN 37064

WEB franklinhousingauthority.com

Graceworks

Provides rent or mortgage payment assistance to individuals experiencing financial hardship.

PHONE 615-794-9055

ADDRESS 104 Southwest Parkway Franklin, TN 37064

WEB graceworkstn.org

Habitat for Humanity of Williamson-Maury

Builds safe and affordable housing for income eligible families and individuals.

PHONE 615-690-8090

ADDRESS 109 Noah Drive

Franklin, TN 37064

WEB hfhwm.org

Mid-Cumberland Community Action Agency - Williamson County

Rent and utility assistance. Weatherization assistance program to improve the energy efficiency of low-income homes.

PHONE 615-742-1113

ADDRESS 129 West Fowlkes Street, Suite 136

Franklin, TN 3706

WEB midcumberland.org

Shelter Equity

Provides housing resources and assistance for residents who are low-income, who are elderly, who have disabilities, and who are workforce families.

PHONE 615-790-5556

ADDRESS 3595 Carothers Parkway Franklin, TN 37067

WEB shelterequity.org

WILSON COUNTY

Forrest View Apartments

Tax credit property

PHONE 615-758-3623

ADDRESS 119 Belinda Parkway

Mt. Juliet, TN 37122

Greentree Pointe Apartments

Income based housing, tax credit property

PHONE 615-453-3006

ADDRESS 1640 West Main St.

Lebanon, TN 37087

WEB greentreepointe.com

Habitat for Humanity - ReStore Wilson County

Habitat for Humanity's ReStore offers affordable furniture, appliances, and building materials.

PHONE 615-964-6599

ADDRESS 200 Granville Dr. Lebanon, TN 37090

WEB habitatnashville.org

Habitat for Humanity - Wilson Area

Builds safe and affordable housing for income eligible families and individuals.

PHONE 615-964-6599

ADDRESS 200 Granville Dr. Lebanon, TN 37090

WEB habitatnashville.org

Housing Authority - Lebanon

Public Housing for low-income families and individuals

PHONE 615-444-1872

ADDRESS 49 Upton Heights

Lebanon, TN 37087

WEB lhatn.org

Meadows of Lebanon

Tax credit property

PHONE 615-453-9017

ADDRESS 50 Meadows Drive

Lebanon, TN 37087

WEB meadowsoflebanon.com

Mid-Cumberland Community Action Agency - Wilson County

Rent and utility assistance. Weatherization assistance program to improve the energy efficiency of low-income homes.

PHONE 615-742-1113

ADDRESS 112 Webster Lane

Lebanon, TN 37087

WEB midcumberland.org

Mt. Juliet Help Center

Provides utility assistance to families in west Wilson county.

PHONE 615-754-4357

ADDRESS 3425B N Mt. Juliet Rd. Mt. Juliet, TN 37122

WEB mtjuliethelpcenter.org

Northwood Park Apartments

Accepts Section 8 vouchers

PHONE 615-444-2455

ADDRESS 223 Western Ave.

Lebanon, TN 37087

Peyton Park Apartments

Tax credit property

PHONE 615-453-5100

ADDRESS 360 Peyton Court

Lebanon, TN 37087

WEB peytonparkapts.com

Rollingwood Apartments

Accepts Section 8 vouchers

PHONE 615-453-0686

ADDRESS 100 Rollingwood Dr.

Lebanon, TN 37087

WEB rollingwoodapts.com

Salvation Army

Provides limited portion of rent (does not help with rental deposits) for Wilson county residents who are transitioning out of homelessness.

PHONE 615-449-3495

ADDRESS 723 Lake St. Lebanon, TN 37087

WEB southernusa.salvationarmy.org/Lebanon-TN/home-1

Spring Hill Townhomes

Income based housing, tax credit property

PHONE 615-434-8607

ADDRESS 574 Trousdale Ferry Pike

Lebanon, TN 37087

WEB livesspringhilltownhomes.com

Stoner Creek Apartments

Income based housing

PHONE 615-758-5494

ADDRESS 127 Belinda Parkway

Mt. Juliet, TN 37122

Wilson County Community Help Center

Provides financial assistance to pay electric bills every 6 months to individuals in need.

PHONE 615-449-1856

ADDRESS 203 West High St. Lebanon, TN 37087

WEB wilsoncountyhelpcenter.org

SERVING MULTIPLE COUNTIES

Good Neighbor Foundation

Serves: Dickson, Williamson

Provides free foreclosure prevention counseling for homeowners in danger of losing their homes, working with lenders and homeowners to keep them in their homes.

PHONE 615-610-4912

ADDRESS 129 W Fowlkes St. Suite 129 Franklin, TN 37064

WEB homeownershiptn.com

HART

Serves: Cannon, Wilson

Assists low income individuals who are homeless or at risk of becoming homeless with finding housing and/or emergency shelter.

PHONE 844-556-7626

ADDRESS PO Box 3311 Crossville, TN 38557

WEB hartth.org

The Hope Center White House

Serves: Sumner, Robertson

Assists with mortgage payments in emergency situations. White House only.

PHONE 615-672-0298

ADDRESS 1115 Highway 76 White House, TN 37188

WEB facebook.com/hopecenterwhitehouse

White House Housing

Serves: Sumner, Robertson

12 units of affordable rental housing for low-income and elderly or low-income with disability.

PHONE 615-672-3023

ADDRESS 306 Whitson Ct. White House, TN 37188

Disabilities

Support, advocacy, early intervention, recreation, and services for people with disabilities and their families.

SERVING ALL COUNTIES

Ables Recreational Association

Provides recreational opportunities to children and adults with disabilities in Rutherford, Williamson, Davidson, Cannon, and Wilson counties. Offers recreational activities including bowling, softball, soccer, dances and other social gatherings.

PHONE 615-751-7824

ADDRESS 211 Hager Drive
Smyrna, TN 37167

WEB ablesinc.org

Alzheimer's Association

Assists the persons with Alzheimer's and/or their families in planning and dealing with all aspects of the illness. Components include: assessment of needs, assistance with planning and problem solving, and provision of supports.

PHONE 615-315-5880

ADDRESS 1801 West End Ave. Suite 200 Nashville, TN 37203

WEB alz.org/tn

Amedisys Home Health

Provides home health care for people who are experiencing illness but want to remain in their home.

PHONE 615-313-7400

ADDRESS 2601 Elm Hill Pike Suites A,B & C Nashville, TN 37214

WEB amedisys.com

ARC of Tennessee

Advocates for the rights and full participation of all people with intellectual and/or developmental disabilities.

PHONE 615-248-5878

ADDRESS 545 Mainstream Drive, Suite 100
Nashville, TN 37064

WEB thearctn.org

Bill Wilkerson Center, Vanderbilt, Main Office

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems.

PHONE 615-936-5000

ADDRESS 1215 21st Avenue S, Suite 9302
Nashville, TN 37232

WEB vanderbilthealth.com/service-line/vanderbilt-bill-wilkerson-center

Bridges (Hearing)

Social work services, educational programs and workshops, outreach for those with hearing loss

PHONE 615-248-8828

ADDRESS 935 Edgehill Avenue
Nashville, TN 37203

WEB bridgesfordeafandhh.org

Centennial Adultcare Center

Offers a full range of day care services to individuals with a wide variety of physical and/or cognitive impairments.

PHONE 615-383-3399

ADDRESS 1808 8th Ave. S Nashville, TN 37203

WEB centennialadultcare.com

Community Options, Inc. - Nashville

Independent Living Skills Instruction, In Home Assistance, Residential Placement Services for People With Disabilities, Respite Care, Special Needs Job Development, Supported Employment, Supported Living Services for Adults With Disabilities

PHONE 615-885-1099

ADDRESS 2815 Patriot Way
Nashville, TN 37206

WEB comop.org

Cystic Fibrosis Foundation-Compass

Personalized service to help with insurance, financial, legal and other issues faced by anyone with cystic fibrosis, their family and their care teams.

PHONE 865-583-0355

ADDRESS 3401 Mallory Lane Suite 100 Franklin, TN 37067

WEB cff.org

Disability Rights TN - Nashville

Provides free legal advocacy services to protect the rights of Tennesseans with disabilities.

PHONE 615-298-1080

ADDRESS 2 International Plaza, Suite 825
Nashville, TN 37217

WEB disabilityrightstn.org

Disabled American Veterans - TN Chapter

Job Fairs, Non-Emergency Medical Transportation, Scholarships, Veteran Benefits Assistance, Veteran Education Benefits

PHONE 615-695-6384

ADDRESS 110 9th Avenue South, Room C166-B
Nashville, TN 37203

WEB dav.org

Easter Seals TN - State Headquarters

Provides programs for children and adults with disabilities as well as supportive services for their families; programs for veterans and military families; and services for older adults.

PHONE 615-292-6640

ADDRESS 500 Wilson Pike Circle Suite 228 Brentwood, TN 37027

WEB easterseals.com

Empower Tennessee

A center for independent living providing information and referral, peer support, advocacy, skills training, transition services, employment readiness, benefits counseling, ADA consultations, and braille transcription to people with disabilities.

PHONE 615-200-6028

ADDRESS 955 Woodland St
Nashville, TN 37206

WEB empowertn.org

Epilepsy Foundation of Middle and West TN

Provides free information and referrals

PHONE 615-269-7091

ADDRESS 1108 McKennie Ave. Nashville, TN 37206

WEB epilepsy.com

Family Voices of TN

A program of the Tennessee Disability Coalition that provides resources and information for families of children with special health care needs, chronic illness, or disabilities.

PHONE 615-383-9442

ADDRESS 955 Woodland St
Nashville, TN 37206

WEB familyvoicestn.org

Free Non-Credit College/Vocational School Classes for Seniors & Persons w/Total Disability in TN

The TN Board of Regents provides free classes (no credit) for TN residents 60 and over, persons with a permanent, total disability or persons who have retired from state service with 30 or more years of service.

PHONE 615-366-4400

ADDRESS 1 Bridgestone Park 3rd Floor
Nashville, TN 37214

WEB tbr.edu

Greater Nashville Regional Council - Area Agency on Aging & Disability

The Greater Nashville Regional Council serves as Middle Tennessee's Area Agency on Aging & Disability, one of nine regional agencies statewide whose mission is to plan programs and services and advocate for the older population and adults with disabilities.

PHONE 615-862-8828

ADDRESS 44 Vantage Way, Suite 450 Nashville, TN 37228

WEB gnrc.org

Hillcrest Healthcare Center

Skilled nursing facility that offers physical, occupational and speech therapy as well as some respiratory therapy services.

PHONE 615-792-9154

ADDRESS 111 Pemberton Dr. Ashland City, TN 37015

WEB hillcresthealthcenter.com

Junior League Family Resource Center

Helps families and others involved in the care of children (birth-age 20) with chronic illness or disability obtain information about the condition, treatment, and available support services.

PHONE 615-936-2558

ADDRESS Vanderbilt Children's Hospital - Second Floor, 2200
Children's Way, Suite 2125
Nashville, TN 37232

Kids Central TN

The Children's Special Services (CSS) program provides medical care for children with physical disabilities from birth to 21 years of age. The program is coordinated through the local health departments in all 95 Tennessee counties and provides resources for medical and nonmedical services.

PHONE 615-741-7353

WEB kidcentraltn.com/development/special-needs/childrens-special-services.html

Medicare Rights Center - Medicare Information

Works to ensure access to affordable health care for older adults and people with disabilities through counseling, advocacy, education programs and public policy initiatives concerning Medicare.

PHONE 800-333-4114

WEB medicarerights.org

New Horizons Corporation

New Horizons is a non-profit agency providing supported employment, supported living, and social opportunities for persons with intellectual and developmental disabilities.

PHONE 615-360-8595

ADDRESS 5221 Harding Place
Nashville, TN 37217

WEB newhorizonscorp.com

Nurses for Newborns

Provides a safety net for families most at risk; to help prevent infant mortality, child abuse and neglect through home-based programs that provide education, healthcare and positive parenting skills. We provide services to babies who are born with medical problems, born to teen moms or to mothers with disabilities/mental health concerns, or who are born into families who do not have money for even basic necessities. We have programs that serve teen moms, moms that are mentally or physically challenged, infants that are sick, and general population families that are in need. In addition to the medical component of our programs we assist families in getting connected with any additional medical, social or government services they may need. Families may receive services for up to 2 years and are not charged.

PHONE 615-313-9989

ADDRESS 1606 Porter Road, Suite 200
Nashville, TN 37206

WEB nursesfornewborns.org/tennessee

Open Arms Care Corp.

Provides a broad array of educational, physical and behavioral learning opportunities designed to assist each client to maximize their personal development and independence. Some services include: medical services, 24 hour care, vocational training, arts and leisure services and activities of daily living and social development.

PHONE 615-776-1011

ADDRESS 12641 Old Hickory Blvd. Antioch, TN 37013

WEB openarmscare.org

Paralyzed Veterans of America - Middle TN - Veteran's Benefits Assistance

Assists veterans with disabilities with filing claims for equipment including wheelchair, adaptive equipment, prosthetics, and disability income and pensions.

PHONE 800-795-3569

ADDRESS 110 9th Avenue South, Room C 108
Nashville, TN 37203

WEB pva.org

Park Center

Provides support to people seeking help with mental health, substance abuse and homelessness through programs such as housing, day programs, homeless outreach and employment services.

PHONE 615-242-3576

ADDRESS 1935 21st Ave. S Nashville, TN 37212

WEB parkcenternashville.org

Progress Inc.

Provides day programs for adults with intellectual disabilities and seniors. residential supports including companion services, homemaker, and personal care (for people with intellectual disabilities and seniors in need); respite care services (for people with intellectual disabilities and seniors); transportation (for seniors); and employment services (for people with disabilities).

PHONE 615-399-3000

ADDRESS 319 Ezell Pike
Nashville, TN 37217

WEB progress-inc.org

Project TREDs, Children's Hospital at Vanderbilt

TREDs is a federally funded program that provides free services to families, educators, and other professionals with the knowledge and skills needed to improve outcomes for individuals, age's birth through 21, who have a combined hearing and vision loss. Anyone can refer an individual to TREDs.

PHONE 615-936-0262

ADDRESS 2200 Children's Way
Nashville, TN 37232

WEB childrenshospitalvanderbilt.org/service/tennessee-deaf-blind-project

Shriner's

Changes lives every day through innovative pediatric specialty care, world-class research, and outstanding medical education.

PHONE 615-226-7766

ADDRESS 1604 Elm Hill Pike Nashville, TN 37210

WEB almenahshriners.org

Social Security Administration

The Social Security Administration assists people of working age to estimate future Social Security benefits, people who are permanently disabled to obtain disability benefits, those who are retired to receive Social Security retirement benefits and Medicare, and those who have lost a spouse or, in some cases, a parent, to receive survivors benefits.

PHONE 866-964-7392

ADDRESS 637 Commons Drive
Gallatin, TN 37066

WEB ssoffice.location.com/offices/tennessee/gallatin

Social Security Administration

The Social Security Administration assists people of working age to estimate future Social Security benefits, people who are permanently disabled to obtain disability benefits, those who are retired to receive Social Security retirement benefits and Medicare, and those who have lost a spouse or, in some cases, a parent, to receive survivors benefits.

PHONE 877-808-5461

ADDRESS 120 Athens Way
Nashville, TN 37228

WEB ssoffice.location.com/offices/tennessee/nashville

Social Security Administration

The Social Security Administration assists people of working age to estimate future Social Security benefits, people who are permanently disabled to obtain disability benefits, those who are retired to receive Social Security retirement benefits and Medicare, and those who have lost a spouse or, in some cases, a parent, to receive survivors benefits.

PHONE 866-593-3112

ADDRESS 2836 St Patrick Court
Murfreesboro, TN 3718

WEB ssoffice.location.com/offices/tennessee/murfreesboro

Social Security Administration - Ticket To Work Program

The Ticket to Work and Self-Sufficiency Program is an employment program for people with disabilities who are interested in going to work.

PHONE 866-968-7842

ADDRESS PO Box 1433
Alexandria, VA 22313

WEB choosework.ssa.gov

Southeast Tennessee Area Agency on Aging & Disability

Helps older adults and people with disabilities through benefit assistance, caregiver support, elder rights, healthy aging, in-home support, nutritional programs and transportation services.

PHONE 866-836-6678

ADDRESS PO Box 4757
Chattanooga, TN 37042

WEB setaad.org

Statewide Independent Living Council of Tennessee

The Statewide Independent Living Council (SILC), is an independent nonprofit governed by people with disabilities.

PHONE 615-255-0283

ADDRESS 2603 Elm Hill Pike, Suite L
Nashville, TN 37214

WEB silctn.org

TEIS – Tennessee Early Intervention Services

The Tennessee Early Intervention System (TEIS) is a program that provides services to infants and young children who have disabilities or other developmental delays.

PHONE 800-852-7157

ADDRESS 291 Stewarts Ferry Pike One Cannon Way Building 3rd Floor
Nashville, TN 37214

Tennessee Disability Coalition

Provides coalition of both agencies and individuals which promotes equal participation of individuals with disabilities by providing information, training and technical assistance in complying with Americans with Disabilities Act regulations.

PHONE 615-383-9442

ADDRESS 955 Woodland St
Nashville, TN 37206

WEB tndisability.org

The ALS Association of Tennessee Chapter

Provides personalized support, offers virtual home assessments, alternative communication tools, medical equipment, therapies and care.

PHONE 615-331-5556

ADDRESS 4300 Sidco Dr. Suite 200 Nashville, TN 37204

WEB als.org/support/states/tennessee

TN Disability Determination Services - Disability Determination

Operates by agreement between the State of TN and the Social Security Administration to process Social Security and Supplemental Security Income disability claims.

PHONE 800-342-1117

ADDRESS PO Box 245
Nashville, TN 37202

WEB ssa.gov

TN Disability Pathfinder - TN Disability Information

Pathfinder is a statewide, multilingual disability information clearinghouse with a free statewide helpline and website that includes local, state, and national resources.

PHONE 800-640-4636

ADDRESS The Center Building 2014 Broadway Suite 100 Nashville, TN 37203

WEB tnpathfinder.org

TN Services for the Blind, Visually Impaired, Deaf, Deaf-Blind and Hard of Hearing

The Tennessee Department of Human Services' Division of Rehabilitation Services recognizes the unique needs of individuals who are Deaf, Deaf-Blind and Hard of Hearing.

PHONE 865-403-1624

ADDRESS 520 West Summit Hill Dr.
Knoxville, TN 37902

WEB tn.gov/humanservices/ds/deaf-and-hard-of-hearing-services.html

TN Vocational Rehabilitation Services - State Office

Provides services to help individuals with disabilities enter or return to employment.

PHONE 615-313-4700

ADDRESS 400 Deaderick St. Ste 2 Nashville, TN 37243

WEB tn.gov/humanservices/ds/vocational-rehabilitation.html

United Cerebral Palsy of Middle TN

Provides disability housing assistance, holiday boxes, wheelchair ramps, equipment exchange, educational stipend fund, family support, special needs funds, and sports and recreation for people with disabilities that affect mobility.

PHONE 615-242-4091

ADDRESS 1200 9th Avenue North, Suite 110

Nashville, TN 37228

WEB ucpmidtn.org

Vocational Rehabilitation, Department of Human Services

Provides vocational rehabilitation for the disabled, visually and hearing impaired, physically impaired

PHONE 615-313-4891, 833-751-0597

ADDRESS James K. Polk State Office Building, 15th floor, 505

Deaderick Street

Nashville, TN 37243

WEB tn.gov/humanservices/ds/vocational-rehabilitation.html

CANNON COUNTY

Upper Cumberland Development District - Cannon Co.

The Economic Development and Lending department works with community leaders to secure grant funds primarily for industrial development as well as offering loans to small businesses, the Upper Cumberland Area Agency on Aging and Disability offers a wide array of programs and services for individuals over the age of 60 and other adults with disabilities, promotes economic growth within the region by offering Economic and Community Development services to assist residents, businesses and local government, affordable housing through Cumberland Regional Development Corporation.

PHONE 931-432-4111

ADDRESS 1104 England Drive

Cookeville, TN 38501

WEB ucdd.org

CHEATHAM COUNTY

Vantage Pointe Village

Provides assisted living, respite care and memory care for older adults. One and two bedroom options available with on-site amenities.

PHONE 615-246-0000

ADDRESS 2035 Vantage Pointe Rd. Ashland City, TN 37015

WEB vantagepointevillage.com/communities/ashlandcity

DICKSON COUNTY

Developmental Services of Dickson County

Offers information and referral direction, coordination, dispute resolution, supported employment, early intervention services, group homes, respite care and support for people with intellectual or developmental disabilities and their caregivers in Dickson and surrounding counties.

PHONE 615-446-3111

ADDRESS 115 Luther Rd. Dickson, TN 37055

WEB dsdc.org

NHC

Offers health care services such as rehab, skilled nursing, comfort care, long term nursing home care and outpatient care in Dickson county.

PHONE 615-446-8046

ADDRESS 812 N Charlotte St. Dickson, TN 37055

WEB nhccare.com/locations/dickson

HUMPHREYS COUNTY

James Developmental Center

Provides housing services for adults with physical and developmental disabilities.

PHONE 931-296-7755

ADDRESS 200 Matthews Hollow Rd. Waverly, TN 37185

ROBERTSON COUNTY

HATS (Habilitation and Training Services), Robertson County

Assisting people with intellectual and developmental disabilities by clearing the way to maximize community integration in its various forms and by providing support to ensure a healthy and meaningful life.

PHONE 615-384-2571

ADDRESS 4859 Highway 431 N.

Springfield, TN 37172

WEB hatstn.org

NHC Healthcare-Springfield

Offers health care services such as rehab, skilled nursing, comfort care, long term nursing home care and outpatient care.

PHONE 615-384-8653

ADDRESS 608 E 8th Ave. Springfield, TN 37172

WEB nhccare.com/locations/springfield

RUTHERFORD COUNTY

ACE Learning Center

An inclusive preschool for children ages 12 months through kindergarten age. Our classes provide a developmentally appropriate learning environment where children who are typically developing and children with developmental delays or disabilities play together and learn from each other.

PHONE 615-898-2458

ADDRESS 206 North Baird Lane
Murfreesboro, TN 37132

WEB mtsu.edu/acelearningcenter

ARC of Rutherford County

Advocates for the rights and full participation of all people with intellectual and/or developmental disabilities.

PHONE 615-801-8147

ADDRESS 1109 Carrington Place
Murfreesboro, TN 37128

WEB thearcutherford.org

Centennial Adultcare Center - Murfreesboro

The adult day health care program offers a full range of day care services to individuals with a wide variety of physical disabilities and/or cognitive impairments, including advanced Alzheimer's and other dementias.

PHONE 615-713-1339

ADDRESS 230 Glenis Drive, Suite 302
Murfreesboro, TN 37129

WEB centennialadultcare.com

Journeys in Community Living - Disability Services

Provides community participation services, industrial training services, job training and placement services, special services, residential services and transportation services to adults with intellectual disabilities in both Rutherford and Cannon Counties.

PHONE 615-890-4389

ADDRESS 1130 Haley Road
Murfreesboro, TN 37129

WEB journeystn.org

Mindful Care Adult Day Services

Provides adult day services of socialization and activity for those who are 55+ with cognitive decline as well as respite for their family caregivers.

PHONE 615-542-4371

ADDRESS 265 West Thompson Lane, First United Methodist Church
Murfreesboro, TN 37129

WEB mindful-care.net

NHC HealthCare-Murfreesboro

Provides post acute care, skilled nursing, continuing care and comfort care for persons with terminal illnesses or dementia, and outpatient rehabilitation.

PHONE 615-893-2602

ADDRESS 420 N University St. Murfreesboro, TN 37130

WEB nhccare.com/locations/murfreesboro

NHC-Adams Place

Offers health care services such as rehab, skilled nursing, assisted living, memory care, support groups for caregivers, comfort care, long term nursing home care and out patient care in Murfreesboro

PHONE 615-904-9111

ADDRESS 1927 Memorial Blvd. Murfreesboro, TN 37129

WEB nhccare.com/locations/adamsplace

Possibility Place

Educational day program for adults with intellectual and developmental disabilities. Subjects include math, reading, creative arts, life enrichment, current events, self advocacy and weekly field trips. Agency also offers mental health services.

PHONE 615-653-3840

ADDRESS 200 E Main St. Murfreesboro, TN 37130

WEB possibilityplacetn.org

Special Kids Therapy and Nursing Center

Special Kids is a Christian nonprofit providing therapy and nursing services to children with special needs. Our services include speech therapy, physical therapy, occupational therapy, nursing services, recreational therapy, and a summer day camp.

PHONE 615-809-2632

ADDRESS 2132 E. Main Street
Murfreesboro, TN 37130

WEB specialkidstn.com

TEIS – Tennessee Early Intervention Services

The Tennessee Early Intervention System (TEIS) is a program that provides services to infants and young children who have disabilities or other developmental delays.

PHONE 615-904-3636

ADDRESS 745 South Church St., Suite 703
Murfreesboro, TN 37130

WEB tn.gov/disability-and-aging/disability-aging-programs/teis.html

Tennessee State Veterans' Homes

Provides intermediate and skilled nursing care for Tennessee veterans including those with dementia in a 140 bed facility.

PHONE 615-895-8850

ADDRESS 345 Compton Rd. Murfreesboro, TN 37130

WEB tsvh.org/Murfreesboro

SUMNER COUNTY

Bill Wilkerson Center, Vanderbilt, Hendersonville

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems.

PHONE 615-936-5000

ADDRESS 262 New Shackle Island Road, Suite 207
Hendersonville, TN 37075

WEB childrenshospitalvanderbilt.org/locations/vanderbilt-bill-wilkerson-center-hendersonville

Community TN Rehabilitation Center - Sumner County

Vocational rehabilitation services for eligible individuals with physical or mental disabilities.

PHONE 615-451-5826

ADDRESS 1019 Union School Road
Gallatin, TN 37066

WEB tn.gov/humanservices/ds/community-trc.html

Crestwood Towers

Residential facility for adults 62 and older or persons who are mobility impaired. Independent living environment.

PHONE 615-451-9008

ADDRESS 212 N Boyers Ave. Gallatin, TN 37066

WEB mansermar.com

HATS, Sumner County

Assisting people with intellectual and developmental disabilities by clearing the way to maximize community integration in its various forms and by providing support to ensure a healthy and meaningful life.

PHONE 615-451-0974

ADDRESS 545 Airport Road
Gallatin, TN 37066

WEB hatstn.org

NHC Healthcare-Hendersonville

Provides post acute care, skilled nursing, continuing care and comfort care for persons with terminal illnesses or dementia, and outpatient rehabilitation.

PHONE 931-762-6548

ADDRESS 374 Brink St. Lawrenceburg, TN 38464

WEB nhccare.com/locations/hendersonville

Rainbow Early Intervention

Rainbow Early Intervention (REI) is a service provider for Tennessee Early Intervention System and serves only Sumner County, also financially supported by the United Way of Sumner County. REI provides a learning experience for children from birth to 36 months of age and their families and/or caregivers. A child will qualify based on a screening and developmental test given by the Tennessee Early Intervention System (TEIS) or a medical diagnosis.

PHONE 615-575-4113

ADDRESS 545 Airport Rd.
Gallatin, TN 37066

WEB hatstn.org/rainbow-early-intervention

WILLIAMSON COUNTY

ARC of Williamson County

Advocates for the rights and full participation of all people with intellectual and/or developmental disabilities.

PHONE 615-790-5815

ADDRESS 129 West Fowlkes
Street, Suite 143
Franklin, TN 37064

WEB thearcwc.org

Bill Wilkerson Center, Vanderbilt, Franklin

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems.

PHONE 615-936-5000

ADDRESS 919 Murfreesboro Road
Franklin, TN 37064

WEB childrenshospitalvanderbilt.org/locations/vanderbilt-bill-wilkerson-center-franklin

Center for Living and Learning

Provides therapeutic residential rehabilitation program and a vocational training program for individuals with disabilities.

PHONE 615-269-9932

ADDRESS 1979 Old Hillsboro Road
Franklin, TN 37064

WEB centerforlivingandlearning.com

High Hopes Development Center

Equips children, youth, and their families with the skills necessary to achieve success through education, therapeutic services, and loving support. This inclusive education experience is bolstered by an on-site outpatient clinic providing four branches of pediatric therapy.

PHONE 615-661-5437

ADDRESS 301 High Hopes Court
Franklin, TN 37064

WEB highhopesforkids.org

NHC Place

68 apartment assisted living for residents who need help with meals and day to day living.

PHONE 615-778-6800

ADDRESS 211 Cool Springs Blvd. Franklin, TN 37067

Waves

Empowering individuals with intellectual and developmental disabilities to progress toward their full potential. Offer Early Learning Program, Adult Day Services, Adult Residential Programs, Employment Programs

PHONE 615-794-7955

ADDRESS 1325 W. Main Street, Suite 104
Franklin, TN 370604

WEB wavesinc.com

WILSON COUNTY

Bill Wilkerson Center, Vanderbilt, Lebanon

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems.

PHONE 615-936-5000

ADDRESS 1670 West Main Street, Suite 130
Lebanon, TN 37087

WEB childrenshospitalvanderbilt.org/locations/vanderbilt-bill-wilkerson-center-lebanon

Centennial Adultcare Center - Mt. Juliet

The adult day health care program offers a full range of day care services to individuals with a wide variety of physical disabilities and/or cognitive impairments, including advanced Alzheimer's and other dementias.

PHONE 615-288-8189

ADDRESS 4112 N. Mt. Juliet Rd.
Mt. Juliet, TN 37122

WEB centennialadultcare.com

Easter Seals Tennessee

To provide support services and employment to people who have disabilities or other barriers to personal independence. Prospect will be a provider of excellence in early intervention, family and residential supports, and employment preparation and placement to people with disabilities

PHONE 615-444-0597

ADDRESS 960 Maddox Simpson Parkway
Lebanon, TN 37090

WEB prospectinc.com

Empower Me Center

Day camps designed for children ages 5-21 with mild to moderate physical, developmental, or mental disabilities. Hosts both week long summer day camps and one day camps throughout the year

PHONE 615-453-0005

ADDRESS 2215 Callis Road
Lebanon, TN 37090

WEB empowermecenter.com

Southern STARRS, Inc.

Dedicated to providing safe and goal oriented therapeutic and recreational horseback riding and animal assisted activities to special needs children and adults.

PHONE 615-453-2592

ADDRESS 4020 Cairo Bend Road
Lebanon, TN 37087

WEB southernstarrs.org

Education

Colleges and technical schools, adult education and literacy, libraries, and youth programs.

SERVING ALL COUNTIES

Austin Peay State University - Main Campus

Public four year university that offers competitive associate, bachelor's and master's degrees, including online degree programs that blend the arts and humanities with practical knowledge and skills.

PHONE 931-221-7011

ADDRESS 601 College Street
Clarksville, TN 37044

WEB apsu.edu

Begin Anew - Middle Tennessee

Empowers individuals to overcome obstacles caused by poverty by providing education, mentoring, and resources. High school equivalency; english language learning, computer and job skills.

PHONE 615-244-3669

ADDRESS 1111 Foster Avenue
Nashville, TN 37210

WEB beginanew.org

Begin Anew - Williamson

Empowers individuals to overcome obstacles caused by poverty by providing education, mentoring, and resources. High school equivalency; english language learning, computer and job skills.

PHONE 615-977-8908

ADDRESS 1350 W. Main St.
Franklin, TN 37064

WEB beginanew.org

Begin Anew - Women's Location

Empowers individuals to overcome obstacles caused by poverty by providing education, mentoring, and resources. High school equivalency; english language learning, computer and job skills.

PHONE 615-578-6902

ADDRESS 106 Gallatin Pike N
Madison, TN 37115

WEB beginanew.org

Belmont University

Christian centered community providing an academically challenging education that empowers men and women of diverse backgrounds to engage and transform the world with disciplined intelligence, compassion, courage and faith.

PHONE 615-460-6000

ADDRESS 1900 Belmont Blvd. Nashville, TN 37212

WEB belmont.edu

Better Options TN

Offers education and connection resources in Middle TN for newcomers to the country, including information on rental and housing resources, translation and interpretation services in English and Spanish, notary services, monthly legal clinics with information on immigration and courses specifically focused on teaching language and cultural skills to gain employment in the US

PHONE 615-424-0045

ADDRESS 511 W Meade Blvd. Franklin, TN 37064

WEB betteroptionstn.com

College for TN

Website for college planning resources, career planning tools, college planning and financial aid.

WEB collegefortn.org

Columbia State Community College

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-790-4400

ADDRESS 1228 Liberty Pike
Franklin, TN 37067

WEB columbiastate.edu/campuses/williamson.html

Cumberland University

Private four year college that offers competitive associate, bachelor's and master's degrees, including online degree programs that blend the arts and humanities with practical knowledge and skills.

PHONE 615-444-2562

ADDRESS 1 Cumberland Square
Lebanon, TN 37087

WEB cumberland.edu

Discovery Center

Discovery Center at Murfree Spring is a hands-on museum and nature center that inspires exploration, enhances learning, and builds confidence through diverse programs and exhibits.

PHONE 615-890-2300

ADDRESS 502 S.E. Broad Street
Murfreesboro, TN 37130

WEB exploredhdc.org

Fashioned in His Image

Provides support, mentoring, educational and life skills programs that focus on developing the strengths of women, teens and children.

PHONE 615-650-7475

ADDRESS 340-A West Trinity Lane Nashville, TN 37207

WEB fihi.net

Fisk University Summer camps

Provides summer camp service for kids ages 8-15.

PHONE 615-329-8500

ADDRESS 1000 17th Ave. North Nashville, TN 37208

WEB fisk.edu

Genesis Career College

Offers degrees and training in engineering trades, beauty and barber, and health and medicine.

PHONE 615-453-7066

ADDRESS 1505 Noah Court
Lebanon, TN 37087

WEB genesiscareer.edu/lebanon-tn

Genesis Learning Centers - Rutherford Teen Learning Center

Provides a full school day, Tennessee Department of Education approved, alternative school and HiSET (GED) Program for youth 14-18 years of age.

PHONE 615-898-0051

ADDRESS 2320 Southgate Blvd. Murfreesboro, TN 37128

WEB genesislearn.org/rutherford-teen-learning-center

Harvest Baptist Association-Springfield Baptist Church

Offers English as second language and HiSet classes.

PHONE 615-384-8197

ADDRESS 2106 Park Plaza Dr
Springfield, TN 37172

WEB hbatn.org

Homework Hotline - Tutoring/Homework Help

Homework Hotline provides free one-on-one tutoring by phone to any student in grades K-12 or their parents in Tennessee.

PHONE 615-298-6636

WEB homeworkhotline.info

Lebanon Beauty & Style Academy

Training to become a stylist or nail technician

PHONE 615-453-1464

ADDRESS 414 E. Market St.
Lebanon, TN 37087

WEB facebook.com/lebanonbeautyandstyleacademy

Lipscomb University

Private christian liberal arts institution that offers 176 fields of undergraduate study and several pre-professional programs

PHONE 615-966-1000

ADDRESS One University Park Dr. Nashville, TN 37204

WEB lipscomb.edu

Literacy Council of Middle Tennessee

The Literacy Council provides free resources, counseling, and one-on-one tutoring to residents of all ages in order to enhance their academic skills in all areas.

PHONE 615-757-3219

ADDRESS 394 West Main Street Suite B-12
Hendersonville, TN 37075

WEB facebook.com/literacyMidTN

Middle Tennessee State University (MTSU)

Public four year university that offers competitive associate, bachelor's and master's degrees, including online degree programs that blend the arts and humanities with practical knowledge and skills.

PHONE 615-898-2300

ADDRESS 1301 East Main Street
Murfreesboro, TN 37130

WEB mtsu.edu

Motlow State Community College

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-220-7800

ADDRESS 5002 Motlow College Blvd.
Smyrna, TN 37167

WEB mscc.edu/about/locations/smyrna.html

MTSU Charlie and Hazel Daniels Veterans and Military Family Center

Provides transition assistance for Veterans and their families as they return to civilian life after military service.

PHONE 615-904-8347

ADDRESS 1524 Military Memorial Keathly University Center
Murfreesboro, TN 37130

WEB mtsu.edu/military

Nashville State Community College - East Davidson Campus

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-986-7444

ADDRESS 2845 Elm Hill Pike
Nashville, TN 37214

WEB nscc.edu

Nashville State Community College - Main Campus

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-353-3333

ADDRESS 120 White Bridge Pk.
Nashville, TN 37209

WEB nscs.edu

Nashville State Community College - North Davidson Campus

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 629-208-7400

ADDRESS 1520 Gallatin Pike North Madison, TN 37115

WEB nscs.edu

Nashville State Community College - Southeast Campus

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-780-2760

ADDRESS 5248 Hickory Hollow Pkwy
Antioch, TN 37013

WEB nscs.edu

Nashville State Community College-Dickson Campus

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-740-5998

ADDRESS 206 W Walnut St. Dickson, TN 37055

WEB nscs.edu/campuses/dickson-campus.php

Nashville State Community College-Humphreys County Campus

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 931-296-1739

ADDRESS 695 Holly Lane Waverly, TN 37185

WEB nscs.edu/campuses/humphreys-county-campus.php

Nashville Youth for Christ

Parent life ministry supports teen parents to make good choices, encourage them to further their education and move towards independent living. Campus life ministry has creative programs for middle and high school students to help them establish a solid foundation for life. Juvenile justice ministry engages with youth-serving institutions.

PHONE 615-320-7050

ADDRESS 15380 Old Hickory Blvd. Nashville, TN 37211

WEB nashvilleyfc.org

Tennessee Adult Education

Adult Education, as part of the Workforce Innovations and Opportunity Act (WIOA), provides services to adults to build the knowledge and skills necessary for high school equivalency (HiSET), employment, post-secondary opportunities, and economic self-sustainability.

PHONE 844-224-5818

ADDRESS 220 French Landing Drive
Nashville, TN 37243

WEB tn.gov/workforce/jobs-and-education/ae.html

Tennessee College of Applied Technology - Clarksville/Dickson

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 931-572-1694

ADDRESS 135 International Blvd
Clarksville, TN 37040

WEB tcatsdickson.edu

Tennessee College of Applied Technology - Hartsville

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-374-2147

ADDRESS 716 McMurray Boulevard East
Hartsville, TN 37074

WEB tcathartsville.edu

Tennessee College of Applied Technology - Murfreesboro

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-898-8010

ADDRESS 1303 Old Fort Parkway
Murfreesboro, TN 37129

WEB tcatmurfreesboro.edu

Tennessee College of Applied Technology - Nashville

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-425-5500

ADDRESS 100 White Bridge Road
Nashville, TN 37209

WEB tcatnashville.edu

Tennessee College of Applied Technology - Wilson Co.

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-547-1128

ADDRESS 415 Tennessee Blvd
Lebanon, TN 37087

WEB tcathartsville.edu

Tennessee College of Applied Technology-Dickson Main Campus

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-441-6220

ADDRESS 740 Highway 46 S Dickson, TN 37055

WEB tcatdickson.edu

Tennessee College of Applied Technology-Smyrna/Nissan training center

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-898-8010

ADDRESS 663 Ken Pilkerton Dr. Smyrna, TN 37167

WEB tcatmurfreesboro.edu

Tennessee State University

Public four year university that offers competitive associate, bachelor's and master's degrees, including online degree programs that blend the arts and humanities with practical knowledge and skills.

PHONE 615-963-5000

ADDRESS 3500 John A. Merritt Blvd
Nashville, TN 37209

WEB tnstate.edu

The College System of Tennessee

The TN Board of Regents provides free classes (no credit) for TN residents 60 and over, persons with a permanent, total disability or persons who have retired from state service with 30 or more years of service at any of the community colleges or TN Colleges of Applied Technology in the TN Board of Regents (TBR) system.

PHONE 615-366-4400

ADDRESS 1 Bridgestone Park 3rd Floor
Nashville, TN 37214

WEB tbr.edu

Thrive South Nashville

Works with resettled immigrant and refugee communities to provide them with support services to help them move from surviving to thriving as productive members of the community. Offers ESL adult education classes, citizenship classes, youth mentoring programs and advocacy services.

PHONE 615-496-6035

ADDRESS 1504 Sugarwood Dr. Brentwood, TN 37027

WEB trivesouthnashville.org

TN Dept of Labor and Workforce Development - GED/HiSet Prep Classes/Test Sites Information

Provides listings and referrals for free GED and HiSET (High School equivalency) prep classes and test sites in TN.

PHONE 615-741-7054

ADDRESS 220 French Landing Drive.
Nashville, TN 37243

WEB hiset.ets.org

TN Language Center

American Sign Language Instruction, English as a Second Language, Language Instruction, Language Interpretation, Language Translation, Licensing/Certification/Accreditation

PHONE 615-741-7579

ADDRESS 193 Polk Ave., Suite B Nashville, TN 37210

WEB tfli.org

TN Reconnect - Undergraduate College Degree Assistance for Adults in TN

Tennessee Reconnect is an initiative of former Governor Haslam to encourage adults to earn an undergraduate degree; it's for adults who have never gone to college or for those who started but never finished an undergraduate college degree.

PHONE 615-532-3498

ADDRESS 312 Rosa Parks Parkway, 9th Floor
Nashville, TN 37243

WEB tnreconnect.gov

Urban League of Middle TN

Provides adult workforce development and youth services to help people find and achieve success.

PHONE 615-254-0525

ADDRESS 50 Vantage Way, Suite 201
Nashville, TN 37228

WEB ulmt.org

Vanderbilt University

Vanderbilt offers immersive living-learning undergraduate experience with programs in the liberal arts, sciences, engineering, music, education and human development.

PHONE 615-322-7311

ADDRESS 2301 Vanderbilt Place Nashville, TN 37235

WEB vanderbilt.edu

Volunteer State Community College

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-452-8600

ADDRESS 1480 Nashville Pike
Gallatin, TN 37066

WEB volstate.edu

Volunteer State Community College

Two year community college, providing quality and affordable degree programs to those looking to further their education, offers online programs.

PHONE 615-433-7030

ADDRESS 150 Laureate Ave
Springfield, TN 37172

WEB volstate.edu/campuses/springfield

Volunteer State Community College Adult Education/Sumner County Advisory Council

The Adult Education Program provides free educational opportunities to residents of Sumner County 18 years and older who did not graduate from high school.

PHONE 615-230-3621

ADDRESS 1480 Nashville Pike
Gallatin, TN 37066

WEB volstate.edu

CANNON COUNTY

Cannon County REACH

Works with children in Aftercare Program for grades PreK-12 with tutoring, homework help, character education, music and art classes, living skills, and meals.

PHONE 615-563-5518

ADDRESS 612 Lehman Street
Woodbury, TN 37190

Library, Adams Memorial

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-563-5861

ADDRESS 212 College Street
Woodbury, TN 37190

WEB adamsmemoriallibrary.org

Mid-Cumberland Community Action Agency - Woodbury Head Start

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 630 West Lehman Street
Woodbury, TN 37190

WEB midcumberland.org/head-start

UT Extension Institute of Agriculture - Cannon Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-563-2554

ADDRESS 614 Lehman Street
Woodbury, TN 37190

WEB cannon.tennessee.edu

CHEATHAM COUNTY

Library, Cheatham Co.

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-792-4828

ADDRESS 188 John Mayfield Dr, Suite 200
Ashland City, TN 37015

Mid-Cumberland Community Action Agency - Cheatham County

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 104 Elizabeth Street
Ashland City, TN 37015

WEB midcumberland.org/programs/head-start-and-early-head-start

UT Extension Institute of Agriculture - Cheatham Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-792-2036

ADDRESS 162 John Mayfield Drive, Suite 110
Ashland City, TN 37015

WEB cheatham.tennessee.edu

DICKSON COUNTY**Dickson County Adult Education**

Provides adult basic education and ESL classes for Dickson county residents who want to take the GED/HiSet test to earn their high school diploma through workforce essentials in partnership with READ.

PHONE 615-446-0229

ADDRESS 250 Beasley St. Dickson, TN 37055

WEB workforceessentials.com/individuals/earn-your-diploma

Mid-Cumberland Community Action Agency

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 119 W. Broad St. Dickson, TN 37055

WEB midcumberland.org/programs/head-start-and-early-head-start

Mid-Cumberland Community Action Agency

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 125 Doyles Rd. Charlotte, TN 37036

WEB midcumberland.org/programs/head-start-and-early-head-start

HOUSTON COUNTY**Mid-Cumberland Community Action Agency**

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 3215 TN-149 Erin, TN 37061

WEB midcumberland.org/programs/head-start-and-early-head-start

HUMPHREYS COUNTY**Mid-Cumberland Community Action Agency**

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 205 S. Clydeton Rd. Waverly, TN 37185

WEB midcumberland.org/programs/head-start-and-early-head-start

ROBERTSON COUNTY**Library, Stokes-Brown**

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-384-5123

ADDRESS 405 White Street
Springfield, TN 37172

WEB youseemore.com/springfieldpl

Mid-Cumberland Community Action Agency

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 807 Rosehill Circle Springfield, TN 37172

WEB midcumberland.org/programs/head-start-and-early-head-start

Mid-Cumberland Community Action Agency

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 700 Bransford Dr. Springfield, TN 37172

WEB midcumberland.org/programs/head-start-and-early-head-start

UT Extension Institute of Agriculture - Robertson Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-384-7936

ADDRESS 408 N. Main Street
Springfield, TN 37172

WEB robertson.tennessee.edu

YMCA

Y-literacy helps struggling readers in grades K-5 develop grade level reading skills through free one-on-one tutoring. Available over Zoom.

PHONE 615-226-5577

ADDRESS 3332 Tom Austin Highway Springfield, TN 37172

WEB ymcamidtn.org/locations/robertson-county

RUTHERFORD COUNTY**Boys and Girls Club of Rutherford Co.**

Provides a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Boys/Girls Clubs, Computer Literacy Training Programs, Extended Child Care, Leadership Development, Peer to Peer Networking, Prejob Guidance, Self Esteem Workshops, Sexual Abstinence Education Programs, Tutoring Services, Volunteer Opportunities, Wellness Programs

PHONE 615-890-2582

ADDRESS 820 Jones Blvd
Murfreesboro, TN 37129

WEB bgcrc.net

Greenhouse Ministries

Offer many programs designed to get people back on their feet and help them in their lives, including emergency food bank, GED tutoring, computer classes, and legal advice every other Thursday.

PHONE 615-494-0499

ADDRESS 307 S. Academy Street
Murfreesboro, TN 37130

WEB greenhousemin.org

Library, LaVergne

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-793-7303

ADDRESS 5063 Murfreesboro Road
LaVergne, TN 37086

WEB lavergetn.gov/192/La-Vergne-Public-Library

Library, Linebaugh

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-893-4131

ADDRESS 105 W Vine Street
Murfreesboro, TN 37130

WEB rclstn.org/linebaugh-public-library

Library, Smyrna

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-459-4884

ADDRESS 400 Enon Springs Road
Smyrna, TN 37167

WEB rclstn.org/smyrna-public-library

Mid-Cumberland Community Action Agency -Rutherford County

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 219 S. Maney Ave. Murfreesboro, TN 37130

WEB midcumberland.org/programs/head-start-and-early-head-start

Read to Succeed - Adult Literacy Program

Read To Succeed Adult Literacy Program provides one-on-one reading tutoring to adults.

PHONE 615-738-7323

ADDRESS 910 A Ridgely Rd. Murfreesboro, TN 37129

WEB readtosucceed.org

Rutherford County Adult Education/English as a Second Language Classes

Provides instruction in fundamental learning skills for adults who have never attended school or have interrupted formal schooling and need to raise their level of education to increase their self-confidence and/or prepare for an occupation.

PHONE 615-896-0876

ADDRESS 521 Cougar Way
Smyrna, TN 37167

UT Extension Institute of Agriculture - Rutherford Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-898-7710

ADDRESS 315 John R. Rice Blvd.
Murfreesboro, TN 37129

WEB rutherford.tennessee.edu

YMCA

Y-literacy helps struggling readers in grades K-5 develop grade level reading skills through free one-on-one tutoring. Available over Zoom.

PHONE 615-226-5577

ADDRESS 2001 Motlow College Blvd. Smyrna, TN 37167

WEB ymcamidtn.org/locations/north-rutherford

STEWART COUNTY

Mid-Cumberland Community Action Agency

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 500 Williams Rd. Big Rock, TN 37023

WEB midcumberland.org/programs/head-start-and-early-head-start

SUMNER COUNTY

Gallatin Shalom Zone

Provides community outreach, youth development and life long learning to residents of Macon, Sumner, and Trousdale County. Offers free classes to adults 18 and old who want to improve English skills.

PHONE 615-442-7575

ADDRESS 600 Small Street, Suite 107-A
Gallatin, TN 37066

WEB gallatinshalomzone.org

Library, Gallatin

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-452-1722

ADDRESS 123 East Main St.
Gallatin, TN 37066

WEB sumnercountrypl.booksys.net/opac/gpl

Library, Hendersonville

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-824-0656

ADDRESS 140 Saundersville Rd.
Hendersonville, TN 37075

WEB youseemore.com/hendersonville

Library, Portland

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-575-0508

ADDRESS 301 Portland Blvd.
Portland, TN 37148

WEB portlandtnlibrary.com

Library, Westmoreland

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-442-1202

ADDRESS 2305 Epperson Springs Rd.
Westmoreland, TN 37186

WEB sumnercountrypl.booksys.net/opac/wpl

Mid-Cumberland Community Action Agency - Sumner County

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 242 West Eastland Avenue
Gallatin, TN 37066

WEB midcumberland.org/programs/head-start-and-early-head-start

Mid-Cumberland Community Action Agency - Sumner County

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 628 Hartsville Pike Gallatin, TN 37066

WEB midcumberland.org/programs/head-start-and-early-head-start

Mid-Cumberland Community Action Agency Sumner County Schools Pre-K Partnership

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 657 S. Water Ave. Gallatin, TN 37066

WEB midcumberland.org/programs/head-start-and-early-head-start

Shalom Zone Resource Center

After school program, summer camp, leadership program, computer classes, ESL classes, money management, community resources

PHONE 615-442-7575

ADDRESS 600 Small St., Suite 107-A
Gallatin, TN 37066

WEB gallatinshalomzone.org

UT Extension Institute of Agriculture - Sumner Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-452-1423

ADDRESS 658 Hartsville Pike
Gallatin, TN 37066

WEB sumner.tennessee.edu

YMCA

Y-literacy helps struggling readers in grades K-5 develop grade level reading skills through free one-on-one tutoring. Available over Zoom.

PHONE 615-226-5577

ADDRESS 102 Bluegrass Commons Blvd. Hendersonville, TN 37075

WEB ymcamidtn.org/locations/sumner-county

TROUSDALE COUNTY**Library, Fred A. Vaught Memorial**

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-374-3677

ADDRESS 211 White Oak Street
Hartsville, TN 37074

WEB trousdalecountyttn.gov/government/county_departments/fred_a_vaught_memorial_library

Mid-Cumberland Community Action Agency - Trousdale County

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 301 College Street
Hartsville, TN 37074

WEB midcumberland.org/programs/head-start-and-early-head-start

Mid-Cumberland Community Action Agency - Trousdale County

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 115 Lock Six Rd. Hartsville, TN 37074

WEB midcumberland.org/programs/head-start-and-early-head-start

Trousdale County Board of Education/Adult Basic Education

Trousdale County Schools operates elementary, middle and high schools, as well as an adult education center.

PHONE 615-374-2193

ADDRESS 103 Lock Six Road
Hartsville, TN 37074

WEB [AdultEducationFlyerTrousdale.pdf](#)

UT Extension Institute of Agriculture - Trousdale Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-374-2421

ADDRESS 214 Broadway, Suite A
Hartsville, TN 37074

WEB trousdale.tennessee.edu

WILLIAMSON COUNTY**Boys and Girls Club of Franklin**

Provides a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Boys/Girls Clubs, Computer Literacy Training Programs, Extended Child Care, Leadership Development, Peer to Peer Networking, Prejob Guidance, Self Esteem Workshops, Sexual Abstinence Education Programs, Tutoring Services, Volunteer Opportunities, Wellness Programs

PHONE 615-794-4800

ADDRESS 129 W Fowlkes St
Franklin, TN 37064

WEB bgcmt.sitewrench.com/locations/all-clubs/franklin-clubhouse

Brentwood Baptist Deaf Church - After School Program

Offers day camps for ages 2 to high school seniors.

PHONE 615-324-6103

ADDRESS 7777 Concord Road
Brentwood, TN 37027

WEB brentwooddeaf.org

Library, Franklin

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-595-1243

ADDRESS 1314 Columbia Avenue
Franklin, TN 37064

WEB wcpltn.org

UT Extension Institute of Agriculture - Williamson Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-790-5721

ADDRESS 4215 Long Lane, Suite 200
Franklin, TN 37064

WEB williamson.tennessee.edu

YMCA

Y-literacy helps struggling readers in grades K-5 develop grade level reading skills through free one-on-one tutoring. Available over Zoom.

PHONE 615-226-5577

ADDRESS 501 S Royal Oaks Blvd. Franklin, TN 37064

WEB ymcamidtn.org/locations/franklin

WILSON COUNTY**Adult Learning Center**

HiSET classes and ESL classes for free. Refresher classes in reading, math, and writing are available for students enrolling in college or vocational training.

PHONE 615-443-8731

ADDRESS 351 Stumpy Lane Lebanon, TN 37090

WEB wcschools.com/departments/academics/adult-learning

Library, Lebanon

Offers computers with Internet access, computer classes, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-444-0632

ADDRESS 108 South Hatton Ave.
Lebanon, TN 37087

WEB youseemore.com/lebanon-wilson

Library, Mt. Juliet

Offers computers with Internet access, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-758-7051

ADDRESS 2765 North Mount Juliet Road
Mt. Juliet, TN 37122

WEB youseemore.com/mtjuliet

Library, Watertown

Offers computers with Internet access, computer classes, free WiFi 24/7, audio and video materials, newspapers, periodicals, weekly programs for children, tax forms, etc.

PHONE 615-237-9700

ADDRESS 206 Public Square
Watertown, TN 37184

WEB youseemore.com/watertown

Mid-Cumberland Community Action Agency - Head Homes Head Start

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS No. 1 Wheeler St. Lebanon, TN 37087

WEB midcumberland.org/programs/head-start-and-early-head-start

Mid-Cumberland Community Action Agency-Cedarwood

Early childhood education for income eligible/ at risk households for children 6 weeks to five years through Early Head Start and Head Start.

PHONE 615-742-1113

ADDRESS 103 Cedarwood Drive
Lebanon, TN 37087

WEB midcumberland.org/programs/head-start-and-early-head-start

UT Extension Institute of Agriculture - Wilson Co.

UT Extension offers educational programs and information in the areas of Agriculture and Natural Resources, Resource Development, Family and Consumer Sciences and 4-H Youth Development.

PHONE 615-444-9584

ADDRESS 925 East Baddour Parkway, Suite 100
Lebanon, TN 37087

WEB wilson.tennessee.edu

Wilson County Civic League

Education, seminars, workshops, scout troops, recreational activities, and regular tutoring programs.

PHONE 615-449-0719

ADDRESS 321 E. Market St
Lebanon, TN 37088

WEB wilsonctcivicleague.org

SERVING MULTIPLE COUNTIES

Robertson County Baptist Association

Serves: Cheatham, Robertson, Sumner

A family of churches in Sumner, Robertson, and Cheatham Counties working together in equipping and encouraging one another in fulfilling the Great Commission. Day Camps, Dental Care, Disaster Recovery Services, English as a Second Language, English Language Instruction Volunteer Opportunities, GED/High School Equivalency Test Instruction, Language Instruction, Physical Examinations, Volunteer Opportunities

PHONE 615-384-8197

ADDRESS 2106 Park Plaza Dr
Springfield, TN 37172

WEB rcbatn.org

Seeds of P.R.A.I.S.E.

Serves: Rutherford, Williamson

Provides mentorship and advocacy to economically disadvantaged youth and their families.

PHONE 615-720-8317

ADDRESS 3611 Waterlily Way Murfreesboro, TN 37129

WEB seedsofpraise.com

Homelessness

Shelter, emergency housing, and support for people experiencing or at risk of homelessness.

SERVING ALL COUNTIES

Adventist Community Services

Food pantry, clothing through vouchers for their thrift store, hygiene kits and supplies for homeless. Assistance for flood and burnout victims, one day bus pass for dr. appointment or job interview. Life skills mentoring programs

PHONE 615-860-6001

ADDRESS 403 Gallatin Pike S. Madison, TN 37115

WEB acsgreaternashville.com

Building Lives Foundation

Assists veterans with emergency rental assistance.

PHONE 615-678-4967

ADDRESS 2000 Mallory Lane Suite 130-166 Franklin, TN 37067

WEB wearebuildinglives.org

Catholic Charities Diocese of Nashville

Provides disaster relief, emergency assistance including overdue rent and utility payments, food assistance and diapers. Emotional support services. Family resource center. Housing stability. Hunger relief. Job training. Refugee services.

PHONE 615-352-3087

ADDRESS 2806 McGavock Pike Nashville, TN 37214

WEB cctenn.org

Centerstone - Housing Services

Centerstone Housing Services are available to adults with a history of mental illness who are in need of a safe and stable place to live.

PHONE 877-467-3123

WEB centerstone.org/programs/housing-services

Centerstone - Supportive Services for Veterans Families

Supportive Services for Veteran Families prevents homelessness by helping qualifying veterans and their families gain access to the resources they need in order to successfully transition to or maintain permanent housing.

PHONE 877-467-3123

ADDRESS 620 South Gallatin Pike Madison, TN 37115

WEB ssvfonline.org

Launch Pad

Offers young adults in the LGBTQ+ community emergency shelter, and independent-supported living program.

ADDRESS 113 8th Ave. S. Nashville, TN 37203

WEB nashvillelaunchpad.com

My Father's House Mission

Open to all who need shelter from the cold, a warm place to sleep and a hot meal. November-March

PHONE 615-992-1547

ADDRESS 101 10th Ave. East Springfield, TN 37172

WEB facebook.com/pg/RobcoMyfathershouse/posts

Nashville Rescue Mission/Men's & Women's Campus

Nashville Rescue Mission is a Christ-centered community committed to helping the hungry, homeless, and hurting by providing programs and services that focus on a person's entire life—physical, mental, spiritual, emotional, and social.

PHONE 615-255-2475

ADDRESS 639 Lafayette Street

Nashville, TN 37203

WEB nashvillerescuemission.org

National Runaway Safeline

Provides a hotline, live chat to connect runaway children & teens with needed support. Also provides support for parents of runaway teens and children.

PHONE 800-786-2929

800-RUNAWAY

WEB 1800runaway.org

Operation Stand Down TN - Nashville

Provides services to US military Veterans related to housing, homelessness, hunger, careers, crisis, and connection.

PHONE 615-248-1981

ADDRESS 1125 12th Avenue South

Nashville, TN 37203

WEB osdtn.org

Room in the Inn

For the homeless: Provide support services, education and workforce development, winter shelter, guest house and recuperative care, transitional and permanent housing

PHONE 615-251-9791

ADDRESS 705 Drexel Street

Nashville, TN 37203

WEB roomintheinn.org

Safe Haven Family Shelter

Shelter and shelter to housing programs with wrap around services.

PHONE 615-256-8195

ADDRESS 1234 3rd Avenue South
Nashville, TN 37210

WEB safehaven.org

Salvation Army - Nashville

Provides services to the community including daily congregate meals, personal hygiene items and shelter for homeless men/women and families.

PHONE 615-242-0411

ADDRESS 631 Dickerson Rd
Nashville, TN 37207

WEB salvationarmynashville.org

TN Breast Cancer Coalition

Provides rent payment assistance to qualifying breast cancer patients

PHONE 615-377-8777

ADDRESS 1451 Elm Hill Pike Suite 108 Nashville, TN 37210

WEB tbcc.org

CHEATHAM COUNTY**Mid-Cumberland Community Action Agency - Cheatham County**

Assists with rent and utility deposits for eligible residents of Cheatham County

PHONE 615-742-1113

ADDRESS 384 South Main St.
Ashland City, TN 37015

WEB midcumberland.org

DICKSON COUNTY**Dickson County Help Center**

PHONE 615-441-0076

ADDRESS 103 W College St. Dickson, TN 37055

WEB dicksoncountyhelpcenter.org

ROBERTSON COUNTY**COPE of Robertson County**

Assists with rental payments for people who are at risk of eviction, meet eligibility requirements and are not receiving other assistance. Cannot assist with rent if already assisting with utilities.

PHONE 615-384-1465

ADDRESS 810 S Main St. Springfield, TN 37172

WEB facebook.com/copeofrobertsonco

Mid-Cumberland Community Action Agency - Robertson County

Assists with rent and utility deposits for eligible residents of Robertson County

PHONE 615-742-1113

ADDRESS 299 10th Ave. E. Springfield, TN 37172

WEB midcumberland.org

RUTHERFORD COUNTY**Community Helpers of Rutherford County**

Housing assistance for rent costs and deposits; assistance for utilities; emergency prescriptions and prescription assistance; dental: tooth extraction

PHONE 615-898-0617

ADDRESS 1809 Memorial Blvd.
Murfreesboro, TN 37129

WEB chorctn.org

Doors of Hope

Provides transitional housing and long-term supportive housing to women so they can rebuild their lives.

PHONE 615-203-5221

ADDRESS 428 E Bell Street
Murfreesboro, TN 37130

WEB opendoorsofhope.org

Greenhouse Ministries

Serving food, providing clothes, furniture, toiletries, bicycles and other basic necessities, peer counseling, housing resources, basic health care

PHONE 615-494-0499

ADDRESS 307 S. Academy St. Murfreesboro, TN 37130

WEB greenhousemin.org

Journey Home

An outreach center with washers and dryers, computers and other resources for the homeless to utilize during the day. They also offer assistance and housing resources.

PHONE 615-809-2644

ADDRESS 1205 Old Salem Rd. Murfreesboro, TN 37129

WEB lovegodservepeople.org

Mid-Cumberland Community Action Agency - Rutherford County

Assists with rent and utility deposits for eligible residents of Rutherford County

PHONE 615-742-1113

ADDRESS 412 East Vine Street
Murfreesboro, TN 37130

WEB midcumberland.org

Murfreesboro Cold Patrol

Strategically working to end the revolving door of homelessness through outreach, advocacy, and resource support

PHONE 615-434-2653

ADDRESS 800 Park Ave., Suite P
Murfreesboro, TN 37129

WEB murfreesborocoldpatrol.com

Rutherford County Schools ATLAS (Services for families in transition)

School based services for Rutherford County students and families. assistance with enrollment and transfer of records; automatic participation in federal nutrition program; school and special project supplies; academic support through Title I; weekend food backpacks; hygiene supplies; summer reading material; and information about agencies that provide services. ATLAS does not assist families with rent, utilities, or housing.

PHONE 615-893-5812, Ext. 22225

Stepping Stones Safe Haven

Provides a day and evening shelter to women and their children experiencing homelessness in Rutherford County. Housing stability program and resource connection

PHONE 615-900-4427

ADDRESS 720 Old Salem Road
Murfreesboro, TN 37129

WEB steppingstonestn.org

United Way - The Family Collective

providing resources and services to homeless families through a strong network of partners throughout the region.

PHONE 615-893-7303

ADDRESS 3050 Medical Center, Pkwy. #2
Murfreesboro, TN 37129

WEB unitedwaygreaternashville.org/the-family-collective

SUMNER COUNTY

Buffalo Valley-Castalian Springs

Offers 24 hour residential rehab program for those with drug and alcohol addiction. Homeless no more program offers case management, transitional and permanent housing for those eligible, job training, transitional housing.

PHONE 800-447-2766

ADDRESS 885 Highway 231 S. Castalian Springs, TN 37031

WEB buffalovalley.org

Grace Place Ministry

Provides shelter for up to 18 months for women and children experiencing homelessness. Transportation, financial literacy, parenting classes, counseling, job and computer skill training are offered to all participants.

PHONE 615-881-3976

ADDRESS PO Box 1771 Hendersonville, TN 37077

WEB graceplaceministry.org

Mid-Cumberland Community Action Agency - Sumner County

Assists with rent and utility deposits for eligible residents of Sumner County

PHONE 615-742-1113

ADDRESS 657 S. Water Ave. Gallatin, TN 37066

WEB midcumberland.org

Portland Cares

Provides assistance with food, rent, utilities, prescriptions to residents living in Bethpage, Cottontown, Portland and Westmoreland.

PHONE 615-325-7805

ADDRESS 617 Hwy 52 East Portland, TN 37148

Unlimited Potential Community Development Corp.

Cold weather overnight shelter with meals. January-February 9pm-6am

PHONE 615-230-5906

ADDRESS 260 E. Winchester St. Gallatin, TN 37066

WEB unlimitedpotentialcdc.com

TROUSDALE COUNTY

Mid-Cumberland Community Action Agency - Trousdale County

Assists with rent and utility deposits for eligible residents of Trousdale County

PHONE 615-742-1113

ADDRESS 334 Broadway Hartsville, TN 37074

WEB midcumberland.org

WILLIAMSON COUNTY

Mid-Cumberland Community Action Agency - Williamson County

Assists with rent and utility deposits for eligible residents of Wilson County

PHONE 615-742-1113

ADDRESS 129 West Fowlkes Street, Suite 136
Franklin, TN 37064

WEB midcumberland.org

The View CRC-Fairview

Fairview residents only. Provides financial assistance with rent, utilities, food and limited local transportation and budget training.

PHONE 615-380-4990

ADDRESS 7208 Grammar Dr. Fairview, TN 37062

WEB facebook.com/theviewcrc

TN Resilience Project

Provides rapid rehousing and permanent supportive housing programs for persons or families who are homeless or about to be.

PHONE 615-807-1586

ADDRESS 129 West Fowlkes Street, Suite 116
Franklin, TN 37064

WEB trptn.org

WILSON COUNTY

2nd Chance Ministry

Provides low cost housing and Ride to work program, help finding a job, rides to and from medical appointments at the VAMCs in Nashville and Murfreesboro for veterans in Wilson county.

PHONE 629-203-4481

ADDRESS 226 East Gay St. Lebanon, TN 37087

Compassionate Hands

Daytime services: showers, meals, support. Evening: overnight shelter

PHONE 615-784-9897

ADDRESS 214 N College Street
Lebanon, TN 37087

WEB compassionatehandstn.org

Homeless Advocacy for Rural TN

Assists low-income individuals who are homeless or at risk of becoming homeless with finding housing and or emergency shelters.

PHONE 844-556-7626

ADDRESS P.O. Box 3311 Crossville, TN 38557

WEB hartn.org

Mid-Cumberland Community Action Agency - Wilson County

Assists with rent and utility deposits for eligible residents of Williamson County

PHONE 615-742-1113

ADDRESS 112 Webster Lane
Lebanon, TN 37087

WEB midcumberland.org

Salvation Army - Wilson Co.

Provides for: homeless and needy, disaster response, social services, youth and seniors, casework/counseling, Christmas programs, human and sex trafficking advocacy, prison and veterans services, after school programs

PHONE 800-725-2769

ADDRESS 216 S. Maple Lebanon, TN 37087

WEB southernusa.salvationarmy.org/lebanon-tn

Volunteer Behavioral Health

Provides supportive services to veteran families by providing a range of services designed to promote housing stability including rent fees, utility fees, security or utility deposits, moving costs and emergency supplies

PHONE 800-567-6051

WEB volunteerbehaviorhealth.org

SERVING MULTIPLE COUNTIES

HART

Serves: Cannon, Wilson

Assists low income individuals who are homeless or at risk of becoming homeless with finding housing and/or emergency shelter.

PHONE 844-556-7626

ADDRESS PO Box 3311 Crossville, TN 38557

WEB hartth.org

Salvation Army - Rutherford and Cannon Co.

Serves: Rutherford, Cannon

Provides services to the community including daily congregate meals, personal hygiene items and shelter for homeless men/women and families.

PHONE 615-895-7071

ADDRESS 1137 W. Main Street
Murfreesboro, TN 37129

WEB salvationarmynashville.org

Mental Health

Counseling, crisis services, substance use treatment and recovery, and support groups.

SERVING ALL COUNTIES

24/7 Crisis Text Line for TN Residents - Text TN to 741-741

Provides a 24/7 Crisis Text Line sponsored by TN Suicide Prevention Network with a national partner agency; persons (13 and older) can Text "TN" to 741-741 to connect with a trained counselor for support and referrals for suicidal thoughts, anxiety, depression, children and adult abuse issues, substance abuse and more anywhere in Tennessee.

PHONE Text HOME to 741741

WEB crisistextline.org

Alcoholics Anonymous Meeting Guide

The app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.

WEB aa.org/meeting-guide-app

Alcoholics Anonymous/AlAnon Middle Tennessee Central Office

Provides support services and information about alcohol and drug abuse

PHONE 615-831-1050

ADDRESS 417 Welchwood Drive
Nashville, TN 37211

WEB aanashville.org

Ancora TN

AncoraTN (formerly End Slavery Tennessee) works tirelessly to nurture survivor healing and strategically combat human trafficking in Middle Tennessee. We seek to break cycles of exploitation and support survivors of human trafficking as they heal from their traumas—offering long-term, comprehensive aftercare services. Through educating communities and professionals, advocating for legal changes, and implementing prevention programming, AncoraTN works to stop human trafficking before it ever begins.

PHONE 615-806-6899

ADDRESS PO Box 7
Nashville, TN 37080

WEB ancoratn.org

ARCH Academy

A residential college preparatory independent school for adolescent males ages 14 - 18 years with a primary substance abuse problem.

PHONE 866-394-4410

ADDRESS 1062 Highway 70 Kingston Springs, TN 37082

WEB arch.org

Babb Center of First Baptist Church Hendersonville

Offers free legal clinic through Compassionate Counseling. Provides individual, marriage and family counseling for all ages.

PHONE 615-824-3772

ADDRESS 105 Music Village Blvd. Hendersonville, TN 37075

WEB babbcenter.org

Behavioral Health Group - Nashville

Provides outpatient substance abuse counseling and medication-assisted treatment (Methadone or Buprenorphine) for individuals experiencing opioid addictions.

PHONE 615-321-2575

ADDRESS 342 22nd Ave. N Nashville, TN 37203

WEB bhgrecovery.com

Bethesda Workshops

Provides treatment for sexual addiction recovery including an intensive workshop program for male and female sex addicts, partners of addicts and addict/partner couples.

PHONE 615-467-5610

ADDRESS 1035 Acorn Drive
Nashville, TN 37210

WEB bethesdaworkshops.org

Boys Town National Hotline - General Crisis Hotline

The Boys Town National Hotline is a 24 hour Nationwide hotline, providing short-term counseling and crisis intervention to children, teens, parents and families experiencing any type of difficulty in their lives.

PHONE 800-448-3000

WEB boystown.org/hotline

Bradford Health Services - Nashville

Provides addiction treatment services to individuals and families struggling with substance dependencies.

PHONE 205-537-9249

ADDRESS 1410 Donelson Pike, Suite A7
Nashville, TN 37217

WEB bradfordhealth.com

Center for Substance Abuse Treatment Hotline

Information and referral service for people dealing with substance abuse, provides referrals for counseling and to treatment centers.

PHONE 800-662-4357

WEB samhsa.gov/find-help/national-helpline

Centerstone - Nashville

Provides outpatient addiction recovery, children and family, counseling, and psychiatric services.

PHONE 888-291-4357

ADDRESS 1921 Ransom Place
Nashville, TN 37217

WEB centerstone.org

Centerstone - Nashville

Provides outpatient addiction recovery, children and family, counseling, and psychiatric services.

PHONE 888-291-4357

ADDRESS 4525 Harding Pike
Nashville, TN 37205

WEB centerstone.org

Centerstone - Nashville

Provides outpatient addiction recovery, children and family, counseling, and psychiatric services.

PHONE 888-291-4357

ADDRESS 230 Venture Circle
Nashville, TN 37228

WEB centerstone.org

Centerstone - Nashville

Provides outpatient addiction recovery, children and family, counseling, and psychiatric services.

PHONE 888-291-4357

ADDRESS 2400 White Avenue
Nashville, TN 37204

WEB centerstone.org

Centerstone Housing Services

Provides outpatient addiction recovery, children and family, counseling, and psychiatric services.

PHONE 615-308-7803

WEB centerstone.org/programs/housing-services

Childhelp USA - Abused Children/Battered Women Information Hotline

Provides national information and referral on child abuse, professional crisis counseling, child custody cases involving sexual abuse, temporary shelter/counseling for battered women, parenting, child abuse indicators in the home and school.

PHONE 800-422-4453

WEB childhelp.org

Clarvida

Foster care, medication management, outpatient therapy, substance use program, intensive counseling

PHONE 615-448-6799

ADDRESS 262 E. Main St. Gallatin, TN 37066

WEB clarvida.com/tennessee

Cocaine Anonymous

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction.

PHONE 877-591-1349

WEB canashville.com

Cumberland Heights Alcohol & Drug Treatment Center - Nashville

Provides addiction treatment services. Residential and outpatient.

PHONE 866-813-4657

ADDRESS 8283 River Road Pike
Nashville, TN 37209

WEB cumberlandheights.com

Daystar Counseling Ministries, Inc.

Provides individual counseling for children and teens in Middle TN.

PHONE 615-298-5353

ADDRESS 2801 Azalea Place
Nashville, TN 37204

WEB daystarcounseling.com

Depression and Bipolar Support Alliance

Provides hope, help, support, and education to improve the lives of people who have mood disorders through member-led support groups, online support groups, and online wellness tools.

PHONE 800-826-3632

ADDRESS 500 W Madison St. Chicago, IL 60661

WEB dbsalliance.org

Empower Tennessee

Empowers people with disabilities with opportunities for choice, inclusion, and independence.

PHONE 615-200-6028

ADDRESS 955 Woodland St
Nashville, TN 37206

WEB empowertn.org

Evelyn Frye Center

Adult Psychiatry, Bereavement and Grief Counseling, Child and Adolescent Psychiatry, Family Counseling, General Counseling Services, Group Counseling, Life Coaching, Psychotherapy/Psychoanalysis

PHONE 615-385-4090

ADDRESS 3200 West End Ave. #500 Nashville, TN 37203

WEB efrye.com

Family & Children's Service - 24/7 Crisis Line

Provides free telephone support to anyone experiencing a crisis 24 hours a day, 7 days a week.

PHONE 988

WEB fcsnashville.org

Family & Children's Service - Family Focus Solutions

A public-private partnership between Family and Children's Service and the TN Dept of Human Services that offers a comprehensive program that helps Families First participants overcome five major barriers to self-sufficiency; mental health issues, domestic violence, alcohol and drug abuse, learning disabilities and child behavior and health issues.

PHONE 615-320-0591

ADDRESS 2400 Clifton Avenue
Nashville, TN 37209

WEB fcsnashville.org

Fresh Start Resources - Individual Counseling

Faith based. Various healing therapy groups as well as individual biblical counseling. Fresh start resources for women.

PHONE 615-822-6772

ADDRESS 1189 Louisville Highway
Goodlettsville, TN 37072

WEB freshstartresources.org

Greater Nashville & Middle TN Areas of Narcotics Anonymous

Narcotics Anonymous includes NA meetings in Nashville and the rest of Middle TN for anyone with drug abuse issues.

PHONE 888-476-2482

WEB nanashville.org

Healing House

A residential recovery housing non-profit for women recovering from alcohol and or substance abuse addiction.

PHONE 615-678-6882

ADDRESS P.O. Box 2385 Brentwood, TN 37024

WEB healinghousing.org

Insight Counseling Centers

Provides counseling for individuals, couples, and families.

PHONE 615-383-2115

ADDRESS P.O. Box 50242 Nashville, TN 37205

WEB insightcounselingcenters.org

Integrative Life Center

Those suffering from the effects of trauma, depression, addiction, intimacy disorders, mental health disorders and co-occurring conditions can mend in a safe, comfortable environment in one of America's favorite cities.

PHONE 615-891-2226

ADDRESS 1105 16th Ave South
Nashville, TN 37212

WEB integrativelifecenter.com

JourneyPure Alcohol and Drug Rehabilitation

In-network addiction center that treats the whole body

PHONE 615-900-2444

ADDRESS 5080 Florence Road
Murfreesboro, TN 37129

WEB journeypure.com

Matthew 25

Offers transitional housing programs and addiction and mental health treatment for men and veterans.

PHONE 615-383-9577

ADDRESS 625 Benton Ave. Nashville, TN 37204

WEB matthew25nashville.org

Matthew Walker Comprehensive Health Center

Offers individual, couples and family therapy focused on areas such as depression, anxiety, relationships, anger management, grief and loss, communication/conflict, divorce recovery, sexual issues, co-dependency, substance abuse, treatment and stress management.

PHONE 615-327-9400

ADDRESS 1035 14th Ave. North Nashville, TN 37208

WEB mwchc.org

Meharry Medical College-Lloyd C Elam Mental Health Center

Provides a full range of behavioral health services for indigent patients without insurance.

PHONE 615-327-6256

ADDRESS 2000 Albion St. Nashville, TN 37208

WEB meharry.edu/meharry-clinics/meharry-medical-group/clinic-locations/lloyd-c-elam-mental-health-center

Mending Hearts, Inc

Offers residential treatment as well as out patient programs for women with addiction

PHONE 866-416-1909

ADDRESS PO Box 280236

Nashville, TN 37228

WEB mendingheartsinc.org

Mental Health America of the Mid-South

Our mission is to improve the lives of persons living with mental health challenges by advocating for improved public policy, educating health service providers, and connecting individuals to the right help at the right time.

PHONE 615-269-5355

ADDRESS 446 Metroplex Dr, Suite A-224

Nashville, TN 37207

WEB mhamidsouth.org

Mental Health Cooperative

Support for adults with serious mental illnesses and children struggling with emotional/behavioral challenges using unique and innovative approaches.

PHONE 615-743-1555

ADDRESS 250 Cumberland Bend

Nashville, TN 37228

WEB mhc-tn.org

Middle TN Intergroup of Overeaters Anonymous

Overeaters Anonymous is a fellowship of individuals who, through shared experience and mutual support, are recovering from compulsive overeating.

PHONE 615-442-6780

ADDRESS P.O. Box 1362 Brentwood, TN 37024

WEB oanashville.org

Middle TN Mental Health Institute

State psychiatric facility serving 18 counties of Middle TN.

PHONE 615-902-7400

ADDRESS 221 Stewarts Ferry Pike

Nashville, TN 37214

WEB tn.gov/behavioral-health/hospitals/middle-tennessee.html

NAMI

Provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives.

PHONE 615-361-6608

ADDRESS 131 Sanders Ferry Rd. Suite B Hendersonville, TN 37075

WEB namitn.org

Nashville Children's Alliance

Child advocacy center. Forensic interviews are provided by specially trained professionals when there are allegations of abuse. Children, including Spanish speaking children, receive therapy from qualified therapists who are trained to provide mental health services to child abuse victims. There are English and Spanish speaking support groups for non-offending parents/caregivers of children who have been abused. All services are provided at absolutely no cost.

PHONE 615-327-9958

ADDRESS 610 Murfreesboro Pike

Nashville, TN 37218

WEB nashvillechildrensalliance.org

National Crisis/Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

PHONE 988

WEB 988lifeline.org

National Maternal Mental Health Hotline

Provides free 24/7 confidential support before, during and after pregnancy.

PHONE 833-852-6262

ADDRESS 6706 SW 54th Ave. Portland, OR 97217

WEB mchb.hrsa.gov/programs-impact/national-maternal-mental-health-hotline

National Runaway Safeline

For 50 years, the National Runaway Safeline has been responding to youth and families in crisis, serving as the national communications system for runaway and homeless youth. We continually transform technology, training and services to meet the current needs of vulnerable youth and ultimately achieve an end to youth homelessness.

PHONE 800-786-2929

800-RUNAWAY

WEB 1800runaway.org

Omni Family of Services

In person and telehealth evidence-based therapy.

PHONE 615-726-3603

ADDRESS 301 South Perimeter Park Dr. Suite 210 Nashville, TN 37211

WEB theomnifamily.com

Our Kids Center - Nashville

Our Kids is a Nashville nonprofit that provides expert medical evaluations and crisis counseling in response to concerns of child sexual abuse.

PHONE 615-341-4911

ADDRESS 1804 Hayes St
Nashville, TN 37203

WEB ourkidscenter.org

Park Center East

Permanent supportive housing for adults with a diagnosis of a serious mental illness. Must have income and be able to pay rent and daily living expenses.

PHONE 615-242-3576

ADDRESS 948 Woodland St. Nashville, TN 37206

WEB parkcenternashville.org

Phases Transitional Community for Women

Provides transitional living for women who have completed an addiction treatment program.

PHONE 615-832-9330

ADDRESS 211 Morton Ave
Nashville, TN 37211

Regional Intervention Program – (RIP)

RIP has been serving families with young children since 1969. RIP is an internationally recognized parent implemented program in which parents learn to work directly with their own children. Experienced RIP parents provide training and support to newly enrolled families. The program is available to families in which there are concerns regarding a young child's behavior.

PHONE 615-963-1177

ADDRESS 5020 Darlington Drive
Nashville, TN 37211

WEB tn.gov/behavioral-health

Renewal House

Helps women gain the skills to remain sober, while supporting their children, improve their physical and mental health, secure employment and find housing.

PHONE 615-255-5222

ADDRESS 3600 Clarksville Pike
Nashville, TN 37218

WEB renewalhouse.org

Renewed (formerly Eating Disorders Coalition of TN)

Renewed (formerly the Eating Disorders Coalition of Tennessee) is a statewide agency offering education and support for men, women and young adults seeking recovery from all forms of eating disorders and body image concerns.

PHONE 615-831-9838

ADDRESS 1007 15th Ave. S. Nashville, TN 37212

WEB renewedsupport.org

Samaritan Recovery Community

Offers housing and recovery support services in an apartment setting for persons who are in the early to middle stages of recovery and need a structured, alcohol and drug free environment.

PHONE 615-244-4802

ADDRESS 410 S 5th St. Nashville, TN 37206

WEB samctr.org

Sex and Love Addicts Anonymous - Nashville Chapter

SLAA is a program for persons who desire to stop their pattern of sex and love addiction.

PHONE 615-761-9998

WEB slaanashville.org

Sexaholics Anonymous - Sexaholics Anonymous (SA)

Program of recovery for those who want to stop their sexually self-destructive thinking and behavior.

PHONE 615-370-6062

ADDRESS P.O. Box 158746 Nashville, TN 37215

WEB sanashville.org

Sexual Assault Center

Provide advocacy and counseling to child and adult sexual assault victims, programs that educate students on how to recognize and prevent sexual assault, a Safe Clinic for victims of recent sexual assault to receive a Medical Legal Exam & resources.

PHONE 615-259-9055

ADDRESS 101 French Landing Drive
Nashville, TN 37228

WEB sacenter.org

Sexual Assault Crisis Line

Provide advocacy and counseling to child and adult sexual assault victims, programs that educate students on how to recognize and prevent sexual assault, a Safe Clinic for victims of recent sexual assault to receive a Medical Legal Exam & resources.

PHONE 866-811-7473 (866-811-RISE)

ADDRESS 101 French Landing Drive
Nashville, TN 37228

WEB sacenter.org

Specialized Crisis Services - Youth Villages - HOTLINE

Provides emergency intervention for crisis situations

PHONE 866-791-9221

866-791-9223

866-791-9222

ADDRESS Robertson, Rutherford, Sumner, Cheatham
Wilson, Trousdale
Williamson

WEB youthvillages.org/services/specialized-crisis-services

STARS Nashville

STARS provides five evidence-based school and community programs that address issues like bullying, substance abuse violence and sexual violence, and mental health.

PHONE 615-279-0058

ADDRESS 1704 Charlotte Avenue, Suite 200
Nashville, TN 37203

WEB starsnashville.org

STEP Incorporated of TN

STEP's vision is to ensure a brighter future for children and youth in Tennessee, with an emphasis on those with disabilities, special health care needs, and mental health needs.

PHONE 800-280-7837

ADDRESS 955 Woodland Street
Nashville, TN 37206

WEB tnstep.org

Substance Abuse and Mental Health Services Administration (SAMHSA)

SAMHSA National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

PHONE 800-662-4357

ADDRESS 5600 Fishers Lane
Rockville, MD 20857

WEB samhsa.gov/find-help/national-helpline

Tennessee Mental Health Consumers' Association

Provides resources that promote recovery and community through peer support, education, and advocacy for all mental health consumers in Tennessee.

PHONE 615-250-1176

ADDRESS 3931 Gallatin Pike
Nashville, TN 37216

WEB tmhca-tn.org

The Jason Foundation

A 24-hour/seven-day telephone resource line for anyone you needs information regarding suicidal ideation in youth.

PHONE 615-264-2323

ADDRESS 18 Volunteer Dr.
Hendersonville, TN 37075

WEB jasonfoundation.com

TN Baptist Children's Homes - Brentwood - Family Preservation/Boy's Ranch/Residential Child Care Program

For families at risk of separation, no matter the reason, provides case management and links to social services, for youth age boys with troubled family backgrounds, serves school age children through its residential child care program.

PHONE 615-376-3140

ADDRESS 1310 Franklin Rd.
Brentwood, TN 37024

WEB tbch4kids.org

TN Dept of Mental Health & Substance Abuse Services - Mental Health Helpline & Complaints Line

Operates a helpline to assist Tennesseans in accessing a wide array of behavioral health services within their community. Provides a web-based resource for Tennesseans who are interested in recovery from mental illness, substance abuse and co-occurring disorders.

PHONE 800-560-5767

ADDRESS 500 Deadrick Street
Nashville, TN 37243

TN REDLINE - Addiction Information and Referral

The Tennessee REDLINE (1-800-889-9789) is a toll-free information and referral line funded by the Tennessee Department of Mental Health and Substance Abuse Services.

PHONE 800-889-9789

WEB taadas.org/Redline.htm

TN Suicide Prevention Network

The Tennessee Suicide Prevention Network (TSPN) is a statewide organization working tirelessly to eliminate the stigma of suicide. Staff and volunteers are often counselors, mental health professionals, physicians, clergy, journalists, social workers, law enforcement personnel as well as survivors of suicide and suicide attempts.

PHONE 24/7 STATEWIDE CRISIS LINE: 855-274-7471 (855-CRISIS-1)

ADDRESS 500 Deaderick Street
Nashville, TN 37243

WEB tn.gov/behavioral-health/need-help/suicide-prevention/tspn.html

TN Suicide Prevention Network - Suicide Prevention

TSPN - Statewide network of professionals and lay people educates the public about suicide, advocates and works to prevent suicide, provides support to those affected by suicide and training for social services professionals and lay persons to help prevent suicide.

PHONE 988

WEB tspn.org

TN Voices

Tennessee Voices for Children speaks out as active advocates for the emotional and behavioral well-being of children & families.

PHONE 615-269-7751

ADDRESS 500 Professional Park Drive
Goodlettsville, TN 37072

WEB tnvoices.org

TriStar Centennial Parthenon Pavilion

TriStar Centennial Parthenon Pavilion is Nashville's largest and most established psychiatric hospital.

PHONE 615-608-6570

ADDRESS 2401 Parman Pl
Nashville, TN 37203

WEB tristarhealth.com/locations/tristar-centennial-parthenon-pavilion

TrustPoint Hospital - Murfreesboro - Inpatient Behavioral Health Services/Intensive Outpatient Program

Murfreesboro's preferred inpatient hospital for mental health disorders, addiction treatment, and physical rehabilitation

PHONE 855-382-3513

ADDRESS 1009 North Thompson Lane
Murfreesboro, TN 37129

WEB trustpointhospital.com

Vanderbilt Child and Adolescent Psychiatry

Our mental health specialists care for children ages 4-12 and adolescents ages 13-17 with many different emotional or behavior problems, including depression, anxiety, post-traumatic stress disorder (PTSD), bipolar disorder and attention deficit/hyperactivity disorder.

PHONE 615-936-3555

ADDRESS 1500 21st Ave S., Suite 2200
Nashville, TN 37202

WEB childrenshospitalvanderbilt.org

Veterans Suicide Hotline - Veterans & Active Duty Military Personnel Crisis Line

Provides 24/7 hotline for veterans and active duty service personnel who are in emotional crisis

PHONE 988

ADDRESS 400 Fort Hill Avenue
Canandaigua, NY 14424

WEB veteranscrisisline.net

Welcome Home Ministries

Provides recovery and support for men who have substance use dependencies

PHONE 615-309-7087

ADDRESS P.O. Box 100183
Nashville, TN 37224

WEB welcomehomemin.org

Youth Villages Nashville

Provides a variety of programs and services to at risk, foster, and juvenile youth and their families in every county in the state of Tennessee.

PHONE 615-250-7200

ADDRESS 3310 Perimeter Hill Drive
Nashville, TN 37211

WEB youthvillages.org/about-us/locations/tennessee/middle-tennessee

CANNON COUNTY**Cannon County Child Advocacy Center**

Child Abuse Counseling, Child Abuse Hotlines, Child Abuse Prevention, Child Advocacy Centers, Children's Protective Services, Substance Use Disorder Education/Prevention

PHONE 615-563-9915

ADDRESS 214 West Water Street
Woodbury, TN 37190

WEB cannoncac.org

CHEATHAM COUNTY**Cheatham Recovery House**

The Cheatham Recovery House is a nonprofit corporation whose purpose is to provide a facility which promotes the spiritual, mental, emotional, educational and physical welfare of its members and that of the recovering community at large.

PHONE 615-308-5374

ADDRESS 676 Main Street
Ashland City, TN 37015

WEB cheathamrecoveryhouse.org/index.htm

Oak Plains Academy

Located on 20 acres of rolling hills in a rural setting, about 45 minutes from Nashville, TN, Oak Plains Academy offers psychiatric residential treatment services to children and adolescents ages 5-17 who are struggling with emotional and behavioral issues.

PHONE 931-362-4723

ADDRESS 1751 Oak Plains Rd
Ashland City, TN 37015

WEB oakplainsacademy.com

ROBERTSON COUNTY

Centerstone - Springfield

Provides outpatient addiction recovery, children and family, counseling, and psychiatric services.

PHONE 615-463-6200

ADDRESS 713 Cheatham Street
Springfield, TN 37172

WEB centerstone.org

Paradise Ranch

Paradise Ranch's mission is to empower persons with special needs to grow physically, mentally, socially and spiritually through equestrian and other recreational activities.

PHONE 615-382-7256

ADDRESS 2822 Paradise Lane
Springfield, TN 37172

WEB paradiseranch.org

RUTHERFORD COUNTY

Behavioral Health Group - Murfreesboro

Provides outpatient substance abuse counseling and medication-assisted treatment (Methadone or Buprenorphine) for individuals experiencing opioid addictions.

PHONE 615-281-6844

ADDRESS 630 Broadmor Boulevard, Suite 160
Murfreesboro, TN 37129

WEB bhgrecovery.com

Branches Counseling Center - Rutherford County

Provides counseling services to individuals dealing with addictions, anxiety, depression, grief, trauma and mental health issues.

PHONE 615-904-7170

ADDRESS 1102 Dow Street
Murfreesboro, TN 37130

WEB branchescounselingcenter.com

Clarvida

Adolescent/Youth Counseling, Case/Care Management, Home Based Mental Health Services, Juvenile Delinquency Diversion Counseling, Parenting Skills Classes, Substance Use Disorder Counseling, Therapeutic Foster Homes

PHONE 615-678-6283

ADDRESS 750 Jim Parker Dr. Smyrna, TN 37167

WEB clarvida.com/tennessee

Cumberland Heights Alcohol & Drug Treatment Center - Murfreesboro

Provides an intensive outpatient program for individuals 18 and older who are in the early stages of dependency or experiencing problems with alcohol and/or drugs.

PHONE 615-356-2700

ADDRESS 745 South Church Street, Suite 505
Murfreesboro, TN 37130

WEB cumberlandheights.org

Doors of Hope

Doors of Hope empowers women to break the cycle of addiction, homelessness, and incarceration.

PHONE 615-203-5221

ADDRESS 428 E Bell Street
Murfreesboro, TN 37130

WEB opendoorsofhope.org

Hope Station

Offers free counseling for single mothers with children under 18 at home through a third party mental health practitioner.

PHONE 615-480-2765

ADDRESS 819 33rd. Ave. North Nashville, TN 37209

WEB hopestationtn.org

Insight Counseling Centers - Murfreesboro

Provides counseling for individuals, couples, and families.

PHONE 615-383-2115 x100

ADDRESS First Baptist Church, 200 East Main Street
Murfreesboro, TN 37130

WEB insightcounselingcenters.org

LifeCare Family Services - Murfreesboro

Provides individual and family therapy, child and adult psychiatric care and counseling, mental health case management and in home and family services.

PHONE 615-295-2176

ADDRESS 545 Brandies Circle Murfreesboro, TN 37128

WEB lifecarefamily.org

Matthew Walker Comprehensive Health Center

Offers individual, couples and family therapy focused on areas such as depression, anxiety, relationships, anger management, grief and loss, communication/conflict, divorce recovery, sexual issues, co-dependency, substance abuse, treatment and stress management.

PHONE 615-984-4290

ADDRESS 739 President Place Smyrna, TN 37167

WEB mwchc.org

Our Place Drop-In Center

Mental health education, advocacy and support

PHONE 615-867-3538

ADDRESS 120 Hancock Street

Murfreesboro, TN 37130

WEB murfreesboronet.com/our-place-peer-support-center

Tennessee Mental Health Consumers' Association

Offers peer counseling and support for mental health consumers.

PHONE 615-487-6129

ADDRESS 416 Medical Center Parkway Suite A Murfreesboro, TN 37129

WEB tmhca-tn.org

TN Valley Healthcare System - Murfreesboro - Glenis Drive 2 VA Clinic

Provides mental health care for veterans living in the Murfreesboro area.

PHONE 615-225-6333

ADDRESS 260 Glenis Drive

Murfreesboro, TN 37129

WEB va.gov/find-locations/facility/vha_626QE

TN Valley Healthcare System - Murfreesboro VA Medical Center - Alvin C. York

Provides ambulatory care, primary care, and secondary care in acute medicine and surgery, specialized tertiary care, transplant services, spinal cord injury, outpatient care, and a full range of extended care and mental health services.

PHONE 615-867-6000

ADDRESS 3400 Lebanon Pike

Murfreesboro, TN 37129

WEB tennesseevalley.va.gov/index

Volunteer Behavioral Health - Murfreesboro

Provides a continuum of services including, but not limited to, outpatient counseling, evaluation services, medication management, care management, intensive outpatient programs and crisis services to treat mental illness and co-occurring disorders (mental health and substance use issues).

PHONE 615-898-0771

ADDRESS 1504 Williams Dr. Murfreesboro, TN 37129

WEB volunteerbehavioralhealth.org

Volunteer Behavioral Health - Smyrna

Provides a continuum of services including, but not limited to, outpatient counseling, evaluation services, medication management, care management, intensive outpatient programs and crisis services to treat mental illness and co-occurring disorders (mental health and substance use issues).

PHONE 615-459-9251

ADDRESS 131 Mayfield Dr.

Smyrna, TN 37167

WEB volunteerbehavioralhealth.org

SUMNER COUNTY**Ashley's Place - Sumner Child Advocacy Center**

Ashley's Place is a non-profit organization providing services to children and families when there are allegations of sexual abuse, severe physical abuse and/or witness to violence. The Center has a unique partnership with the District Attorney's Office, The Department of Children's Services, Sumner County Law Enforcement jurisdictions and Juvenile Court. This Multidisciplinary team works together for the detection, investigation, prosecution and treatment of child abuse.

PHONE 615-451-2169

ADDRESS 315 West Smith Street

Gallatin, TN 37066

WEB ashleysplace.net

Bledsoe Youth Academy

Alcohol Use Disorder Support Groups, Anger Management, Child/Adolescent Residential Treatment Facilities, Drug Use Disorder Support Groups, Independent Living Skills Instruction, Parent Support Groups, Self Esteem Workshops

PHONE 615-230-2937

ADDRESS 220 South Hickory Street

Gallatin, TN 37066

Buffalo Valley-Castalian Springs

Offers 24 hour residential rehab program for those with drug and alcohol addiction. Homeless no more program offers case management, transitional and permanent housing for those eligible, job training, transitional housing.

PHONE 800-447-2766

ADDRESS 885 Highway 231 S. Castalian Springs, TN 37031

WEB buffalovalley.org

Centerstone - Gallatin

Provides outpatient services for teens and adults including addiction care, counseling, crisis intervention and psychiatric medical services.

PHONE 888-291-4357

ADDRESS 332 Sumner Hall Drive

Gallatin, TN 37066

WEB centerstone.org

Clarvida

Adolescent/Youth Counseling, Case/Care Management, Home Based Mental Health Services, Juvenile Delinquency Diversion Counseling, Parenting Skills Classes, Substance Use Disorder Counseling, Therapeutic Foster Homes

PHONE 615-448-6799

ADDRESS 262 E Main Street
Gallatin, TN 37066

WEB clarvida.com/tennessee

Cumberland Heights Alcohol & Drug Treatment Center - Gallatin

Provides an intensive outpatient program for individuals 18 and older who are in the early stages of dependency or experiencing problems with alcohol and/or drugs.

PHONE 615-356-2700

ADDRESS 1531 Hunt Club Boulevard, Suite 300
Gallatin, TN 37066

WEB cumberlandheights.org

Health Connect America - Gallatin Region

Case/Care Management, Comprehensive Outpatient Substance Use Disorder Treatment, Family Counseling, Home Based Mental Health Services, Mental Health Assessment and Treatment, Substance Use Disorder Services.

PHONE 615-442-0301

ADDRESS 316 East Main Street
Gallatin, TN 37066

WEB healthconnectamerica.com

Hope Family Health Services

A comprehensive and primary care clinic providing affordable health-care to all regardless of insurance status provides well-child exams, adult physicals, preventive medicine, addiction and recovery, lab services, mental health care, and dental care.

PHONE 615-644-2000

ADDRESS 1124 New Hwy 52 E
Westmoreland, TN 37186

WEB hopefamilyhealth.org

Serenity Counseling and Mediation Center

Provides counseling services to individuals, couples, and families on a sliding scale.

PHONE 615-527-3060

ADDRESS 537 Blythe Ave. Gallatin, TN 37066

WEB serenitycounselingtn.com

The Papillion Center

The Papillion Center is a therapeutic center that offers individual therapy, couples therapy, family therapy, child and adolescent therapy, group therapy, play therapy, and equine therapy.

PHONE 615-590-7213

ADDRESS 1404 East Broadway
Gallatin, TN 37066

WEB papillioncenter.org

TN Valley Healthcare System - Gallatin VA Clinic

The Gallatin VA Clinic provides Primary Care, Mental Health, Social Work, Clinical Pharmacist, Behavioral Health, and Whole Health (Chiropractic, Physical Therapy, and Acupuncture) services to Veterans in the Gallatin area.

PHONE 615-230-4600

ADDRESS 419 Steam Plant Road
Gallatin, TN 37066

WEB tennesseevalley.va.gov/locations/Gallatin_VA_Clinic.asp

Volunteer Behavioral Health - Gallatin

Provides a continuum of services including, but not limited to, outpatient counseling, evaluation services, medication management, care management, intensive outpatient programs and crisis services to treat mental illness and co-occurring disorders (mental health and substance use issues).

PHONE 615-452-1354

ADDRESS 510 E Main St
Gallatin, TN 37066

WEB volunteerbehavioralhealth.org

TROUSDALE COUNTY

Buffalo Valley Inc.

Mental health and substance abuse services

PHONE 800-447-2766

ADDRESS 885 Highway 231S
Castalian Springs, TN 37031

WEB buffalovalley.org

WILLIAMSON COUNTY

Mercy Community Healthcare

Mercy Community Healthcare is known for its comprehensive, compassionate treatment and is committed to improving the physical, mental, and spiritual health of both its patients and the community. No one is too old, too young, too rich, or too poor to receive care from Mercy's experienced medical team, and most importantly, no one is turned away because of their inability to pay.

PHONE 615-790-0567

ADDRESS 1113 Murfreesboro
Road, Suite 319
Franklin, TN 37064

WEB mercytn.org

My Friend's House

Serves children who have a long history of dependency and neglect, emotional/substance abuse issues, unruly and delinquent behavior

PHONE 615-790-8919

ADDRESS 626 Eastview Circle
Franklin, TN 37064

WEB myfriendshouseetn.org

Omni Family of Services

Provides counseling for individuals, couples, and families.

PHONE 615-383-2115 x100

ADDRESS 5501 Franklin Pike
Nashville, TN 37220

WEB theomnifamily.com

Omni Family of Services

Provides counseling for individuals, couples, and families.

PHONE 615-383-2115 x100

ADDRESS 506 Fair Street
Franklin, TN 37064

WEB theomnifamily.com

Refuge Center for Counseling

Provides counseling services on a sliding fee scale based on gross income.

PHONE 615-591-5262

ADDRESS 103 Forrest Crossing Boulevard, Suite 102
Franklin, TN 37064

WEB therefugecenter.org

Rolling Hills Hospital

Inpatient and out patient acute psychiatric and chemical dependency facility.

PHONE 615-628-5700

ADDRESS 2014 Quail Hollow Circle
Franklin, TN 37067

WEB RollingHillsHospital.org

Volunteer Behavioral Health - Franklin

Provides a continuum of services including, but not limited to, outpatient counseling, evaluation services, medication management, care management, intensive outpatient programs and crisis services to treat mental illness and co-occurring disorders (mental health and substance use issues).

PHONE 615-794-9973

ADDRESS 1324 W Main St. Franklin, TN 37064

WEB volunteerbehavioralhealth.org

Williamson County Anti-Drug Coalition

Provides free Naloxone training and distribution for opioid overdoses.

PHONE 615-975-5441

ADDRESS 2671 Fairview Blvd. Suite 105 Fairview, TN 37062

WEB wcadctn.org

Williamson Medical Center - Depression and Bipolar Support Group

Member led support groups for people living with depression and bi-polar disorder.

PHONE 615-595-1987

ADDRESS 4321 N.Carothers Pkwy
Franklin, TN 37067

WEB dbsafranklintn.com

WILSON COUNTY

A Friend of Bill's - Recovery House

Substance Abuse Recovery Homes: Community-based, peer-group-oriented, residential facilities that provide food, shelter and supportive services in a supportive alcohol and other drug-free environment for recovering adult male substance abusers.

PHONE 615-449-9514

ADDRESS 424 Vance Lane
Lebanon, TN 37087

WEB friendofbills.com

Branches Counseling Center - Wilson County

Provides counseling services to individuals dealing with additions, anxiety, depression, grief, trauma and mental health issues.

PHONE 615-648-5199

ADDRESS 2596 North Mount Juliet Road
Mt. Juliet, TN 37122

WEB branchescounselingcenter.com

Cedar Recovery

At Cedar Recovery, our mission is to solve the opioid epidemic and repair our communities by providing addiction treatment that works.

PHONE 615-994-1288

ADDRESS 1405 West Baddour Parkway Suite 101 Lebanon, TN 37087

WEB cedarrecovery.com

Cedarcroft Home

Provides mental health residential services in the Wilson County area.

PHONE 615-449-0825

ADDRESS 202 South College Street
Lebanon, TN 37087

WEB cedarcrofthome.org

Empower Me Center

Day camps are designed for children ages 5-21 with mild to moderate physical, developmental, or mental disabilities. Hosts both week long summer day camps and one day camps throughout the year

PHONE 615-453-0005

ADDRESS 2215 Callis Road
Lebanon, TN 37090

WEB empowermecenter.com

LifeCare Family Services - Lebanon

Provides individual and family therapy, child and adult psychiatric care and counseling, mental health case management and in home and family services.

PHONE 615-453-1606

ADDRESS 1420 West Baddour Parkway Suite 240 Lebanon, TN 37087

WEB lifecarefamily.org

Omni Family of Services

Provides individual and family therapy, child and adult psychiatric care and counseling, mental health case management and in home and family services.

PHONE 615-453-1606

ADDRESS 115 Winwood Dr. Suite 105 Lebanon, TN 37087

WEB theomnifamily.com

Volunteer Behavioral Health - Lebanon

Provides a continuum of services including, but not limited to, outpatient counseling, evaluation services, medication management, care management, intensive outpatient programs and crisis services to treat mental illness and co-occurring disorders (mental health and substance use issues).

PHONE 615-444-4300

ADDRESS 1404 Winter Drive
Lebanon, TN 37087

WEB volunteerbehavioralhealth.org

SERVING MULTIPLE COUNTIES

Mental Health Cooperative - Serves Cheatham Co.

Serves: Cheatham, Dickson

Support for adults with serious mental illnesses and children struggling with emotional/behavioral challenges using unique and innovative approaches.

PHONE 615-446-3061

ADDRESS 220 Skyline Circle
Dickson, TN 37055

WEB mhc-tn.org

Mental Health Cooperative Counties served from this office: Davidson, Rutherford, Williamson

Serves: Rutherford, Williamson

Support for adults with serious mental illnesses and children struggling with emotional/behavioral challenges using unique and innovative approaches.

PHONE 615-365-3160

ADDRESS 1309 Bell Road
Antioch, TN 37013

WEB mhc-tn.org

Mental Health Cooperative Serves Rutherford, Cannon, Wilson

Serves: Rutherford, Cannon, Wilson

Support for adults with serious mental illnesses and children struggling with emotional/behavioral challenges using unique and innovative approaches.

PHONE 615-904-6490

ADDRESS 1632 Gateway Blvd. Murfreesboro, TN 37129

WEB mhc-tn.org

Mental Health Cooperative Serves Sumner, Trousdale, Wilson

Serves: Sumner, Trousdale, Wilson

Support for adults with serious mental illnesses and children struggling with emotional/behavioral challenges using unique and innovative approaches.

PHONE 615-230-9663

ADDRESS 1078 South Water Avenue
Gallatin, TN 37066

WEB mhc-tn.org

Employment

Job training, career services, and help finding and keeping work.

SERVING ALL COUNTIES

Disabled American Veterans - TN Chapter

Job Fairs, Non-Emergency Medical Transportation, Scholarships, Veteran Benefits Assistance, Veteran Education Benefits

PHONE 931-762-8256

ADDRESS 113 Weakley Creek Rd. P.O. Box 296 Lawrenceburg, TN 38464

WEB davtn.org

Metro Nashville Workforce Development at JUMP

Metro Nashville Workforce Development Program at Jefferson Street United Merchants Partnership (JUMP) provides job referrals, job specific training, job preparation, job application/placement assistance, re-acquisition of a driver's license, and reinstatement of voting rights, among other services.

PHONE 615-726-5867

ADDRESS 1215 9th Avenue North, Suite 201
Nashville, TN 37208

WEB guidestar.org/profile/62-1595037#mission

New Horizons Corporation

New Horizons is a non-profit agency providing supported employment, supported living, and social opportunities for persons with intellectual and developmental disabilities.

PHONE 615-360-8595

ADDRESS 5221 Harding Place
Nashville, TN 37217

WEB newhorizonscorp.com

Project Return

Provides services that connect people with resources needed to return successfully to work and community after incarcerations with special emphasis on career development.

PHONE 615-327-9654

ADDRESS 109 Lafayette St. Nashville, TN 37210

WEB projectreturninc.org

Social Security Administration - Ticket To Work Program

The Ticket to Work and Self-Sufficiency Program is an employment program for people with disabilities who are interested in going to work.

PHONE 866-968-7842

WEB choosework.ssa.gov

Tennessee College of Applied Technology - Hartsville

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-374-2147

ADDRESS 716 McMurray Boulevard East
Hartsville, TN 37074

WEB tcathartsville.edu

Tennessee College of Applied Technology - Murfreesboro

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-898-8010

ADDRESS 1303 Old Fort Parkway
Murfreesboro, TN 37129

WEB tcatmurfreesboro.edu

Tennessee College of Applied Technology - Nashville

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-425-5500

ADDRESS 100 White Bridge Road
Nashville, TN 37209

WEB tcatnashville.edu

Tennessee College of Applied Technology - Wilson Co.

Provides hands-on vocational training for adults in specific technical occupations and skilled and semiskilled trades for individuals who have graduated from high school or the equivalent.

PHONE 615-547-1128

ADDRESS 415 Tennessee Blvd
Lebanon, TN 37087

WEB tcathartsville.edu

Tennessee Dept. of Labor and Workforce Development

Provides listing on the website for Workforce Investment Act training programs across the state of TN.

PHONE 844-224-5818

ADDRESS 220 French Landing Drive, Suite 1-B
Nashville, TN 37228

WEB tn.gov/workforce.html

The Sweet Addiction

Non-profit baked goods and catering company that provides job training, employment opportunities, mentorship and education to women in recovery from addiction, incarceration, human trafficking and domestic violence.

PHONE 615-580-8001

ADDRESS 2246 Keeneland Commercial Blvd. Murfreesboro, TN 372127

WEB thesweetaddiction.com

TN Bureau of Workers Compensation - Nashville State Office - Workers' Compensation

State bureau that assists employees and employers in coming to fair settlements of losses from occupational injuries and illnesses.

PHONE 800-332-2667

ADDRESS 220 French Landing Drive Suite 1-B
Nashville, TN 37243

WEB tn.gov/workerscomp

TN Civil Rights Enforcement Division

Provides assistance for people who have been denied equal access to employment, housing, or public buildings and services on the basis of race, color, creed, national origin, religion, sex, disability, familial status (housing only), and age (over 40 in employment).

PHONE 615-741-3491

ADDRESS P.O. Box 20207 Nashville, TN 37207

WEB tn.gov/attorneygeneral

TN Committee for Employment of People with Disabilities - Jobs for Persons with Disabilities

Promotes employment opportunities for individuals with physical and mental disabilities in the state of TN.

PHONE 615-313-4891

ADDRESS 505 Deaderick Street
Nashville, TN 37243

WEB tn.gov/humanservices/disability-services

TN Disability Determination Services - Disability Determination

Operates by agreement between the State of TN and the Social Security Administration to process Social Security and Supplemental Security Income disability claims.

PHONE 800-342-1117

ADDRESS PO Box 245
Nashville, TN 37202

WEB ssa.gov

TN Services for the Blind, Visually Impaired, Deaf, Deaf-Blind and Hard of Hearing

The Tennessee Department of Human Services' Division of Rehabilitation Services recognizes the unique needs of individuals who are Deaf, Deaf-Blind and Hard of Hearing.

PHONE 865-403-1624

ADDRESS 520 West Summit Hill Dr.
Knoxville, TN 37902

WEB tn.gov/humanservices/ds/deaf-and-hard-of-hearing-services.html

TN Vocational Rehabilitation Services - State Office

Provides services to help individuals with disabilities enter or return to employment.

PHONE 615-313-4891

ADDRESS Citizens Plaza Building, 10th Floor, 400 Deaderick Street
Nashville, TN 37243

WEB tn.gov/humanservices/ds/vocational-rehabilitation.html

US Dept of Labor - Veterans' Employment & Training Service

Provides assistance to reserve and national guard military personnel with re-employment rights, as well as discrimination and employment assistance

PHONE 615-734-5037

ADDRESS 220 French Landing Dr. Floor 4B Nashville, TN 37228

WEB dol.gov/vets

VA - Nashville Regional Benefit Office

Administers a variety of services, including Compensation, Education, Insurance, Loan Guaranty, Pension, and Vocational Rehabilitation and Employment (VR&E) for Veterans, Servicemembers, their families and survivors in Tennessee and at the Fort Campbell Military Base in Kentucky.

PHONE 615-741-1863

ADDRESS 110 9th Avenue South
Nashville, TN 37243

WEB benefits.va.gov/RONASHVILLE/index.asp

CANNON COUNTY

Department of Human Services- Cannon County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-563-4051

ADDRESS 325 Bryant Lane
Woodbury, TN 37190

WEB tn.gov/humanservices.html

CHEATHAM COUNTY

American Job Center - Cheatham Co. (partners with Workforce Essentials)

Help with job search, resume writing, job training

PHONE 615-792-2520

ADDRESS 384 S. Main Street
Ashland City, TN 37015

WEB tnvirtualajc.com

Department of Human Services- Cheatham County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-746-3164

ADDRESS 286 Frey Street Ste 101
Ashland City, TN 37015

WEB tn.gov/humanservices.html

Workforce Essentials - Cheatham County

Career Development, Comprehensive Job Assistance Centers, Driving Safety Education, GED/High School Equivalency Test Instruction, GED/High School Equivalency Test Sites, Job Information, Job Search/Placement, Prejob Guidance

PHONE 615-792-2520

ADDRESS 5384 S. Main St.
Ashland City, TN 37015

WEB workforceessentials.com

DAVIDSON COUNTY

American Job Center - Davidson Co.

Help with job search, resume writing, job training

PHONE 615-253-8920

ADDRESS 665 Mainstream Drive
Nashville, TN 37228

WEB tnvirtualajc.com

DICKSON COUNTY

Workforce Essentials - Dickson County

Career Development, Comprehensive Job Assistance Centers, Driving Safety Education, GED/High School Equivalency Test Instruction, GED/High School Equivalency Test Sites, Job Information, Job Search/Placement, Prejob Guidance

PHONE 615-792-2520

ADDRESS 250 Beasley Dr. Dickson, TN 37055

WEB workforceessentials.com

HUMPHREYS COUNTY

Workforce Essentials - Humphreys County

Career Development, Comprehensive Job Assistance Centers, Driving Safety Education, GED/High School Equivalency Test Instruction, GED/High School Equivalency Test Sites, Job Information, Job Search/Placement, Prejob Guidance

PHONE 615-792-2520

ADDRESS 711 Holly Ln. Waverly, TN 37185

WEB workforceessentials.com

ROBERTSON COUNTY

American Job Center - Robertson Co.

Help with job search, resume writing, job training

PHONE 615-384-1097

ADDRESS 299 10th Avenue East
Springfield, TN 37172

WEB tnvirtualajc.com

Department of Human Services- Robertson County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-382-2402

ADDRESS 809 Mabel St.
Springfield, TN 37172

WEB tn.gov/humanservices.html

Goodwill Career Solutions

Provides in-person training programs and career services, including referrals and placement assistance with many employers who are hiring.

PHONE 615-384-4873

ADDRESS 2008 Memorial Blvd
Springfield, TN 37172

WEB giveit2goodwill.org

HATS (Habilitation and Training Services), Robertson County

Assisting people with intellectual and developmental disabilities by clearing the way to maximize community integration in its various forms and by providing support to ensure a healthy and meaningful life.

PHONE 615-384-2571

ADDRESS 4859 Highway 431 N.
Springfield, TN 37172

WEB hatstn.org

Workforce Essentials - Robertson County

Career Development, Comprehensive Job Assistance Centers, Driving Safety Education, GED/High School Equivalency Test Instruction, GED/High School Equivalency Test Sites, Job Information, Job Search/Placement, Prejob Guidance

PHONE 615-384-1097

ADDRESS 299 10th Avenue, East
Springfield, TN 37172

WEB workforceessentials.com

RUTHERFORD COUNTY

Amelia's Closet

Supports women during transitional moments in their lives by providing professional apparel, interview coaching.

PHONE 615-584-9029

ADDRESS 810 NW Broad St. Suite 10
Murfreesboro, TN 37129

WEB ameliascloset.org

American Job Center - Rutherford Co.

Help with job search, resume writing, job training

PHONE 615-898-8081

ADDRESS 1313 Old Fort Parkway
Murfreesboro, TN 37129

WEB tnvirtualajc.com

Department of Human Services- Rutherford County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-848-5153

ADDRESS 1711B Old Fort Pkwy
Murfreesboro, TN 37129

WEB tn.gov/humanservices.html

Goodwill Career Solutions

Provides in-person training programs and career services, including referrals and placement assistance with many employers who are hiring.

PHONE 615-346-1818

ADDRESS 2955 S. Church St.
Murfreesboro, TN 37127

WEB giveit2goodwill.org

Journeys in Community Living - Disability Services

Provides community participation services, industrial training services, job training and placement services, special services, residential services and transportation services to adults with intellectual disabilities in both Rutherford and Cannon Counties.

PHONE 615-890-4389

ADDRESS 1130 Haley Road
Murfreesboro, TN 37129

WEB journeystn.org

TN Career Center at Rutherford County

Provides employment and training services, including pre-job guidance, job search assistance, unemployment insurance and job registration, and information on financial aid for education and training, among others.

PHONE 615-898-8081

ADDRESS 1313 Old Fort Parkway
Murfreesboro, TN 37129

SUMNER COUNTY

American Job Center - Sumner Co.

Help with job search, resume writing, job training

PHONE 615-452-1964

ADDRESS 1598 Greenlea Blvd.
Gallatin, TN 37066

WEB tnvirtualajc.com

Community Tennessee Rehabilitation Center - Sumner Co.

Vocational rehabilitation services for eligible individuals with physical or mental disabilities. Services may include vocational evaluation, work adjustment, work experience, training in marketable skills and placement in competitive employment or a sheltered work environment.

PHONE 833-751-0597

ADDRESS 1598 Green Lea Blvd
Gallatin, TN 37066

WEB tn.gov/humanservices/ds/office-locator-trc-ttap.html

Department of Human Services- Sumner County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-451-5814

ADDRESS 1598 Greenlea Blvd.
Gallatin, TN 37066

WEB tn.gov/humanservices.html

HATS (Habilitation and Training Services), Sumner County

Assisting people with intellectual and developmental disabilities by clearing the way to maximize community integration in its various forms and by providing support to ensure a healthy and meaningful life.

PHONE 615-451-0974

ADDRESS 545 Airport Road
1598 Greenlea Blvd.
Gallatin, TN 37066

WEB hatstn.org

Workforce Essentials

Career Development, Comprehensive Job Assistance Centers, Driving Safety Education, GED/High School Equivalency Test Instruction, GED/High School Equivalency Test Sites, Job Information, Job Search/Placement, Prejob Guidance

PHONE 615-452-1964

ADDRESS 1598 Greenlea Blvd.
Gallatin, TN 37066

WEB workforceessentials.com

TROUSDALE COUNTY**American Job Center - Trousdale Co.**

Help with job search, resume writing, job training

PHONE 615-680-3377

ADDRESS 204 E. McMurtry Blvd.
Hartsville, TN 37074

WEB tnvirtualajc.com

Department of Human Services- Trousdale County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-374-3513

ADDRESS 205 East Main Street
Hartsville, TN 37074

WEB tn.gov/humanservices.html

WILLIAMSON COUNTY**American Job Center - Williamson Co.**

Help with job search, resume writing, job training

PHONE 615-370-6004

ADDRESS 118 Seaboard Lane,
Suite 100
Franklin, TN 37067

WEB tnvirtualajc.com

Center for Living and Learning

Provides therapeutic residential rehabilitation program and a vocational training program for individuals with disabilities.

PHONE 615-269-9932

ADDRESS 1979 Old Hillsboro Road
Franklin, TN 37064

WEB centerforlivingandlearning.com

Community Tennessee Rehabilitation Center - Williamson Co.

Vocational rehabilitation services for eligible individuals with physical or mental disabilities. Services may include vocational evaluation, work adjustment, work experience, training in marketable skills and placement in competitive employment or a sheltered work environment.

PHONE 833-751-0597

ADDRESS 203 Beasley Drive
Franklin, TN 37064

WEB tn.gov/humanservices/ds/office-locator-trc-ttap.html

Department of Human Services- Williamson County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 833-772-8347

ADDRESS 203-B Beasley Drive
Franklin, TN 37064

WEB tn.gov/humanservices.html

Goodwill Career Solutions

Provides in-person training programs and career services, including referrals and placement assistance with many employers who are hiring.

PHONE 615-953-0040

ADDRESS 6708 Nolensville Road
Brentwood, TN 37027

WEB giveit2goodwill.org

Waves

Empowering individuals with intellectual and developmental disabilities to progress toward their full potential. Offer Early Learning Program, Adult Day Services, Adult Residential Programs, Employment Programs

PHONE 615-794-7955

ADDRESS 1325 W. Main Street, Suite 104
Franklin, TN 37064

WEB wavesinc.com

Williamson County Career Center

Provides employment and training services, including pre-job guidance, job search assistance, unemployment insurance and job registration, and information on financial aid for education and training, among others.

PHONE 615-790-3311

ADDRESS 225 Noah Drive, Suite 360
Franklin, TN 37064

WEB tennessee.gov/workforce

Workforce Essentials Adult Education

Career Development, Comprehensive Job Assistance Centers, Driving Safety Education, GED/High School Equivalency Test Instruction, GED/High School Equivalency Test Sites, Job Information, Job Search/Placement, Prejob Guidance

PHONE 615-370-6004 x7115

ADDRESS 118 Seaboard Lane, Suite 109
Franklin, TN 37064

WEB workforceessentials.com

WILSON COUNTY

American Job Center - Wilson Co.

Help with job search, resume writing, job training

PHONE 615-444-9355

ADDRESS 415 Tennessee Blvd
Lebanon, TN 37087

WEB tnvirtualajc.com

Department of Human Services- Wilson County

This office of the Tennessee Department of Human Services provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-443-2746

ADDRESS 155 Legends Dr, Suite G
Lebanon, TN 37087

WEB tn.gov/humanservices.html

Goodwill Career Solutions

Provides in-person training programs and career services, including referrals and placement assistance with many employers who are hiring.

PHONE 615-288-2389

ADDRESS 1985 Providence Pkwy.
Mt. Juliet, TN 37122

WEB giveit2goodwill.org

Health

Clinics, health departments, pregnancy and family health, insurance help, and medical assistance.

SERVING ALL COUNTIES

A Step Ahead of Middle Tennessee

Prevents unplanned pregnancies by providing free education and access to free, long-acting, reversible contraception.

PHONE 615-671-7837

ADDRESS PO Box 159002 Nashville, TN 37215

WEB astepaheadmiddletn.org

Affordable Care Act Information - Health Insurance Marketplace

Affordable Care Act Insurance Information/Counseling, Federal Health Insurance Marketplace Call Center/Website

PHONE 800-318-2596

WEB HealthCare.gov

Alive Hospice - Nashville

Provides residential and in home hospice care for terminally ill patients and their families, offers support for grieving adults and children and serves the community as a center for research and education.

PHONE 615-327-1085

ADDRESS 1718 Patterson Street
Nashville, TN 37203

WEB alivehospice.org

American Cancer Society - Nashville

Provides programs that help with transportation, advocacy, and lodging for cancer patients and their families.

PHONE 800-227-2345

ADDRESS 2000 Charlotte Avenue
Nashville, TN 37203

WEB cancer.org/about-us/local/tennessee.html

American Red Cross - Nashville

Provides vital emergency assistance to help victims of local disasters such as fires, storms, tornadoes, and have blood drives, first aid, CPR classes, and military relief.

PHONE 615-250-4300

ADDRESS 2201 Charlotte Avenue
Nashville, TN 37203

WEB redcross.org/local/tennessee/about-us/locations/nashville-area.html

Bill Wilkerson Center, Vanderbilt, Main Office

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems. Doctors and communication specialists work together as a team for the benefit of patients being treated in one or more of the Center's many closely related clinics.

PHONE 615-936-5000

ADDRESS 1215 21st Avenue S, Suite 9302
Nashville, TN 37232

WEB vanderbilthealth.com/service-line/vanderbilt-bill-wilkerson-center

CancerCare Co-Payment Assistance Foundation - Prescription Payment Assistance

Organization addresses the needs of individuals who cannot afford their insurance co-payments to cover the cost of medications for treating cancer.

PHONE 866-552-6729

WEB cancercarecopay.org

Connectus Health-Priest Lake

Health care services for low-income clients. Services provided include primary care, pediatrics, behavioral health and women's health.

PHONE 615-292-9770

ADDRESS 2637 Murfreesboro Pike Nashville, TN 37217

WEB connectus.org

Connectus Health-Vine Hill

Health care services for low-income clients. Services provided include primary care, pediatrics, behavioral health and women's health.

PHONE 615-292-9770

ADDRESS 601 Benton Ave. Nashville, TN 37204

WEB connectus.org

Cover Kids

Cover Kids provides free, comprehensive health coverage for qualifying children age 18 and younger and pregnant women. It covers preventive health services, doctors visits, hospital visits, vaccinations, well-child visits, developmental screenings and mental health. Children also get vision and dental care.

PHONE 855-259-0701

WEB tn.gov/coverkids/coverkids.html

CoverRx - Prescription Discounts for TN Residents

Provides discount card for those without prescription drug coverage in TN (cannot have TennCare, Medicare Part A, B, C or D, or have employer sponsored drug coverage) for ages 18-64; must have been a TN resident for at least the last six months and meet Federal Poverty Level income guidelines, be a US citizen or qualified legal alien.

PHONE 800-424-5815

WEB tn.gov/tenncare/coverrx

Cumberland Crisis Pregnancy Center

Provides pregnancy options counseling and pregnancy tests, prenatal and parenting classes, ongoing support, abortion recovery counseling and referrals for additional services needed.

PHONE 615-451-1717

ADDRESS 2229 Nashville Pike Gallatin, TN 37066

WEB ccpchope.org

Eldercare Locator - National Association of Area Agencies on Aging

Provides a specialized information line and website to help identify community resources for older people throughout the United States.

PHONE 800-677-1116

WEB eldercare.acl.gov

Family Faith Medical Center

Faith bases health clinic offering general medical services, behavioral healthcare and wellness care for people who are working but uninsured, or who have insurance but cannot afford their copays or coinsurance.

PHONE 615-341-0808

ADDRESS 326 21st Ave. N. Nashville, TN 37203

WEB faithmedical.org

Family Resource Center at Vanderbilt

Family health library, information about community resources and supports and a family business center. Can provide emergency clothing and self care supplies.

PHONE 615-936-2558

ADDRESS 2200 Children's Way, Suite 2125
Nashville, TN 37232

WEB childrenshospitalvanderbilt.org/information/family-resource-center

FamilyWize Community Services Partnership - Prescription Discount Card

FamilyWize is a trusted provider of prescription discounts, drug coupons and a prescription discount card.

PHONE 844-234-3057

WEB FamilyWize.org

Get Covered Tennessee

Provides insurance for the uninsured and uninsurable and pharmacy assistance for affordable medication based on income

PHONE 866-475-7879

WEB getcoveredtenn.org

Gilda's Club Middle Tennessee

Offers cancer support groups to those in need as well as other programs including free community meals.

PHONE 615-329-1124

ADDRESS 1707 Division St. Nashville, TN 37203

WEB gildasclubmiddletn.org

Good Shepherd Pharmacy - Discounted Prescriptions

Provides a non-profit mail order pharmacy that offers at cost or free prescriptions based on age/income with a membership to the program (some prescriptions may be free for persons who are uninsured, based on income at or below 300% of the Federal poverty level).

PHONE 877-521-6337

WEB goodsheprx.com

HealthWell Foundation - Co-Pay & Insurance Premium Payment Assistance

Nationwide non-profit foundation assists under-insured persons who cannot afford co-pays, premiums or medications for important medical treatments.

PHONE 800-675-8416

WEB healthwellfoundation.org

Hope Clinic for Women

We are a faith-based safe and confidential place for anyone dealing with life choices regarding past, present, and future pregnancies. We provide medical care, professional counseling, education, mentorship, and practical support regardless of age, race, or religion.

PHONE 615-321-0005

ADDRESS 1810 Hayes Street
Nashville, TN 37203

WEB hopeclinicforwomen.org

Interfaith Dental Clinic of Nashville

Income based dental services

PHONE 615-329-4790

ADDRESS 600 Hill Avenue
Nashville, TN 37203

WEB interfaithdental.com

Kids Central TN

The Children's Special Services (CSS) program provides medical care for children with physical disabilities from birth to 21 years of age. The program is coordinated through the local health departments in all 95 Tennessee counties and provides resources for medical and nonmedical services.

PHONE 615-741-7353

WEB kidcentraltn.com/development/special-needs/childrens-special-services.html

Leukemia & Lymphoma Society - TN Chapter

Serves residents who have been touched by one of the blood cancers: leukemia, lymphoma and myeloma.

PHONE 800-955-4572

ADDRESS 404 BNA Drive Building 200, Suite 102
Nashville, TN 37217

WEB lls.org

Lion's Clubs of Tennessee - State Headquarters

Lions Clubs in Tennessee provide eyeglasses, eye exams, hearing aids, health-related services, and scholarships.

PHONE 615-690-8644

ADDRESS 505 Fesslers Lane
Nashville, TN 37210

WEB lionsoftn.org

Matthew Walker Comprehensive Medical

Income based healthcare services

PHONE 615-327-9400

ADDRESS 1035 14th Avenue North
Nashville, TN 37208

WEB mwchc.org

Matthew Walker Comprehensive Medical

Income based healthcare services

PHONE 615-984-4290

ADDRESS 739 President Place,
Suite 100
Smyrna, TN 37167

WEB mwchc.org

Medicare Hotline - Medicare Hotline

Provides general Medicare information (enrollment, change address, programs, order Medicare publications, and information about health plans).

PHONE 800-633-4227

WEB medicare.gov

Medicine Assistance Tool (Formerly Partnership for Prescription Assistance - PPARX)

Directs uninsured people to the public or private programs most likely to meet their prescription assistance needs.

PHONE 888-477-2669

WEB mat.org

Meharry Dental Students Clinic

Income based dental services

PHONE 615-327-6900

ADDRESS 1801 Meharry Blvd.
Nashville, TN 37208

WEB home.mmc.edu/school-of-dentistry/dental-care

National Cancer Institute - Cancer Information Service - Cancer Helpline

Information specialists at NCI's Cancer Information Service (CIS) are available to answer any cancer-related questions from patients, family member or friend of patient, health care provider or researcher.

PHONE 800-422-6237

WEB cancer.gov

National Council on Aging - BenefitsCheckUp - www.BenefitsCheckUp.org

Benefits CheckUp connects millions of older adults and people with disabilities with benefits programs that can help pay for health care, medicine, food, utilities, and more.

PHONE 800-794-6559

WEB BenefitsCheckUp.org

National Multiple Sclerosis Society, Mid-South Chapter - Financial Assistance Program

Provides financial assistance for a variety of needs for people living with MS.

PHONE 800-344-4867

WEB nationalmssociety.org

NeedyMeds

Provides an online information resource of programs that assists individuals who are unable to afford medications and health care costs.

PHONE 800-503-6897

WEB NeedyMeds.org

Neighborhood Health - Casa Azafran

Income based healthcare services

PHONE 615-227-3000

ADDRESS 2195 Nolensville Pike
Nashville, TN 37211

WEB neighborhoodhealthtn.org

Neighborhood Health - Cayce Place

Income based healthcare services

PHONE 615-227-3000

ADDRESS 617 South 8th Street
Nashville, TN 37206

WEB neighborhoodhealthtn.org

Neighborhood Health - East Side

Income based healthcare services

PHONE 615-227-3000

ADDRESS 905 Main Street
Nashville, TN 37206

WEB neighborhoodhealthtn.org

Neighborhood Health - Madison

Income based healthcare services

PHONE 615-227-3000

ADDRESS 601 W. Due West Avenue
Nashville, TN 37115

WEB neighborhoodhealthtn.org

Neighborhood Health - Napier Place

Income based healthcare services

PHONE 615-227-3000

ADDRESS 107 Charles E. Davis Boulevard
Nashville, TN 37210

WEB neighborhoodhealthtn.org

Neighborhood Health-Cleveland Park

Income based healthcare services

PHONE 615-227-3000

ADDRESS 1223 Dickerson Pike Nashville, TN 37207

WEB neighborhoodhealthtn.org

Neighborhood Health-Inglewood

Income based healthcare services

PHONE 615-227-3000

ADDRESS 3904 Gallatin Pike Nashville, TN 37215

WEB neighborhoodhealthtn.org

Neighborhood Health-Welshwood

Income based healthcare services

PHONE 615-227-3000

ADDRESS 419 Welshwood Dr. Nashville, TN

WEB neighborhoodhealthtn.org

Nurses for Newborns of TN

Provides comprehensive, community based, in-home services which include health assessments, screenings and parenting education.

PHONE 615-313-9989

ADDRESS 1606 Porter Road, Suite 200
Nashville, TN 37206

WEB nursesfornewborns.org

Patient Advocate Foundation - Co-Pay Assistance and Mediation

Provides patient advocacy services assuring access to health care, maintenance of employment, and preservation of financial stability for persons who are dealing with chronic, life threatening, and debilitating illnesses.

PHONE 866-512-3861

WEB copays.org

Peterson Foundation for Parkinsons

Offers support groups throughout middle Tennessee for those living with Parkinson's disease and their caregivers.

PHONE 615-476-7111

ADDRESS 1486 N Mount Juliet Rd. Suite 175 Mt. Juliet, TN 37122

WEB petersonforparkinsons.org

Portico (Pregnancy Support Center)

Crisis Intervention, Free Pregnancy Tests, Ultrasounds

PHONE 615-893-0228

ADDRESS 726 South Church St.
Murfreesboro, TN 37130

WEB porticostory.org

Portico Mobile

Offered free pregnancy testing and ultrasounds from a mobile unit every Tuesday from 9am-3pm.

PHONE 615-893-0228

ADDRESS 463 Sam Ridley Parkway Smyrna, TN 37167

WEB porticostory.org

Pregnancy Care Center

Agency helps women dealing with unexpected pregnancies through free medical services, education and a baby boutique.

PHONE 615-773-4673

ADDRESS 4989 Lebanon Pike Hermitage, TN 37138

WEB pregnancycarecentertn.com

Project TREDs, Children's Hospital at Vanderbilt

TREDs is a federally funded program that provides free services to families, educators, and other professionals with the knowledge and skills needed to improve outcomes for individuals, age's birth through 21, who have a combined hearing and vision loss. Anyone can refer an individual to TREDs.

PHONE 615-936-0262

ADDRESS 2200 Children's Way
Nashville, TN 37232

WEB childrenshospitalvanderbilt.org/service/tennessee-deaf-blind-project

Ronald McDonald House Charities of Nashville

Provides essential resources and temporary lodging for families of critically ill children receiving inpatient or outpatient medical care at Nashville area hospitals.

PHONE 615-343-4000

ADDRESS 2144 Fairfax Ave.
Nashville, TN 37212

WEB rmhcnashville.com

Saltwagon Clinic at Meharry

Student run, training clinic offers primary care visits, prescription medications, diabetes and glucose testing, blood tests, physicals.

PHONE 615-378-7585

ADDRESS 1818 Albion St. 2nd Floor Nashville, TN 37208

WEB meharry.edu/meharry-clinics/salt-wagon-clinic

Shriners's

Changes lives every day through innovative pediatric specialty care, world-class research, and outstanding medical education.

PHONE 615-226-7766

ADDRESS 1604 Elm Hill Pike Nashville, TN 37210

WEB almenahshriners.org

Sickle Cell Foundation of TN - Nashville

Provides rent/mortgage assistance, utility assistance, summer camp for children, gas vouchers, and burial assistance to individuals living with sickle cell.

PHONE 901-552-4267

ADDRESS PO Box 330575
Nashville, TN 37203

WEB sicklecelltn.org

St. Thomas Family Health Center West

Provides basic non-emergency medical care including physical examinations, immunizations, family planning, nutrition assistance and diagnosis and treatment of common ailments.

PHONE 615-222-1900

ADDRESS 5201 Charlotte Ave. Nashville, TN 37209

WEB healthcare.ascension.org/locations/tennessee/tnnas/nashville-ascension-saint-thomas-medical-partners-family-health-center-west

TennCare

TennCare provides medical and pharmacy services to the qualifying citizens of Tennessee.

PHONE 800-342-3145

ADDRESS 310 Great Circle Rd.
Nashville, TN 37243

WEB tn.gov/tenncare.html

Tennessee Justice Center

Provides advocacy for vulnerable families in need of health care, nutrition benefits (like SNAP or food stamps), and public assistance with TennCare and Medicare.

PHONE 615-255-0331

ADDRESS 155 Lafayette St. Nashville, TN 37210

WEB tnjustice.org

Tennessee Kidney Foundation

Transportation assistance, kidney disease prevention and screening, kidney transplant education program, emergency assistance program.

PHONE 615-383-3887

ADDRESS 1600 Hayes St. Suite 300 Nashville, TN 37203

WEB tennesseekidneyfoundation.org

Tennessee Poison Center

Provides a 24-hour telephone hotline for emergency poison information, as well as promoting poison prevention through education and community outreach programs

PHONE 615-936-0760

800-222-1222

WEB vumc.org/poison-control/home

The ALS Association of Tennessee

Offers support groups for people living with ALS and their caregivers.

PHONE 615-331-5556

ADDRESS 4300 Sidco Dr. Suite 200 Nashville, TN 37204

WEB als.org/support/states/tennessee

The Assistance Fund

The Assistance Fund helps insured patients with covered diseases who are facing high medical out-of-pocket costs by providing financial assistance for their copayments, coinsurance, deductibles, and other health-related expenses.

PHONE 855-845-3663

WEB tafcares.org

The PAN Foundation

The PAN Foundation helps underinsured people with life-threatening, chronic and rare diseases get the medications and treatments they need by assisting with their out-of-pocket costs and advocating for improved access and affordability.

PHONE 866-316-7263

WEB panfoundation.org

The Waters of Cheatham

Offers comprehensive skilled medical care, rehab-to-home programs, memory care, long term care services, repite care, and a variety of other healthcare services.

PHONE 615-792-4948

ADDRESS 2501 River Rd. Ashland City, TN 37015

WEB watersofcheatham.com

TN Association of the Deaf

Promotes the general welfare of deaf, hard of hearing, and hearing people by advocating for accessible services and programs across Tennessee.

ADDRESS PO BOX 293385

Nashville, TN 37229

WEB tad1897.org

TN Commission on Aging and Disability

Designated state agency on aging to administer programs for older persons.

PHONE 866-836-6678

ADDRESS 502 Deadrick Street 9th Floor

Nashville, TN 37243

TN Dept of Health - TN Tobacco Quitline (1-800-QUIT-NOW)

Provides free personalized telephone and online support to Tennessee residents who want to quit smoking, chewing tobacco or e-cigarettes.

PHONE 800-784-8669

ADDRESS 710 James Robertson Parkway

Nashville, TN 37243

WEB tnquitline.org

TN Dept of Health - TN Vital Records

Provides cremation permits, burial transit permits, death certificates, birth certificates, post-disaster death certificates, and marriage and divorce records for Tennesseans.

PHONE 855-809-0072

ADDRESS 710 James Robertson Parkway

Nashville, TN 37243

WEB tn.gov/health/article/vr-certificate

TN Health Care Campaign - Insure All Tennessee

Tennesseans seeking assistance in finding affordable health care can call our hotline to be connected to an enrollment assister who can help them apply for an ACA Marketplace plan or TennCare, or to a safety net provider at a community health center or charitable care clinic.

PHONE 844-644-5443

ADDRESS 1423 Kensington Square Court

Murfreesboro, TN 37130

WEB insurealltn.com

TN Valley Healthcare System - Murfreesboro VA Medical Center - Alvin C. York

Provides ambulatory care, primary care, and secondary care in acute medicine and surgery, specialized tertiary care, transplant services, spinal cord injury, outpatient care, and a full range of extended care and mental health services.

PHONE 615-867-6000

ADDRESS 3400 Lebanon Pike

Murfreesboro, TN 37129

WEB tennesseevalley.va.gov/index.asp

United Cerebral Palsy of Middle TN

Provides disability housing assistance, holiday boxes, wheelchair ramps, equipment exchange, educational stipend fund, family support, special needs funds, and sports and recreation for people with disabilities that affect mobility.

PHONE 615-242-4091

ADDRESS 1200 9th Avenue North, Suite 110

Nashville, TN 37228

WEB ucpmidtn.org

CANNON COUNTY

Cannon County Health Department

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-563-4243

ADDRESS 106 Alexander Drive

Woodbury, TN 37190

WEB cannoncountyttn.gov/health-department

Department of Human Services- Cannon County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-563-4051

ADDRESS 325 Bryant Lane

Woodbury, TN 37190

WEB tn.gov/humanservices.html

CHEATHAM COUNTY

Cheatham County Health Department

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-792-4318

ADDRESS 162 John Mayfield Dr, Suite 200
Ashland City, TN 37015

WEB health.state.tn.us

Department of Human Services- Cheatham County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-746-3164

ADDRESS 286 Frey Street, Ste 101
Ashland City, TN 37015

WEB tn.gov/humanservices.html

DICKSON COUNTY

Care Net Pregnancy Medical Center

Provides pro-life educational resources on pregnancy and sexual health, free pregnancy tests, post-abortion counseling, parenting classes.

PHONE 615-441-1769

ADDRESS 305 S Main St. Dickson, TN 37055

WEB pregnancyhelp.net

Dickson Community Clinic

Offer primary healthcare, diagnosis, treatment, referrals, diagnostic testing and therapies to Dickson and surrounding counties on a sliding scale

PHONE 615-441-1486

ADDRESS 114 Hwy 70 East Suite 5 Dickson, TN 37055

WEB dicksonclinic.com

Dickson County Health Department

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-446-2839

ADDRESS 301 West End Ave. Dickson, TN 37055

WEB tn.gov/humanservices.html

Dickson County Health Department-White Bluff

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-797-5056

ADDRESS 200 School Rd. White Bluff, TN 37187

WEB tn.gov/humanservices.html

TN Dept of Human Services

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-740-2251

ADDRESS 250 State St. Dickson TN, 37055

WEB tn.gov/humanservices.html

HOUSTON COUNTY

TN Dept. of Human Services

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 931-289-4105

ADDRESS 21 Store Front Dr. Erin, TN 37061

WEB tn.gov/humanservices.html

HUMPHREYS COUNTY

TN Dept. of Human Services

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 931-296-4227

ADDRESS 1203 Hwy 70 West Waverly, TN 37185

WEB tn.gov/humanservices.html

ROBERTSON COUNTY

Department of Human Services- Robertson County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-382-2402

ADDRESS 809 Mabel St.

Springfield, TN 37172

WEB tn.gov/humanservices.html

Robertson County Comprehensive Care Clinic

Medical evaluation, drug therapy, on site pharmacy, nutrition guidance, and medical care for people who are HIV-positive.

PHONE 615-382-3108

ADDRESS 800 South Brown Street
Springfield, TN 37172

Robertson County Health Department

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-384-0208

ADDRESS 800 South Brown Street
Springfield, TN 37172

WEB robertsoncountyttn.org/health-department

RUTHERFORD COUNTY

Alive Hospice - Murfreesboro

Provides residential and in home hospice care for terminally ill patients and their families, offers support for grieving adults and children and serves the community as a center for research and education.

PHONE 615-896-4663

ADDRESS 1629 Williams Drive
Murfreesboro, TN 37129

WEB alivehospice.org

Department of Human Services- Rutherford County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-848-5153

ADDRESS 1711B Old Fort Pkwy
Murfreesboro, TN 37129

WEB tn.gov/humanservices.html

Interfaith Dental Clinic of Murfreesboro

Income based dental services

PHONE 615-225-4141

ADDRESS 210 Robert Rose Dr.
Murfreesboro, TN 37129

WEB interfaithdental.com

Lion's Club - Murfreesboro

Vision testing and eyeglasses assistance

PHONE 615-893-2582

ADDRESS 407 Hickerson Drive
Murfreesboro, TN 37129

WEB murfreesborotn.lionwap.org

Primary Care & Hope Clinic

Income based healthcare services

PHONE 615-893-9390

ADDRESS 1453 Hopeway Drive
Murfreesboro, TN 37129

WEB hopeclnc.org

Primary Care and Hope Clinic - Murfreesboro - Hope II

Income based healthcare services

PHONE 615-893-9390

ADDRESS 1313 Memorial Blvd. Murfreesboro, TN 37129

WEB hopeclnc.org

Primary Care and Hope Clinic - Smyrna

Income based healthcare services

PHONE 615-625-9390

ADDRESS 900 Sgt. Asbury Hawn Way Smyrna, TN 37167

WEB hopeclnc.org

Rutherford County Health Department- Murfreesboro

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-898-7880

ADDRESS 100 West Burton
Murfreesboro, TN 37130

WEB rutherfordcountyttn.gov

Rutherford County Health Department- Smyrna

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-355-6175

ADDRESS 108 David Collins Drive
Smyrna, TN 37167

WEB rutherfordcountyttn.gov

The Journey Home-Murfreesboro

Provides some basic health care and mental health services at no cost to individuals in need.

PHONE 615-809-2644

ADDRESS 1207 Old Salem Rd. Murfreesboro, TN 37129

WEB lovegodservepeople.org

STEWART COUNTY

TN Dept of Human Services

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 931-232-5304

ADDRESS 1011 Spring St. Dover, TN 37058

WEB tn.gov/humanservices.html

SUMNER COUNTY

Bill Wilkerson Center, Vanderbilt, Hendersonville

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems. Doctors and communication specialists work together as a team for the benefit of patients being treated in one or more of the Center's many closely related clinics.

PHONE 615-936-5000

ADDRESS 262 New Shackle Island Road, Suite 207
Hendersonville, TN 37075

WEB childrenshospitalvanderbilt.org/locations/vanderbilt-bill-wilkerson-center-hendersonville

Department of Human Services- Sumner County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-451-5814

ADDRESS 393 Maple Street
Gallatin, TN 37066

WEB tn.gov/humanservices.html

Gallatin VA Clinic

The Gallatin VA Clinic provides Primary Care, Mental Health, Social Work, Clinical Pharmacist, Behavioral Health, and Whole Health (Chiropractic, Physical Therapy, and Acupuncture) services to Veterans in the Gallatin area.

PHONE 615-230-4600

ADDRESS 419 Steam Plant Road
Gallatin, TN 37066

WEB tennesseevalley.va.gov/locations/Gallatin_VA_Clinic.asp

Hope Family Health Services

A comprehensive and primary care clinic providing affordable health-care to all regardless of insurance status provides well-child exams, adult physicals, preventive medicine, addiction and recovery, lab services, mental health care, and dental care.

PHONE 615-644-2000

ADDRESS 300 Steam Plant Rd. Ste. 210 Gallatin, TN 37066

WEB hopefamilyhealth.org

Hope Family Health Services

A comprehensive and primary care clinic providing affordable health-care to all regardless of insurance status provides well-child exams, adult physicals, preventive medicine, addiction and recovery, lab services, mental health care, and dental care.

PHONE 615-644-2000

ADDRESS 10427 New Hwy. 52W Westmoreland, TN 37186

WEB hopefamilyhealth.org

Hope Family Health Services

A comprehensive and primary care clinic providing affordable health-care to all regardless of insurance status provides well-child exams, adult physicals, preventive medicine, addiction and recovery, lab services, mental health care, and dental care.

PHONE 615-644-2000

ADDRESS 1124 New Hwy 52E Westmoreland, TN 37186

WEB hopefamilyhealth.org

Neighborhood Health-Salvus Center

Income based healthcare services

PHONE 615-227-3000

ADDRESS 556 Hartsville Pike Gallatin, TN 37066

WEB neighborhoodhealthtn.org

Sumner County Health Department - Gallatin

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-206-1100

ADDRESS 1005 Union School Road
Gallatin, TN 37066

WEB tn.gov/health/health-program-areas/localdepartments/lrhd/local-services.html

Sumner County Health Department-Portland

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-325-5237

ADDRESS 214 W. Longview Dr.
Portland, TN 37148

WEB sumnercountyhealth.com

TROUSDALE COUNTY

Department of Human Services- Trousdale County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-374-3513

ADDRESS 205 East Main Street
Hartsville, TN 37074

WEB tn.gov/humanservices.html

Trousdale County Health Department

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC

PHONE 615-374-2112

ADDRESS 541 East Main Street
Hartsville, TN 37074

WEB trousdalecountyttn.gov/government/county_departments/health_department.php

WILLIAMSON COUNTY

Bill Wilkerson Center, Vanderbilt, Franklin

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems. Doctors and communication specialists work together as a team for the benefit of patients being treated in one or more of the Center's many closely related clinics.

PHONE 615-936-5000

ADDRESS 919 Murfreesboro Road
Franklin, TN 37064

WEB childrenshospitalvanderbilt.org/locations/vanderbilt-bill-wilkerson-center-franklin

Brentwood Baptist Deaf Church - After School Program

After school tutorial program for deaf students who attend Hillsboro High School, West End Middle School, and Sylvan Park Elementary.

PHONE 615-324-6101

ADDRESS 7777 Concord Road
Brentwood, TN 37027

WEB brentwooddeaf.org

Brentwood Baptist Deaf Church - Camp Summersign

8-week summer day camp for deaf children, their hearing siblings, and hearing children with deaf parents, ages 6-17.

PHONE 615-324-6103

ADDRESS 7777 Concord Road
Brentwood, TN 37027

WEB thedeafcamp.com

Department of Human Services- Williamson County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-790-5500

ADDRESS 203-B Beasley Drive
Franklin, TN 37064

WEB tn.gov/humanservices.html

Graceworks

Food pantry, student fuel bags, mobile food pantry. Rent/utility assistance, short-term transitional housing, air conditioners/heaters, tax prep, clothing/home goods, new born supplies and more.

PHONE 615-794-9055

ADDRESS 104 Southeast Parkway
Franklin, TN 37064

WEB graceworksministries.net

Mercy Community Healthcare-Franklin Health Center

Income based healthcare services including primary care, behavioral and mental health, chronic disease management.

PHONE 615-790-0567

ADDRESS 143 Southeast Parkway Ct. Franklin, TN 37064

WEB mercytn.org

Williamson County Health Dept - Franklin

A federally-funded program that provides nutrition education and food vouchers for pregnant women, new mothers, infants and children younger than age five who cannot afford an adequate diet and, in the case of infants older than six weeks of age, who have a condition which shows a need for better nutrition.

PHONE 615-794-1542

ADDRESS 1324 W Main
Franklin, TN 37064

WILSON COUNTY

Alive Hospice - Lebanon

Provides residential and in home hospice care for terminally ill patients and their families, offers support for grieving adults and children and serves the community as a center for research and education.

PHONE 615-327-1085

ADDRESS 205 West High Street, Suite 102
Lebanon, TN 37087

WEB alivehospice.org

Bill Wilkerson Center, Vanderbilt, Lebanon

The Vanderbilt Bill Wilkerson Center specializes in ear, nose, and throat diseases, and communication disorders such as hearing, speech, language, and voice problems. Doctors and communication specialists work together as a team for the benefit of patients being treated in one or more of the Center's many closely related clinics.

PHONE 615-936-5000

ADDRESS 1670 West Main Street, Suite 130
Lebanon, TN 37087

WEB childrenshospitalvanderbilt.org/locations/vanderbilt-bill-wilkerson-center-lebanon

Charis Health Center

Provides primary health care for working uninsured residents of Wilson County. If you live in Wilson County you do not have health insurance coverage, and if you or someone in your household is employed, you are eligible to be a patient.

PHONE 615-773-5785

ADDRESS 2620 North Mt. Juliet Road
Mt. Juliet, TN 37122

WEB charishealthcenter.org/contact-us

Department of Human Services- Wilson County

Provides assistance with Food Stamps (SNAP), Families First, TennCare, and child care certificates. Child Care Expense Assistance, Food Stamps/SNAP, Medicaid, State/Local Health Insurance Programs, TANF, Welfare to Work Programs

PHONE 615-443-2746

ADDRESS 155 Legends Dr, Suite G
Lebanon, TN 37087

WEB tn.gov/humanservices.html

Jimmy Floyd Center

Physical and recreational activities.

PHONE 615-453-4545

ADDRESS 511 Castle Heights Avenue North

WEB lebanontn.org/226/Jimmy-Floyd-Center

Neighborhood Health - Lebanon

Income based healthcare services

PHONE 615-227-3000

ADDRESS 217 East High Street
Lebanon, TN 37087

WEB neighborhoodhealthtn.org

Wilson County Health Department

Tennessee's local health departments provide a variety of health services including vaccines, family planning, STD control, health education, and more. Birth Certificates, Death Certificates, Family Planning, General Medical Care, Immunizations, Prenatal Care, Sexually Transmitted Disease Treatment, WIC, Dental services, Breast and cervical cancer screenings.

PHONE 615-444-5325

ADDRESS 927 East Baddour Parkway
Lebanon, TN 37087

WEB wilsoncountyttn.gov/186/health

SERVING MULTIPLE COUNTIES

American Red Cross - Murfreesboro

Serves: Rutherford, Cannon

Provides vital emergency assistance to help victims of local disasters such as fires, storms, tornadoes, and have blood drives, first aid, CPR classes, and military relief.

PHONE 615-893-4272

ADDRESS 501 Memorial Blvd
Murfreesboro, TN 37129

WEB redcross.org/local/tennessee/about-us/locations/heart-of-tennessee.html

Brain Injury Association of TN

Serves: Cheatham, Dickson, Robertson, Sumner, Trousdale, Williamson, Wilson

Works with brain injury survivors and their families to assess current resources and needs, develop a comprehensive plan of care, provide referrals, coordinate services and bridge gaps in the service delivery system

PHONE 629-246-5884

ADDRESS 955 Woodland St. Nashville, TN 37206

WEB braininjurytenn.org

Transportation

Public transit, rides to medical appointments, and transportation assistance.

SERVING ALL COUNTIES

American Cancer Society - Nashville

Assistance with transportation, advocacy, and lodging for cancer patients and their families.

PHONE 800-227-2345

ADDRESS 2000 Charlotte Avenue
Nashville, TN 37203

WEB cancer.org/about-us/local/tennessee.html

Disabled American Veterans - TN Chapter

Job Fairs, Non-Emergency Medical Transportation, Scholarships, Veteran Benefits Assistance, Veteran Education Benefits

PHONE 615-695-6384

ADDRESS 113 Weakley Creed Rd. P.O. Box 296 Lawrenceburg, TN 38464

WEB davtn.org

Greyhound Bus Line - Metro Nashville

Inner and interstate travel

PHONE 615-255-3556

ADDRESS 514 Ash St. Nashville, TN 37203

WEB greyhound.com

TennCare - United health care and wellpoint members

Provides transportation for non emergency appointments to united health care and well point members. Must schedule at least 2 business days in advance

PHONE 866-405-0238

TennCare select

Provides transportation to doctor's appointments for BlueCare members. Must schedule at least 2 business days in advance.

PHONE 866-473-7565

ADDRESS 843 Dallas Highway
Villa Rica, GA 30180

TennCare-Bluecare

Provides transportation to doctor's appointments for BlueCare members. Must schedule at least 2 business days in advance.

PHONE 855-735-4660

ADDRESS 843 Dallas Highway
Villa Rica, GA 30180

CANNON COUNTY

UCHRA - Cannon County - Transportation

The UCHRA Public Transportation program provides a variety of transportation services for Cannon County residents, including bus routes, door-to-door and customized trip services, help ensure that the agency gets you where you need to go.

PHONE 833-828-7477

ADDRESS 301 West Main Street, Adams Memorial Building, Room 302
Woodbury, TN 37190

WEB ucpublictransit.com

CHEATHAM COUNTY

Mid-Cumberland Human Resource Agency-Transportation- Cheatham County

Transportation services. Adults must accompany children & call 3 days in advance for local rides and one week in advance for out of county rides. Call to be placed on schedule and verify fees and routes.

PHONE 615-792-7242

ADDRESS 202 North Main Street, Suite 11
Ashland City, TN 37015

WEB mchrtransit.org

ROBERTSON COUNTY

Mid-Cumberland Human Resource Agency-Transportation- Robertson County

Transportation services. Adults must accompany children & call 3 days in advance for local rides and one week in advance for out of county rides. Call to be placed on schedule and verify fees and routes.

PHONE 615-384-9335

ADDRESS 408 Willow St. Springfield, TN 37172

WEB mchra.com/public-transit

RUTHERFORD COUNTY

Barnabas Vision

Provides gas cards for dr. appointments or job interviews.

PHONE 615-556-5134

ADDRESS 141 MTCS Rd. Murfreesboro, TN 37129

WEB thebarnabasvision.org

Centennial Adultcare Center

Offers non-medical transportation services to scheduled appointments.

PHONE 615-713-1339

ADDRESS 230 Glenis Dr. Suite 302 Murfreesboro, TN 37129

WEB centennialadultcare.com

**Mid-Cumberland Human Resource Agency-
Transportation- Rutherford County**

Transportation services. Adults must accompany children & call 3 days in advance for local rides and one week in advance for out of county rides. Call to be placed on schedule and verify fees and routes.

PHONE 615-890-2677

ADDRESS 415 N Maple St. Murfreesboro, TN 37130

WEB murfreesborotn.gov/248/Murfreesboro-Public-Transit

Murfreesboro Transit

Public transportation in Murfreesboro, TN

PHONE 615-217-6837

ADDRESS 324 New Salem Highway Murfreesboro, TN 37129

WEB mchra.com/public-transit

SUMNER COUNTY

Community Life Bridge

Volunteer driven membership program available to adults over 60 who no longer drive. We pair volunteers drivers with riders. Hendersonville and Gallatin residents.

PHONE 615-431-2660

ADDRESS 177 E Main St. Suite 1 Hendersonville, TN 37075

WEB communitylifebridge.org

**Mid-Cumberland Human Resource Agency-
Transportation- Sumner County**

Transportation services. Adults must accompany children & call 3 days in advance for local rides and one week in advance for out of county rides. Call to be placed on schedule and verify fees and routes.

PHONE 615-452-5868

ADDRESS 180 North Belvedere Drive, Unit 12
Gallatin, TN 37066

WEB mchra.com/public-transit

TROUSDALE COUNTY

**Mid-Cumberland Human Resource Agency-
Transportation-Trousdale County**

Transportation services. Adults must accompany children & call 3 days in advance for local rides and one week in advance for out of county rides. Call to be placed on schedule and verify fees and routes.

PHONE 615-374-3311

ADDRESS 100 Damascus Ave.
Hartsville, TN 37074

WEB franklintransit.org

WILLIAMSON COUNTY

Franklin Transit Authority

Public transportation in Franklin, TN

PHONE 615-628-0260

ADDRESS 708 Columbia Avenue
Franklin, TN 37064

WEB mchra.com/public-transit

**Mid-Cumberland Human Resource Agency-
Transportation- Williamson County**

Transportation services. Adults must accompany children & call 3 days in advance for local rides and one week in advance for out of county rides. Call to be placed on schedule and verify fees and routes.

PHONE 615-790-5791

ADDRESS 129 West Fowlkes St, Suite 130
Franklin, TN 37064

WEB mchra.com/public-transit

WILSON COUNTY

Centennial Adultcare Center

Offers non-medical transportation services to scheduled appointments.

PHONE 615-288-8187

ADDRESS 4112 N. Mt. Juliet Rd. Mt. Juliet, TN 37122

WEB centennialadultcare.com

**Mid-Cumberland Human Resource Agency-
Transportation- Wilson County**

Transportation services. Adults must accompany children & call 3 days in advance for local rides and one week in advance for out of county rides. Call to be placed on schedule and verify fees and routes.

PHONE 615-444-7433

ADDRESS 213 N Cumberland St. Lebanon, TN 37087

WEB facebook.com/theviewwrc

The View CRC

Provides free local transportation to doctor's offices and grocery stores to residents of Fairview.

PHONE 615-380-4990

ADDRESS 7208 Grammar Dr. Fairview, TN 37062

Wilson Rides

Provides low cost volunteer driven transportation to adults 55 and older who no longer or seldom drive to sites in Wilson county.

PHONE 615-622-5557

ADDRESS 2055 North Mount Juliet Rd. Suite 200 Mt. Juliet, TN 37122

WEB wilsonridesinc.org

Nutrition

Food pantries, meal programs, and help applying for food benefits.

SERVING ALL COUNTIES

Adventist Community Services

Food pantry, clothing through vouchers for their thrift store, hygiene kits and supplies for homeless. Assistance for flood and burnout victims, one day bus pass for dr. appointment or job interview. Life skills mentoring programs

PHONE 615-860-6001

ADDRESS 403 Gallatin Pike S. Madison, TN 37115

WEB acsgreaternashville.com

Friendship Community Church-Food bank

Client based food bank, you choose the types of food your family will enjoy.

PHONE 615-758-5358

ADDRESS 15279 Lebanon Rd. Old Hickory, TN 37138

WEB achurchforyou.com/ministries/food-bank

Meals-On-Wheels

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-850-3919

ADDRESS 25 Century Blvd. Nashville, TN 37214

WEB mc-mealsonwheels.com

Nashville Rescue Mission Mens Campus

Serves 3 hot meals a day to hungry, homeless and hurting people in the community.

PHONE 615-255-2475

ADDRESS 639 Lafayette St. Nashville, TN 37203

WEB nashvillerescuemission.org

Nashville Rescue Mission Women & Childrens Campus

Serves 3 hot meals a day to hungry, homeless and hurting people in the community.

PHONE 615-312-1563

ADDRESS 1716 Rosa L Parks Blvd. Nashville, TN 37208

WEB nashvillerescuemission.org

Nourish Food Bank - Glenclyff

Provides food, hygiene and infant products to those in need.

PHONE 615-971-7376

ADDRESS 416 East Thompson Lane
Nashville, TN 37211

WEB nourishfoodbanks.org

Operation Stand Down Nashville

Provides services to US military Veterans related to housing, homelessness, hunger, careers, crisis, and connection.

PHONE 615-248-1981

ADDRESS 1125 12th Avenue South
Nashville, TN 37203

WEB osdtn.org

Salvation Army - Nashville

Provides services to the community including daily congregate meals, personal hygiene items and shelter for homeless men/women and families.

PHONE 615-242-0411

ADDRESS 631 Dickerson Rd
Nashville, TN 37202

WEB salvationarmynashville.org

Samaritan Ministries

Provides hot meals and gently used clothing to individuals in need.

PHONE 615-329-1523

ADDRESS 1041 28th Avenue North
Nashville, TN 37208

WEB templechurch.org

Second Harvest Food Bank of Middle Tennessee, Inc.

Second Harvest Food Bank of Middle Tennessee's mission is to provide food to people facing hunger and work to advance hunger solutions.

PHONE 615-329-2491

ADDRESS 331 Great Circle Road
Nashville, TN 37288

WEB secondharvestmidtn.org

Tennessee Food Pantries

Food banks in Tennessee

WEB foodpantries.org/st/tennessee

Tennessee Justice Center

Provides advocacy for vulnerable families in need of health care, nutrition benefits (like SNAP or food stamps), and public assistance with TennCare and Medicare.

PHONE 615-255-0331

ADDRESS 155 Lafayette St. Nashville, TN 37210

WEB tnjustice.org

TN Dept. of Health (WIC)

Provides nutrition education and EBT loaded cards for pregnant women, new mothers, infants and children under 5 years.

PHONE 800-342-5942

ADDRESS 710 James Robertson Pkwy. 8th Floor Nashville, TN 37243

WEB tn.gov/health/health-program-areas/fhw/wic.html

CANNON COUNTY**TN Dept of Human Services - Cannon County**

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-563-4051

ADDRESS 325 Bryant Lane
Woodbury, TN 37190

WEB tn.gov/humanservices.html

Upper Cumberland Human Resource Agency

USDA Commodity foods, distributed quarterly., Emergency food pantries.

PHONE 615-563-2916

ADDRESS 301 West Main Street, Adams Memorial Building, Room 302

Woodbury, TN 37190

WEB uchra.com

CHEATHAM COUNTY**Bethesda Center**

Supporting the people of Cheatham County who are in need of clothing, food, utilities/water help.

PHONE 615-792-1389

ADDRESS 124 Main St.
Ashland City, TN 37015

WEB facebook.com/Bethesda-Center-168306153229820

Cheatham County Health Department

Provides nutrition education and EBT loaded cards for pregnant women, new mothers, infants and children under 5 years.

PHONE 615-792-4318

ADDRESS 162 John Mayfield Dr. Suite 200 Ashland City, TN 37015

WEB tn.gov/health/health-program-areas/fhw/wic.html

Meals on Wheels-Cheatham County

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-792-7276

ADDRESS 104 Ruth Drive
Ashland City, TN 37015

WEB mchra.com

Mid-Cumberland Community Action Agency - Cheatham County

Assists with emergency food pantry and USDA commodities for eligible residents of Cheatham County

PHONE 615-742-1113

ADDRESS 384 South Main St.
Ashland City, TN 37015

WEB midcumberland.org

The Ark Community Resource Center

For South Cheatham County, Food Pantries, Free School Supplies, Home Delivered Meals, Thrift Shops, Utility Assistance, Volunteer Opportunities.

PHONE 615-457-1931

ADDRESS 710 Highway 70
Pegram, TN 37143

WEB arkstayafloat.com

TN Dept of Human Services - Cheatham County

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-746-3164

ADDRESS 286 Frey St. Ashland City, TN 37015

WEB tn.gov/humanservices.html

DICKSON COUNTY**Dickson County Health Department**

Provides nutrition education and EBT loaded cards for pregnant women, new mothers, infants and children under 5 years.

PHONE 615-797-5056

ADDRESS 200 School Rd. White Bluff, TN 37187

WEB tn.gov/health/health-program-areas/fhw/wic.html

TN Dept of Human Services-Dickson

Provides assistance with food stamps (SNAP)

PHONE 615-740-2251

ADDRESS 250 State St. Dickson, TN 37055

WEB tn.gov/humanservices.html

HOUSTON COUNTY**TN Dept of Human Services-Houston**

Provides assistance with food stamps (SNAP)

PHONE 931-289-4105

ADDRESS 21 Store Front Dr. Erin, TN 37061

WEB tn.gov/humanservices.html

HUMPHREYS COUNTY

Humphreys County Health Department

Provides vouchers to buy nutritious foods to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth

PHONE 931-296-2231

ADDRESS 725 Holly Lane Waverly, TN 37185

WEB tn.gov/health/health-program-areas/localdepartments/lrhd/local-services.html

TN Dept of Human Services-Humphreys

Provides assistance with food stamps (SNAP)

PHONE 931-296-4227

ADDRESS 1203 Hwy 70 W Waverly, TN 37185

WEB tn.gov/humanservices.html

ROBERTSON COUNTY

Masters Table Soup Kitchen

Provides prepared meals to those in need. Monday-Friday 10am-11am

PHONE 615-384-3730

ADDRESS 619 B Central Ave. West Springfield, TN 37172

Meals on Wheels-Robertson County

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-382-7287

ADDRESS 200 5th Avenue W.
Springfield, TN 37172

WEB mchra.com

Mid-Cumberland Community Action Agency - Robertson County

Assists with emergency food pantry and USDA commodities for eligible residents of Robertson County

PHONE 615-742-1113

ADDRESS 299 10th Ave. E Springfield, TN 37172

WEB midcumberland.org

Open Door Pregnancy & Resource Center

Provides items such as formula diapers and other baby item for women facing unplanned pregnancies.

PHONE 615-384-4673

ADDRESS 1109 S Main St. Springfield, TN 37172

WEB opendoorprc.org

Purpose Life Church

Provides food distribution events with other local churches through a partnership with Second Harvest food bank as well as year round emergency food pantry.

PHONE 615-380-8973

ADDRESS 805 Memorial Blvd. Springfield, TN 37172

WEB purposelifechurch.org

Robertson County Health Department

Provides vouchers to buy nutritious foods to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth

PHONE 615-384-4504

ADDRESS 900 S Brown St. Springfield, TN 37172

WEB tn.gov/health/health-program-areas/localdepartments/lrhd/local-services.html

TN Dept of Human Services - Robertson County

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-382-2402

ADDRESS 809 Mabel St.
Springfield, TN 37172

WEB tn.gov/humanservices.html

TNKids Nutrition

Assisting in the fight to help improve the nutritional situation of children in Robertson County and other surrounding areas.

PHONE 615-973-7050

ADDRESS 1006 Pepper St. Springfield, TN 37172

WEB tnkids.org

United Ministries Food Bank

Food bank for Robertson county

PHONE 615-384-8306

ADDRESS 808 S. Main Street
Springfield, TN 37172

WEB facebook.com/UnitedMinistriesFoodBank

RUTHERFORD COUNTY

Great Mercy Outreach Ministry

Provides weekly food distribution with food to cook to persons or families in need to Davidson, Rutherford and surrounding counties in middle TN.

PHONE 615-977-6568

ADDRESS 10434 Old Nashville Highway Smyrna, TN 37167

WEB gmoministry.org/food-pantry-page

Greenhouse Ministries

Serving food, providing clothes, furniture, toiletries, bicycles and other basic necessities, peer counseling, housing resources, basic health care

PHONE 615-494-0499

ADDRESS 307 S Academy St. Murfreesboro, TN 37130

WEB greenhousemin.org

Journey Home

Provides food boxes, breakfast, lunch and dinner to individuals in need.

PHONE 615-809-2644

ADDRESS 1207 Old Salem Rd. Murfreesboro, TN 37129

WEB lovegodservepeople.org

Lifepoint Church

Food Pantry

PHONE 615-459-3311

ADDRESS 506 Legacy Drive
Smyrna, TN 37167

WEB lifepointchurch.org

Meals on Wheels

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-895-1870

WEB mchra.com

Mid-Cumberland Community Action Agency - Rutherford County

Assists with emergency food pantry and USDA commodities for eligible residents of Rutherford County

PHONE 615-742-1113

ADDRESS 412 East Vine Street
Murfreesboro, TN 37130

WEB midcumberland.org

Nourish Food Bank - Murfreesboro

Provides food, hygiene and infant products to those in need.

PHONE 615-203-3963

ADDRESS 1809 Memorial Boulevard
Murfreesboro, TN 37129

WEB nourishfoodbanks.org

Nourish Food Bank - Smyrna

Provides food, hygiene and infant products to those in need.

PHONE 615-355-0697

ADDRESS 130 Richardson Street
Smyrna, TN 37167

WEB nourishfoodbanks.org

Rutherford County Health Department

Provides vouchers to buy nutritious foods to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth

PHONE 615-898-7785

ADDRESS 100 West Burton Murfreesboro, TN 37130

WEB tn.gov/health/health-program-areas/localdepartments/lrhd/local-services.html

St. Clair Street Senior Center

Arts and Crafts Instruction, Home Delivered Meals, Physical Fitness, Senior Centers, Support Groups, Travel

PHONE 615-848-2550

ADDRESS 325 St Clair St
Murfreesboro, TN 37130

WEB murfreesborotn.gov/253/St-Clair-Senior-Center

St. Luke's Catholic Church

Provides food and utility assistance including water, electric and gas to residents of Smyrna and La Vergne, by appointment only.

PHONE 615-459-9672

ADDRESS 10682 Old Nashville Highway
Smyrna, TN 37167

WEB saintlukesmyrnatn.com

St. Rose of Lima

Food pantry, financial aid (not rent) for Southern Rutherford and Cannon Co. For financial assistance call 615-692-0159.

PHONE 615-893-1843

ADDRESS 1601 North Tennessee Blvd.
Murfreesboro, TN 37130

WEB saintrose.org

TN Dept of Human Services - Rutherford County

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-848-5153

ADDRESS 1711B Old Fort Pkwy
Murfreesboro, TN 37129

WEB tn.gov/humanservices.html

STEWART COUNTY

TN Dept. of Human Services-Stewart

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 931-232-5304

ADDRESS 1011 Spring St. Dover, TN 37058

WEB tn.gov/humanservices.html

SUMNER COUNTY

Amazing Grace Mission of Sumner County

Provides up to 7 day supply of food, gently used clothing, household and medical supplies to individuals in Westmoreland, Rock Bridge and Bethpage.

PHONE 615-417-9484

ADDRESS 5004 Austin Peay Hwy. Westmoreland, TN 37186

WEB facebook.com/westmoreland-food-bank-116302291733127

Feed Sumner Food Bank

Foodbank for residents of Sumner County

PHONE 615-348-4470

ADDRESS 1121 Gregory Dr
Gallatin, TN 37066

WEB feedsumner.org

Food Bank - HOPE Center

Provides aid to needy senior adults, single-parent families, out of work individuals and the handicapped by providing food, condiments, hygienic and paper goods for White House residents only, must provide proof of residency

PHONE 615-672-8006

ADDRESS 212 Portland Road
White House TN, 37188

Food Bank – Westmoreland

Provides food and other grocery items

PHONE 615-417-9484

ADDRESS 1037 Park Street
Westmoreland, TN 37186

WEB foodpantries.org/ci/tn-westmoreland

Gallatin CARES

Food Pantry, clothing, etc.

PHONE 615-452-5732

ADDRESS 330 North Durham Avenue
Gallatin, TN 37066

WEB gallatincares.org

Good Shepherd United Methodist

Provides food boxes with food to cook every Tuesday and Thursday from 10am-12pm. and on the 3rd Saturday of each month.

PHONE 615-822-4531

ADDRESS 525 New Shackle Rd. Hendersonville, TN 37075

WEB belonggsumc.com

Hands of Hope

A free grocery store to Sumner county residents offering perishable and non-perishable food as well as hygiene items.

PHONE 615-362-8568

ADDRESS 101C South Russell St. Portland, TN 37148

WEB portlandhandsofhope.com

Hendersonville Samaritan Association

Provides emergency monetary assistance for utilities, maintains a food bank and thrift store for emergency needs

PHONE 615-824-7105

ADDRESS 116 Dunn Street
Hendersonville, TN 37075

WEB tnhsa.org

Meals on Wheels-Sumner County

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-824-0811

ADDRESS 381 W. Main St. Hendersonville, TN 37075

WEB mchra.com

Mid-Cumberland Community Action Agency - Sumner County

Assists with emergency food pantry and USDA commodities for eligible residents of Sumner County

PHONE 615-742-1113

ADDRESS 657 S. Water Ave. Gallatin, TN 37066

WEB midcumberland.org

Portland CARES

emergency food, clothing, rent, utilities and prescription medicine to residents of Portland, Cottontown, Westmoreland and Bethpage. Limited resources.

PHONE 615-325-7805

ADDRESS 617 TN 52
Portland, TN 37148

WEB portlandcofc.com/list/member/portland-c-a-r-e-s

Portland Pay It Forward

Food pantry including hygiene products, baby and elder care supplies.

PHONE 615-812-3059

ADDRESS 201 College St. Portland, TN 37148

WEB portlandpayitforward.org

Society of St. Vincent de Paul - Sumner County

Provides emergency assistance including food, prescription medication, rent assistance and utility assistance including water, electric and gas.

PHONE 615-452-2977 x11

ADDRESS 449 North Water Avenue
Gallatin, TN 37066

WEB saintvincentsumner.com

Sumner County Health Department-Portland Clinic

Provides vouchers to buy nutritious foods to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth

PHONE 615-325-5237

ADDRESS 214 W Longview Dr. Portland, TN 37148

WEB tn.gov/health/health-program-areas/localdepartments/lrhd/local-services.html

TN Dept of Human Services - Sumner County

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-451-5814

ADDRESS 393 Maple Street
Gallatin, TN 37066

WEB tn.gov/humanservices.html

Unlimited Potential Community Development Corp.

Offers drive through food pantries, love kitchen-meals on wheels, Cold weather shelter with meals in January and February.

PHONE 615-230-5906

ADDRESS 260 E. Winchester St. Gallatin, TN 37066

WEB unlimitedpotentialcdc.org

VFW

Food pantry

PHONE 615-824-9851

ADDRESS 73R New Shackle Island Rd. Hendersonville, TN 37075

WEB vfw9851.org

Westmoreland Dream Center

Provides food giveaway every second and fourth Monday of the month beginning at 9:30am.

PHONE 615-644-6446

ADDRESS 3012 Thompson Ln. Westmoreland, TN 37186

WEB facebook.com/westmorelanddreamcenter

TROUSDALE COUNTY

Mid-Cumberland Community Action Agency - Trousdale County

Assists with emergency food pantry and USDA commodities for eligible residents of Trousdale County

PHONE 615-742-1113

ADDRESS 334 Broadway Hartsville, TN 37074

WEB midcumberland.org

TN Dept of Human Services - Trousdale County

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-374-3513

ADDRESS 205 East Main Street
Hartsville, TN 37074

WEB tn.gov/humanservices.html

Trousdale County Health Department

Provides vouchers to buy nutritious foods to women who are pregnant or breastfeeding and children under five years of age who are at risk of poor growth

PHONE 615-374-2112

ADDRESS 541 E Main St. Hartsville, TN 37074

WEB tn.gov/health/health-program-areas/localdepartments/lrhd/local-services.html

WILLIAMSON COUNTY

Graceworks food pantry

Appointments need to be made online only. Provides perishable and nonperishable food items through self select and curbside.

PHONE 615-794-9055

ADDRESS 104 Southwest Parkway Franklin, TN 37064

WEB graceworkstn.org/services/food

Limestone Baptist Church

Provides free food to cook once a month including canned goods, meats, and fresh produce when available.

PHONE 615-794-3037

ADDRESS 1613 W. Main St. Franklin, TN 37064

WEB limestonechurch.org/foodpantry

Meals 4 Health and Healing

Serves organic meals free of charge for 12 weeks to residents of Davidson or Williamson County going through active cancer treatment.

PHONE 615-730-5632

ADDRESS 430 B East Iris Dr. Nashville, TN 37204

WEB hfmeals.org

Meals on Wheels-Williamson County

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-790-9287

ADDRESS 129 West Fowlkes Street
Franklin, TN 37064

WEB mchra.com

Mid-Cumberland Community Action Agency - Williamson County

Assists with emergency food pantry and USDA commodities for eligible residents of Williamson County

PHONE 615-742-1113

ADDRESS 129 West Fowlkes Street, Suite 136
Franklin, TN 37064

WEB midcumberland.org

One Generation Away

A food bank that provides food to those in need through moving food pantry distributions. Offers a mobile pantry as well as a delivery service.

PHONE 615-538-7413

ADDRESS 320 Premier Court, Suite 218
Franklin, TN 37067

WEB onegenaway.com

St. Matthew Catholic Church

Provides food pantry for Williamson and Bellevue residents. By appointment only.

PHONE 615-550-5130

ADDRESS 535 Sneed Rd. West Franklin, TN 37069

WEB stmatthewtn.org

TN Dept of Human Services - Williamson County

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-790-5500

ADDRESS 203-B Beasley Drive
Franklin, TN 37064

WEB tn.gov/humanservices.html

WILSON COUNTY**Joseph's Storehouse Food Ministry**

Provides food assistance for low income individuals/families living in Wilson, Trousdale, Smith, and Dekalb County.

PHONE 615-453-5777

ADDRESS 1960 SE Tater Peeler Rd.
Lebanon, TN 37090

WEB loaejosephsstorehouse.org

Lebanon First United Methodist Church

Food pantry Monday-Thursday. Open to all.

PHONE 615-444-3315

ADDRESS 415 W. Main St. Lebanon, TN 37087

WEB lebanonfumc.com/resources.food-pantry

Lebanon Senior Citizens Center

Offers hot lunches Mon-Fri for \$4/\$5.

PHONE 615-449-4600

ADDRESS 670 Coles Ferry Pike Lebanon, TN 37087

Meals on Wheels-Wilson County Mt. Juliet

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-758-2777

ADDRESS 2040 N. Mount Juliet Rd. Mount Juliet, TN 37122

WEB mchra.com

Mid Cumberland Meals on wheels

Provides home-delivered meals to seniors, ages 60 and older.

PHONE 615-449-3488

ADDRESS 213 N Cumberland St. Lebanon, TN 37087

WEB mchra.com

Mid-Cumberland Community Action Agency - Wilson County

Assists with emergency food pantry and USDA commodities for eligible residents of Wilson County

PHONE 615-742-1113

ADDRESS 112 Webster Lane Lebanon, TN 37087

WEB midcumberland.org

Mt. Juliet Community Help Center

Provides emergency food, clothing and utility assistance to residents of Mt. Juliet, TN.

PHONE 615-754-4357

ADDRESS 3425 North Mt. Juliet Road
Mt Juliet, TN 37122

WEB mtjuliethelpcenter.org

SALT-Serving at the Lord's table

Provides delivery of food boxes to seniors or persons with disabilities who have difficulty getting their own groceries due to health or transportation issues. Must call for food giveaway schedule or to register for home food delivery.

PHONE 615-513-4318

ADDRESS 7019 Hickory Ridge Rd. Lebanon, TN 37090

Salvation Army - Wilson Co.

Provides for: homeless and needy, disaster response, social services, youth and seniors, casework/counseling, Christmas programs, human and sex trafficking advocacy, prison and veterans services, after school programs

PHONE 615-449-3495

ADDRESS 723 Lake St.
Lebanon, TN 37087

WEB southernusa.salvationarmy.org/lebanon-tn

St. Frances Cabrini Catholic Church - Giving Cabinet

Program that provides a limited amount of food for individuals or families in Wilson County during times of personal crisis, or for people who have no food or cannot afford to purchase food at retail costs.

PHONE 615-444-0524

ADDRESS 300 South Tarver Avenue
Lebanon, TN 37087

TN Dept of Human Services - Wilson County

provides assistance with Food Stamps (SNAP) and the Womens Infants and Childrens (WIC) program

PHONE 615-443-2746

ADDRESS 155 Legends Dr, Suite G
Lebanon, TN 37087

WEB tn.gov/humanservices.html

Wilson County Community Help Center

Emergency food pantry

PHONE 615-449-1856

ADDRESS 203 West High Street
Lebanon, TN 37087

WEB wilsoncountyhelpcenter.org

SERVING MULTIPLE COUNTIES

Charis Ministries

Serves: Williamson, Davidson

Deliveres boxes of non-perishable foods.

PHONE 615-373-1261

ADDRESS PO Box 40662 Nashville, TN 37204

WEB charisministries.net

Salvation Army - Rutherford and Cannon Co.

Serves: Rutherford, Cannon

Provides services to the community including daily congregate meals, personal hygiene items and shelter for homeless men/women and families.

PHONE 615-895-7071

ADDRESS 1137 W. Main Street
Murfreesboro, TN 37129

WEB salvationarmynashville.org

Other Services

Legal aid, veterans services, adoption and foster care, and other community services.

SERVING ALL COUNTIES

ACLU Tennessee

Protects basic civil liberties by addressing complaints about some legal matters, and maintains a complaints database.

PHONE 615-320-7142

ADDRESS PO Box 120160

Nashville, TN 37212

WEB aclu-tn.org

Bethany Christian Services - Nashville

Bethany Christian Services is a licensed child placing agency that offers traditional closed placements, transitional foster care, open adoption, private and international adoptive placements, and pregnancy support services.

PHONE 615-242-0909

ADDRESS 709 Nissan Dr. Ste B Smyrna, TN 37167

WEB bethany.org/nashville

Department of Immigration and Citizenship

USCIS is the government agency that oversees lawful immigration to the United States.

PHONE 800-375-5283

ADDRESS 340 Plus Park Blvd.

Nashville, TN 37217

WEB uscis.gov

Nashville Conflict Resolution Center

Provides mediation to help individuals de-escalate conflict and restore family, housing and community stability.

PHONE 615-333-8400

ADDRESS 50 Vantage Way, Suite 250

Nashville, TN 37228

WEB nashvilleconflict.org

Tennessee Alliance for Legal Services

Criminal Justice/Legal Services Volunteer Opportunities, General Legal Aid, Lawyer Referral Services, Legal Information Services, Workshops/Symposiums.

PHONE 844-435-7486

ADDRESS 50 Vantage Way, Suite 250

Nashville, TN 37228

WEB tals.org

TN Dept of Veterans Services - Appeals Division

The Appeals Division helps Veterans as they appeal benefits claims to the VA Board of Appeals, with a 91% success rate.

PHONE 615-695-6385

ADDRESS 312 Rosa Parks Ave Nashville, TN 37243

WEB va.gov/decision-reviews

TN Dept of Veterans Services - Middle Tennessee State Veterans Cemetery

This state veterans' cemetery was established in January 1993 and has the capacity for 30,813 plots.

PHONE 615-532-2238

ADDRESS 7931 McCrory Lane

Nashville, TN 37221

WEB tn.gov/veteran/veteran-benefits/tn-state-benefits/veteran-burial-benefits/state-cemeteries.html

TN Dept of Veterans Services - Murfreesboro Field Office

Veterans Resource Coordinators assist Veterans with claiming their earned benefits.

PHONE 615-867-6000

ADDRESS 3400 Lebanon Pike, Building 7, Room G-39

Murfreesboro, TN 37129

TN Dept of Veterans Services - Nashville Field Office

Veterans Resource Coordinators assist Veterans with claiming their earned benefits.

PHONE 615-880-2838

ADDRESS 1125 12th Ave. South Nashville, TN 37203

WEB tn.gov/veteran/about-us/state-veterans-services-offices.html

TN Dept of Veterans Services - State Office

The Tennessee Department of Veterans Services (TDVS) operates 14 field offices, four Tennessee State Veterans Cemeteries, serves as liaison for three Tennessee State Veterans Homes, assists with active duty casualties and hosts outreach events across the state to raise awareness and assist Veterans as well as their families.

PHONE 615-741-2345

ADDRESS 312 Rosa L. Parks Avenue

Nashville, TN 37243

WEB tn.gov/veteran/about-us.html

VA - Nashville Regional Benefit Office

VA's Nashville Regional Office (RO) administers a variety of services, including Compensation, Education, Insurance, Loan Guaranty, Pension, and Vocational Rehabilitation and Employment (VR&E) for Veterans, Servicemembers, their families and survivors in Tennessee and at the Fort Campbell Military Base in Kentucky.

PHONE 615-695-6122

ADDRESS 110 9th Avenue South
Nashville, TN 37243

WEB benefits.va.gov/RONASHVILLE

CHEATHAM COUNTY

Cheatham County Veterans Service Office

The Cheatham County Veterans Service Office provides veterans, widows, and their dependents counsel and assistance in filing for Disability Compensation, Pension Compensation, Death Benefits, Education Benefits, Vocational Rehabilitation, Medical and Dental Treatment, Insurance, and home loan benefits through the Department of Veterans Affairs Regional Office located in Nashville, TN.

PHONE 615-246-1477

ADDRESS 322 Frey St.
Ashland City, TN 37015

WEB cheathamcountyttn.gov/veterans_services.html

ROBERTSON COUNTY

Veterans Services - Robertson County - Veteran's Benefits Assistance

Assists Veterans and/or their surviving spouses with filing claims for service-connected disabilities, as well as non-service-connected pensions and other assistance.

PHONE 615-382-6506

ADDRESS 502 8th Ave. E. Suite 102 Springfield, TN 37172

WEB robertsoncountyttn.org

SUMNER COUNTY

Sumner County Government - Veteran Services

Provides Sumner County Veterans and their dependents assistance with filing claims for VA benefits.

PHONE 615-451-6014

ADDRESS 355 North Belvedere Drive, Room 114
Gallatin, TN 37066

WEB sumnercountyttn.gov/veterans-services

TROUSDALE COUNTY

Juvenile Referee - Legal Services

Provides legal defense and referrals to other programs, monitors probation until age 19.

PHONE 615-374-3411

ADDRESS 204 Court Street
Hartsville, TN 37074

WILLIAMSON COUNTY

Legal Aid Society - Nashville, Williamson

Advances, defends, and enforces the legal rights of low-income and vulnerable people in order to secure for them the basic necessities of life. A comprehensive approach to providing high quality, free, civil legal services and community education for people to protect their livelihoods, their health, and their families.

PHONE 615-244-6610

ADDRESS 1321 Murfreesboro Pike, Suite 400
Nashville, TN 37217

WEB las.org

Veterans Services - Williamson County - Veteran's Benefits Assistance

Provides assistance for veterans who are having difficulty understanding and/or obtaining the full benefits and services to which they are entitled by law based on service to their country.

PHONE 615-790-5623

ADDRESS 1320 West Main Street, Room 102
Franklin, TN 37064

WEB williamsoncounty-tn.gov

WILSON COUNTY

Veterans Services - Wilson County

Provides assistance for veterans who are having difficulty understanding and/or obtaining the full benefits and services to which they are entitled by law based on service to their country.

PHONE 615-444-2460

ADDRESS 304 E Main St. Lebanon, TN 37087

WEB wilsoncountyttn.gov/202/veterands-services

SERVING MULTIPLE COUNTIES

Building Lives Foundation

Serves: Cheatham, Dickson, Robertson, Rutherford, Sumner, Williamson, Wilson

Serves veteran in need of transitional housing, food, rent assistance, and utility assistance.

PHONE 615-678-4967

ADDRESS 2000 Mallory Lane Suites 130-166 Franklin, TN 37067

WEB wearebuildinglives.org

Legal Aid Society - Cannon, Rutherford*Serves: Cannon, Rutherford*

Advances, defends, and enforces the legal rights of low-income and vulnerable people in order to secure for them the basic necessities of life. A comprehensive approach to providing high quality, free, civil legal services and community education for people to protect their livelihoods, their health, and their families.

PHONE 615-890-0905**ADDRESS** 526 North Walnut Street
Murfreesboro, TN 37130**WEB** las.org

Legal Aid Society - Cheatham, Robertson*Serves: Cheatham, Robertson*

Advances, defends, and enforces the legal rights of low-income and vulnerable people in order to secure for them the basic necessities of life. A comprehensive approach to providing high quality, free, civil legal services and community education for people to protect their livelihoods, their health, and their families.

PHONE 931-552-6656**ADDRESS** 109 South Third Street
Clarksville, TN 37040**WEB** las.org

Legal Aid Society - Sumner, Trousdale, Wilson*Serves: Sumner, Trousdale, Wilson*

Advances, defends, and enforces the legal rights of low-income and vulnerable people in order to secure for them the basic necessities of life. A comprehensive approach to providing high quality, free, civil legal services and community education for people to protect their livelihoods, their health, and their families.

PHONE 615-451-1880**ADDRESS** 106 Public Square, Suite 109
Gallatin, TN 37066**WEB** las.org

Notes